

Time	Position	Number	M/F	Name	Surname	Cat	Club	Time
	1	25	M	Jon	Pugh	MS	Builth & District	01:12:16
	2	3	M	Matt	Biggs	MS	Dudley-Kingswinford	01:14:07
	3	18	M	Howard	Shearing	MS		01:21:45
	4	27	M	Sion	Parry	MS	Builth & District	01:24:27
	5	21	M	Nick	Hitchings	MV45	Worcester AC	01:24:27
	6	24	M	Bill	Joep	MV50		01:28:37
	7	15	M	Steve	Mesham	MV45	Presteigne Pacers	01:31:30
	8	10	F	Megan	Judge	FS	Malvern Joggers	01:33:14
	9	7	M	Ian	Walwyn	MV60	Malvern Joggers	01:33:45
	10	17	M	Jerry	Greer	MV55	Malvern Joggers	01:34:32
	11	8	M	Ian	Dyson	MV60	Malvern Joggers	01:35:17
	12	2	M	Steve	Herrington	MV65	Hereford Couriers	01:35:47
	13	22	F	Anne Marie	Harris	FV45	Pontypool	01:37:17
	14	28	F	Emily	Preist	FS	Malvern Joggers	01:37:49
	15	23	M	Bryan	Clee	MV45	Presteigne Pacers	01:40:02
	16	69	M	Steve	Roode	MV50	Malvern Joggers	01:42:04
	17	1	F	Julie	Caseley	FV55	Malvern Joggers	01:42:34
	18	29	M	Gordon	Daniel	MV50	The Bulls	01:44:52
	19	12	M	Andy	Morrison	MV45	Dudley-Kingswinford	01:45:12
	20	26	F	Carolyn	Thomas	FV50	Dragons	01:47:00
	21	9	F	Alison	Priest	FV50	Malvern Joggers	01:49:12
	22	14	M	John	Stevens	MS	Hay Hotfooters	01:50:26
	23	20	F	Rose	Thomas	FV60	Rhayader AC	01:50:36
	24	30	M	Mark	Wrathall	MV40		01:57:28
	25	11	M	Glyn	Davies	MV40	Malvern Joggers	01:58:23
	26	4	M	Mike	Anstey	MV60	Malvern Joggers	01:58:29
	27	6	F	Lynda	Broadway	FV50	Malvern Joggers	02:01:14
	28	13	F	Katie	Boys	FV40	Hay Hotfooters	02:04:57
	29	16	M	Andrew	Banham	MV55	Malvern Joggers	02:07:43
	30	19	F	Lorraine	Bunn	FV45	Malvern Joggers	02:07:43
	31	5	F	Vivien	Tolley	FV55	Malvern Joggers	02:07:43