

Race Num	Name	M/F	Category	Club	Time	Position	Results
8	Matthew Jones	M	MS	n/a	01:07:48	1	1st man
5	Matt Biggs	M	MS	Dudley Kingswinford	01:11:31	2	2nd man
10	John Newey	M	MV45	Malvern Joggers	01:14:13	3	3rd man
22	Raul Reismann	M	MV40	Swansea Harriers	01:15:01	4	1st MV40
21	Howard Shearing	M	MS	n/a	01:21:30	5	-
24	Hywer Morgan	M	MS	n/a	01:26:01	6	-
20	Chris North	M	MV50	Hay Hotfooters	01:26:09	7	1st MV50
19	Sarah Armstrong	F	FV45	Amazing Feet Running Club	01:26:54	8	1st woman
28	Martin Carter	M	MV50	Hay Hotfooters	01:27:21	9	-
32	Ben Toon	M	MS	Malvern Joggers	01:29:12	10	-
11	Megan Judge	F	FS	Malvern Joggers	01:31:58	11	2nd woman
13	Rod Taylor	M	MV55	Droitwich AC	01:35:21	12	1st MV55
27	Bill Jope	M	MV45	n/a	01:35:42	13	1st MV45
18	Oliver Balch	M	MV40	Hay Hotfooters	01:37:17	14	-
6	John Brynan	M	MS	Malvern Joggers	01:37:46	15	-
69	Steve Roode	M	MV50	Malvern Joggers	01:38:16	16	
26	Carolyn Thomas	F	FV50	Dragons	01:40:39	17	3rd woman
17	Matthew Lancett	M	MV40	Malvern Joggers	01:40:58	18	
2	Vivek Joshipura	M	MV45	Birchfield Harriers	01:41:22	19	
15	Tim Adams	M	MS	n/a	01:43:00	20	
12	Patrick Wing	M	MV60	Pembrokeshire Harriers	01:46:00	21	
16	Jo Lord	F	FV50	Hay Hotfooters	01:46:51	22	1st FV50
7	Mark Cooling	M	MV45	Malvern Joggers	01:49:44	23	
23	Mike Flatt	M	MV55	n/a	01:50:30	24	
30	Mark Wrathall	M	MV40	n/a	01:53:38	25	
1	Carole Jones	F	FV60	Brecon AC	01:53:44	26	1st FV60
25	Mark Thomas	M	MV45	Dragons	01:57:19	27	
29	Lucy Jardine	F	FV45	n/a	02:03:30		1st FV45
31	Sarah Doney	F	FV50	n/a	02:06:45		