

Hay Riverside Run (5k) Results By % WR

Weather: Date: Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Mark Hird		00:25:28	VM 60-64	63	M	64.40	Hay Hotfooters	00:24:29			80
2	Steve Goodridge		00:25:16	VM 60-64	61	M	63.72	Brecon AC	00:21:44			112
3	Paul McDermott		00:25:28	VM 55-59	59	M	62.04	Hay Hotfooters	00:23:24			44
4	Sharon Collins		00:29:19	VW 55-59	59	F	61.00	Hay Hotfooters	00:24:26			103
5	Alan Nicholls		00:33:20	VM 70-74	72	M	55.45	Hay Hotfooters	00:28:26			70
6	Peter Summers		00:23:55	VM 35-39	37	M	54.29	Hay Hotfooters	00:20:46			45
7	Mick Collins		00:29:20	VM 55-59	58	M	53.52	Hay Hotfooters	00:22:51			81
8	Andrew Cleal		00:31:27	VM 60-64	60	M	50.72		00:32:53	Y		4