

# Hay Riverside Run (5k) Results

Weather

Date:

Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	Gend Pos.	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Eric Chappell		00:20:48	VM 40-44	41	M	1	64.10		00:19:45			12
2	Max Ramwell		00:21:42	SM	25	M	2	57.99		00:00:00			1
3	Chris Speirs		00:22:14	VM 45-49	47	M	3	64.92		00:22:16	Y		6
4	Steve Goodridge		00:24:14	VM 60-64	61	M	4	66.44	Brecon AC	00:21:44			113
5	James Walton		00:25:10	VM 45-49	45	M	5	56.56	Hay Hotfooters	00:22:03			46
6	Emma Frost		00:26:51	VW 50-54	54	F	1	64.62	Hay Hotfooters	00:24:50			22
7	Mick Collins		00:28:35	VM 55-59	58	M	6	54.93	Hay Hotfooters	00:22:51			82
8	Andrew Cleal		00:29:40	VM 60-64	60	M	7	53.76		00:30:56	Y		6
9	Jo Nicholl		00:30:04	VW 50-54	53	F	2	57.26		00:29:31			14
10	Tina Lavelle		00:30:15	VW 65-69	66	F	3	66.39	Hay Hotfooters	00:27:24			41
11	Rose Thomas		00:30:24	VW 70-74	72	F	4	72.26	Rhayader R.C.	00:28:14			48
12	Sue Richards		00:31:09	VW 65-69	67	F	5	65.17	Hay Hotfooters	00:29:13			110