

Hay Riverside Run (5k) Results

Weather

Date:

30 September 2023

Total Runners:

5

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	Gend Pos.	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	David Rees		00:25:22	VM 70-74	72	M	1	72.86	Hay Hotfooters	00:23:54			25
2	Eleanor Griffiths		00:27:34	SW 30-34	34	F	1	51.21	Hay Hotfooters	00:21:32			60
3	Paul Tree		00:28:58	VM 55-59	56	M	2	53.39	Hay Hotfooters	00:23:40			32
4	Will Ford		00:29:00	VM 45-49	45	M	3	49.08	Hay Hotfooters	00:22:13			24
5	Alan HARRY		00:38:39	vm 80-84	80	M	4	54.25	Hay Hotfooters	00:30:19			132