

Hay Riverside Run (5k) Results By % WR

Weather Date: Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	David Rees		00:25:22	VM 70-74	72	M	72.86	Hay Hotfooters	00:23:54			25
2	Alan HARRY		00:38:39	vm 80-84	80	M	54.25	Hay Hotfooters	00:30:19			132
3	Paul Tree		00:28:58	VM 55-59	56	M	53.39	Hay Hotfooters	00:23:40			32
4	Eleanor Griffiths		00:27:34	SW 30-34	34	F	51.21	Hay Hotfooters	00:21:32			60
5	Will Ford		00:29:00	VM 45-49	45	M	49.08	Hay Hotfooters	00:22:13			24