

# Hay 5k Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Steve Goodridge	00:22:56	VM 55-59	57	M	67.95	Hay Hotfooters	00:22:47			37
2	Sue Richards	00:29:29	VW 60-64	63	F	65.29	Hay Hotfooters	00:29:13			37
3	Brian Morgan	00:22:48	VM 50-54	51	M	65.20	Hay Hotfooters	00:21:50			31
4	Joe Collins	00:22:38	JM 15-17	15	M	59.43	Hay Hotfooters	00:20:55			11
5	Jill Grundy	00:30:05	VW 55-59	55	F	58.06		00:29:53			28
6	Ruth Huddlestone	00:32:20	VW 50-54	52	F	52.22		00:00:00	Y		1
7	Natalie Connors	00:29:11	SW 20-24	24	F	50.60	Hay Hotfooters	00:27:41			8
8	Lara Huddlestone	00:32:50	JW 11-14	13	F	49.09		00:00:00	Y		1
9	Ruth McDermott	00:33:57	VW 55-59	55	M	45.16	South Cheshire Ha	00:33:23			2
10	Paul McDermott	00:33:57	VM 55-59	55	M	45.16	South Cheshire Ha	00:33:23			2
11	Lucy Allinson	00:39:15	SW 20-24	24	F	37.62		00:00:00	Y		1
12	Joanna Mitchell	00:39:15	SW 20-24	24	F	37.62		00:00:00	Y		1