

Hay Riverside Run Results By % WR

Weather: Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Steve Goodridge	23:07	VM 55-59	57	M	67.41	Hay Hotfooters	22:47			38
2	Sara Lake	26:56	VW 45-49	49	F	60.71		24:28			32
3	Jill Grundy	29:01	VW 55-59	55	F	60.20		29:34	Y		29
4	Jack Biggs	21:51	SM 25-29	25	M	59.42		00:00	Y		1
5	Ruth Huddleston	29:03	VW 50-54	52	F	58.12		32:20	Y		2
6	Martyn Rosser	29:50	VM 65-69	69	M	57.93	Hay Hotfooters	25:42			20
7	Sharon Lindesay	32:05	VW 45-49	50	F	51.48	Hay Hotfooters	24:27			29
8	Lara Huddleston	31:58	JW 11-14	13	F	50.42		32:50	Y		2
9	Luke Huddleston	29:03	JM 11-14	12	M	49.68		00:00	Y		1
10	Andrew Ritchie	29:43	VM 45-49	48	M	48.91		26:44			16
11	Robin Gardner	34:21	VM 50-54	53	M	43.96		34:12			2