

Hay Riverside Run (5k) Results By % WR

Weather: Mild, quiet autumn day by the river Date: 05 October 2019 Total Runners: 17

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	George Watson	18:38	SM 20-24	20	M	69.68					1
2	Patrick Morgan	19:42	JM 15-17	15	M	68.27	Hay Hotfooters	18:29			17
3	Steve Goodridge	23:04	VM 55-59	57	M	67.56	Hay Hotfooters	22:47			39
4	Tina Lavelle	29:02	VW 60-64	62	F	65.44	Hay Hotfooters	27:24			28
5	Jack Dale	22:10	JM 11-14	12	M	65.11		22:14	Y		2
6	Brian Morgan	22:58	VM 50-54	51	M	64.73	Hay Hotfooters	21:50			32
7	Sharon Collins	27:45	VW 55-59	55	F	62.94	Hay Hotfooters	24:26			21
8	John Price	26:18	VM 60-64	62	M	61.72	Hay Hotfooters	23:24			40
9	Joe Collins	22:04	JM 15-17	15	M	60.95	Hay Hotfooters	20:55			12
10	Jill Grundy	29:12	VW 55-59	56	F	60.56		29:01			31
11	Nick Wells	25:22	VM 50-54	52	M	59.07	Hay Hotfooters	25:25	Y		6
12	Will Ford	23:22	VM 40-44	41	M	59.06	Hay Hotfooters	22:13			16
13	Ruth Huddleston	28:55	VW 50-54	52	F	58.39		29:03	Y		3
14	Lucy Jardine	32:00	VW 50-54	50	F	51.61		29:49			10
15	Natalie Connors	28:42	SW 20-24	24	F	51.45	Hay Hotfooters	27:41			9
16	Luke Huddleston	28:47	JM 11-14	12	M	50.14		29:03	Y		2
17	Kaleb Krause	00:00	VM 40-44	40	M	0.99		31:22			2