

Hay Riverside Run (5k) Results By % WR

Weather: Dry but wet underfoot after all the recent r Date: 12 October 2019 Total Runners: 14

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Pat Brister	29:23	VW 65-69	67	F	68.97	Hay Hotfooters	28:02			10
2	Steve Goodridge	23:31	VM 55-59	57	M	66.27	Hay Hotfooters	22:47			40
3	Tania Ritchie	23:48	VW 40-44	40	F	63.73					1
4	Jill Grundy	28:34	VW 55-59	56	F	61.90		29:01	Y		32
5	John Price	26:24	VM 60-64	62	M	61.49	Hay Hotfooters	23:24			41
6	Alan Harry	31:13	VM 75-79	76	M	61.13	Hay Hotfooters	30:19			49
7	Nick Wells	25:07	VM 50-54	52	M	59.65	Hay Hotfooters	25:22	Y		7
8	Nigel Owen	27:09	VM 55-59	60	M	58.81		24:52			5
9	Brian Morgan	26:13	VM 50-54	51	M	56.71	Hay Hotfooters	21:50			33
10	Geoff Brister	31:15	VM 70-74	71	M	56.59	Hay Hotfooters	28:03			7
11	Isobel Riley	27:19	SW 30-34	34	F	54.30		00:00	Y		1
12	Andrew Ritchie	26:49	VM 45-49	48	M	54.20		26:44			19
13	Carys Bate	29:57	SW 25-29	26	F	49.30		29:11			9
14	Kaleb Krause	32:15	VM 40-44	40	M	42.53		28:59			3