

Hay Riverside Run (5k) Results

Weather Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Martin Carter	00:23:28	VM 50-54	54	M	1	64.84	Hay Hotfooters	21:49			7
2	Addy Carter	00:23:28	JW 18-19	18	F	1	63.21	Hay Hotfooters	24:52	Y		3
3	Steve Goodridge	00:25:47	VM 55-59	57	M	2	60.44	Hay Hotfooters	22:47			42
4	Sharon Lindesay	00:25:51	VW 50-54	50	F	2	63.89	Hay Hotfooters	24:27			32
5	Mark Hird	00:25:55	VM 60-64	60	M	3	61.61		26:20	Y		4
6	Mark Davies	00:26:13	VM 60-64	61	M	4	61.41	Hay Hotfooters	24:22			9
7	Sara Lake	00:27:15	VW 50-54	50	F	3	60.61	Hay Hotfooters	24:28			35
8	Sarah Christensen	00:27:15	VW 35-39	35	F	4	54.56	Hay Hotfooters				
9	Brian Morgan	00:27:47	VM 50-54	51	M	5	53.51	Hay Hotfooters	21:50			36
10	Paul McDermott	00:28:04	VM 55-59	55	M	6	54.63	South Cheshire Ha	28:03			4
11	Jo Mahi	00:28:04	VW 55-59	56	F	5	63.00		00:00	Y		1
12	Natalie Connors	00:28:30	SW 20-24	24	F	6	51.81	Hay Hotfooters	27:41			10
13	Nigel Jones	00:28:40	VM 55-59	59	M	7	55.23		00:00	Y		1
14	Kaleb Krause	00:29:30	VM 40-44	40	M	8	46.50		28:59			8
15	Jill Grundy	00:29:51	VW 55-59	56	F	7	59.24	Hay Hotfooters	28:34			38
16	Crispin ELT	00:31:03	VM 60-64	61	M	9	51.85		00:00	Y		1
17	Alan Harry	00:31:54	VM 75-79	76	M	10	59.82	Hay Hotfooters	30:19			53
18	Ruth McDermott	00:34:24	VW 55-59	55	F	8	50.78	South Cheshire Ha	33:23			3
19	Robin Gardner	00:35:51	VM 50-54	53	M	11	42.12		32:59			4
20	Johnny Kramer	00:38:37	VM 55-59	57	M	12	40.35		28:53			6
21	Geoff Brighty	00:38:37	VM 55-59	56	M	13	40.01		00:00	Y		1

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22	Cath Kramer	00:38:47	VW 55-59	56	F	9	45.60		34:02			5
23	Stephen Bartlett	23:23:59	VM 50-54	51	M	14	1.06		00:00	Y		1