

# Hay Riverside Run (5k) Results By % WR

Weather: proper winter cold and wet Date: 09 November 2019 Total Runners: 12

| Pos. | Name            | Time  | Age Cat  | Age | Gender | % of Age<br>World Record | Club           | PB Time | PB? | CR? | Total Runs |
|------|-----------------|-------|----------|-----|--------|--------------------------|----------------|---------|-----|-----|------------|
| 1    | Steve Goodridge | 24:43 | VM 55-59 | 57  | M      | 63.05                    | Hay Hotfooters | 22:47   |     |     | 41         |
| 2    | John Price      | 25:54 | VM 60-64 | 62  | M      | 62.68                    | Hay Hotfooters | 23:24   |     |     | 43         |
| 3    | Jill Grundy     | 29:32 | VW 55-59 | 56  | F      | 59.88                    | Hay Hotfooters | 28:34   |     |     | 35         |
| 4    | Jack Dale       | 24:30 | JM 11-14 | 12  | M      | 58.91                    |                | 22:10   |     |     | 3          |
| 5    | Brian Morgan    | 26:02 | VM 50-54 | 51  | M      | 57.11                    | Hay Hotfooters | 21:50   |     |     | 34         |
| 6    | Nick Wells      | 26:20 | VM 50-54 | 52  | M      | 56.90                    | Hay Hotfooters | 25:07   |     |     | 10         |
| 7    | Mark Hird       | 28:12 | VM 60-64 | 60  | M      | 56.62                    |                | 00:00   | Y   |     | 1          |
| 8    | Alan Nicholls   | 31:09 | VM 65-69 | 67  | M      | 54.41                    | Hay Hotfooters | 28:52   |     |     | 15         |
| 9    | Felicity Gill   | 29:42 | VW 35-39 | 38  | F      | 50.56                    |                | 27:39   |     |     | 12         |
| 10   | Nick Blayney    | 32:15 | VM 60-64 | 61  | M      | 49.92                    | Hay Hotfooters | 29:19   |     |     | 4          |
| 11   | Mick Collins    | 30:43 | VM 50-54 | 53  | M      | 49.16                    |                | 23:25   |     |     | 8          |
| 12   | Kaleb Krause    | 29:40 | VM 40-44 | 40  | M      | 46.24                    |                | 28:59   |     |     | 6          |