

Hay Riverside Run (5k) Results By % WR

Weather: Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Steve Goodridge	22:54	VM 55-59	57	M	68.05	Hay Hotfooters	22:47			43
2	Patrick Morgan	19:42	JM 15-17	16	M	67.26	Hay Hotfooters	18:29			20
3	Sue Richards	31:04	VW 60-64	63	F	61.96	Hay Hotfooters	29:13			42
4	Mark Davies	25:59	VM 60-64	61	M	61.96	Hay Hotfooters	24:22			10
5	John Price	26:32	VM 60-64	62	M	61.18	Hay Hotfooters	23:24			46
6	Mark Hird	26:14	VM 60-64	60	M	60.86		26:20	Y		5
7	Jill Grundy	29:40	VW 55-59	56	F	59.61	Hay Hotfooters	28:34			39
8	Brian Morgan	25:05	VM 50-54	51	M	59.27	Hay Hotfooters	21:50			37
9	Nick Wells	25:22	VM 50-54	52	M	59.07	Hay Hotfooters	25:07			13
10	Eleanor Walzak	25:29	SW 30-34	31	F	57.95		00:00	Y		1
11	Crispin ELT	28:06	VM 60-64	61	M	57.30		00:00	Y		2
12	Cath Kramer	39:14	VW 55-59	56	F	45.07		34:02			6
13	Melly X	39:40	VW 50-54	50	F	41.64					1
14	Johnny Kramer	39:14	VM 55-59	57	M	39.72		28:53			7