

Hay Riverside Run (5k) Results By % WR

Weather: Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Martin Carter	22:37	VM 50-54	54	M	67.28	Hay Hotfooters	21:49			8
2	Ellie Merriman	22:17	JW 18-19	18	F	66.57	Hay Hotfooters	00:00	Y		5
3	Sharon Collins	27:44	VW 55-59	55	F	62.98	Hay Hotfooters	24:26			26
4	Jill Grundy	29:13	VW 55-59	56	F	60.52	Hay Hotfooters	28:34			40
5	Alan HARRY	31:41	VM 75-79	76	M	60.23	Hay Hotfooters	30:19			55
6	Jack Dale	24:54	JM 11-14	12	M	57.97		22:10			4
7	John Price	28:52	VM 60-64	62	M	56.24	Hay Hotfooters	23:24			48
8	Mick Collins	59:59	VM 50-54	54	M	1.06		23:25			11