

Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Nigel Owen	25:04	VM 60-64	60	M	63.70		24:52			6
2	Mark Hird	25:24	VM 60-64	60	M	62.86		25:17			9
3	Steve Goodridge	25:03	VM 55-59	57	M	62.21	Hay Hotfooters	22:47			47
4	John Price	26:51	VM 60-64	62	M	60.46	Hay Hotfooters	23:24			51
5	Eleanor Walczak	24:30	SW 30-34	31	F	60.27		24:17			4
6	Jill Grundy	29:30	VW 55-59	56	F	59.94	Hay Hotfooters	28:34			43
7	Liz Harvey	25:56	VW 40-44	40	F	58.48	Hay Hotfooters	25:00			22
8	Paul Tree	26:24	VM 50-54	53	M	57.20	Hay Hotfooters	23:40			16
9	Ned Collins	24:10	JM 11-14	14	M	56.69		19:47			27
10	Joe Collins	24:10	JM 15-17	15	M	55.66	Hay Hotfooters	20:40			14
11	Alan Nicholls	32:25	VM 65-69	67	M	52.29	Hay Hotfooters	28:52			16
12	Victoria Hall	28:27	SW 30-34	34	F	52.14		00:00	Y		1
13	Emma Price	31:55	VW 45-49	47	F	50.13		00:00	Y		1
14	Faith Bancroft	32:24	VW 45-49	45	F	48.51		39:14	Y		2
15	Charlotte Barlow	31:23	SW 30-34	32	F	47.11	Hay Hotfooters	27:39			23
16	Catriona Emmett	33:03	VW 40-44	42	F	46.44		35:09	Y		2
17	Dilek Usta-Aarons	34:23	VW 40-44	43	F	44.98	Crystal Palace Fun Run	25:24			7
18	Daniel Aarons	34:33	JM 11-14	12	M	41.78		00:00	Y		1