

Hay Riverside Run (5k) Results

Weather: Dry, mild and windy although forecast not Date: 22 February 2020 Total Runners: 14

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Martin Carter	00:22:59	VM 55-59	55	M	1	66.72	Hay Hotfooters	21:49			9
2	Paul Smith	00:23:39	VM 45-49	46	M	2	60.54	Hay Hotfooters	22:22			30
3	Steve Goodridge	00:23:57	VM 55-59	57	M	3	65.07	Hay Hotfooters	22:47			50
4	Mark Hird	00:25:06	VM 60-64	60	M	4	63.61		25:17	Y		12
5	Paul Tree	00:25:21	VM 50-54	53	M	5	59.57	Hay Hotfooters	23:40			17
6	Nick Wells	00:25:35	VM 50-54	52	M	6	58.57	Hay Hotfooters	25:07			18
7	Brian Morgan	00:25:44	VM 50-54	52	M	7	58.23	Hay Hotfooters	21:50			40
8	Martyn Rosser	00:26:11	VM 70-74	70	M	8	66.71	Hay Hotfooters	25:42			26
9	John Price	00:28:26	VM 60-64	62	M	9	57.09	Hay Hotfooters	23:24			56
10	Jill Grundy	00:29:38	VW 55-59	56	F	1	59.67	Hay Hotfooters	28:34			48
11	Tina Lavelle	00:30:12	VW 60-64	62	F	2	62.91	Hay Hotfooters	27:24			33
12	Sue Richards	00:30:26	VW 60-64	63	F	3	63.25	Hay Hotfooters	29:13			47
13	Alan Nicholls	00:32:26	VM 65-69	69	M	10	53.29	Hay Hotfooters	28:52			19
14	Harriet Milne	00:36:11	SW 25-29	28	F	4	40.81		36:11			1