

Hay Riverside Run (5k) Results By % WR

Weather: Mild and a bit muddy under foot Date: 25 January 2020 Total Runners: 17

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Sharon Collins	25:57	VW 55-59	55	F	67.31	Hay Hotfooters	24:26			28
2	Martyn Rosser	26:37	VM 65-69	70	M	65.62	Hay Hotfooters	25:42			23
3	Steve Goodridge	24:04	VM 55-59	57	M	64.75	Hay Hotfooters	22:47			48
4	Sue Richards	31:07	VW 60-64	63	F	61.86	Hay Hotfooters	29:13			45
5	Eleanor Walczak	24:03	SW 30-34	31	F	61.40	Hay Hotfooters	24:17	Y		6
6	Jill Grundy	29:30	VW 55-59	56	F	59.94	Hay Hotfooters	28:34			45
7	Paul Smith	23:52	VM 45-49	45	M	59.57	Hay Hotfooters	22:22			26
8	Alan Harry	32:05	VM 75-79	76	M	59.48	Hay Hotfooters	30:19			58
9	Angela Price	27:51	VW 45-49	49	F	58.71	Hay Hotfooters	27:03			9
10	Mick Collins	26:32	VM 50-54	54	M	57.35	Hay Hotfooters	23:25			12
11	Brian Morgan	26:10	VM 50-54	51	M	56.82	Hay Hotfooters	21:50			39
12	John Price	28:54	VM 60-64	62	M	56.17	Hay Hotfooters	23:24			53
13	Ned Collins	25:57	JM 11-14	14	M	52.79	Hay Hotfooters	19:47			28
14	Cath Kramer	35:42	VW 55-59	56	F	49.53		34:02			8
15	Andrew Ritchie	29:57	VM 45-49	49	M	48.86		26:44			22
16	Heidi Oakley	20:33	JF	6	F	24.97		00:00	Y		1
17	Luke Oakley	22:07	JM	6	M	23.97		00:00	Y		1