

Hay Riverside Run (5k) Results

Weather

Date:

Total Runners:

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | PB Time | PB? | CR? | Total Runs |
|------|-------------------|----------|----------|-----|--------|-----------|-----------------------|--------------------|---------|-----|-----|------------|
| 1 | Jack Dale | 00:22:34 | JM 11-14 | 13 | M | 1 | 62.19 | | 22:10 | | | 8 |
| 2 | Steve Goodridge | 00:23:21 | VM 55-59 | 57 | M | 2 | 66.74 | Hay Hotfooters | 22:47 | | | 53 |
| 3 | Paul Smith | 00:24:00 | VM 45-49 | 46 | M | 3 | 59.65 | Hay Hotfooters | 22:22 | | | 31 |
| 4 | John Price | 00:24:38 | VM 60-64 | 62 | M | 4 | 65.90 | Hay Hotfooters | 23:24 | | | 58 |
| 5 | Paul Tree | 00:24:45 | VM 50-54 | 53 | M | 5 | 61.01 | Hay Hotfooters | 23:40 | | | 18 |
| 6 | Will Ford | 00:24:45 | VM 40-44 | 41 | M | 6 | 55.76 | Hay Hotfooters | 22:13 | | | 17 |
| 7 | Nick Wells | 00:25:40 | VM 50-54 | 52 | M | 7 | 58.38 | Hay Hotfooters | 25:07 | | | 20 |
| 8 | Maik Van Den Berg | 00:25:41 | VM 35-39 | 38 | M | 8 | 52.63 | | 26:07 | Y | | 3 |
| 9 | Mark Hird | 00:25:42 | VM 60-64 | 60 | M | 9 | 62.13 | Hay Hotfooters | 25:06 | | | 15 |
| 10 | Pete Jones | 00:27:14 | VM 45-49 | 47 | M | 10 | 52.94 | | 23:29 | | | 16 |
| 11 | Andrew Ritchie | 00:28:24 | VM 45-49 | 49 | M | 11 | 51.53 | | 26:44 | | | 26 |
| 12 | Simon Jones | 00:29:59 | VM 65-69 | 67 | M | 12 | 56.53 | Hook Norton Harri | 29:59 | | | 1 |
| 13 | Dilek Usta-Aarons | 00:30:10 | VW 40-44 | 43 | F | 1 | 51.27 | Crystal Palace Fun | 25:24 | | | 8 |
| 14 | Alan Harray | 00:31:05 | VM 75-79 | 76 | M | 13 | 61.39 | Hay Hotfooters | 30:19 | | | 62 |
| 15 | Alan Nicholls | 00:31:41 | VM 65-69 | 69 | M | 14 | 54.55 | Hay Hotfooters | 28:52 | | | 20 |