

Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

| Pos. | Name | Time | Age Cat | Age | Gender | % of Age World Record | Club | PB Time | PB? | CR? | Total Runs |
|------|-------------------|-------|----------|-----|--------|--------------------------|----------------|---------|-----|--------------------------|------------|
| 1 | John Price | 25:11 | VM 60-64 | 62 | M | 64.46 | Hay Hotfooters | 23:24 | | <input type="checkbox"/> | 57 |
| 2 | Sue Richards | 30:23 | VW 60-64 | 64 | F | 64.13 | Hay Hotfooters | 29:13 | | <input type="checkbox"/> | 49 |
| 3 | Steve Goodridge | 24:18 | VM 55-59 | 57 | M | 64.13 | Hay Hotfooters | 22:47 | | <input type="checkbox"/> | 52 |
| 4 | Tina Lavelle | 29:41 | VW 60-64 | 62 | F | 64.01 | Hay Hotfooters | 27:24 | | <input type="checkbox"/> | 35 |
| 5 | Alan Huckle | 24:58 | VM 55-59 | 59 | M | 63.42 | | 24:58 | | <input type="checkbox"/> | 1 |
| 6 | Mark Hird | 25:14 | VM 60-64 | 60 | M | 63.28 | Hay Hotfooters | 25:06 | | <input type="checkbox"/> | 14 |
| 7 | Brian Morgan | 24:19 | VM 50-54 | 52 | M | 61.62 | Hay Hotfooters | 21:50 | | <input type="checkbox"/> | 42 |
| 8 | Jack Dale | 22:50 | JM 11-14 | 13 | M | 61.46 | | 22:10 | | <input type="checkbox"/> | 7 |
| 9 | Jill Grundy | 29:17 | VW 55-59 | 56 | F | 60.39 | Hay Hotfooters | 28:34 | | <input type="checkbox"/> | 50 |
| 10 | Greg Songs | 22:41 | VM 35-39 | 38 | M | 59.59 | | 22:41 | | <input type="checkbox"/> | 1 |
| 11 | Maik Van Den Berg | 26:07 | VM 35-39 | 38 | M | 51.75 | | 26:39 | Y | <input type="checkbox"/> | 2 |
| 12 | Andrew Ritchie | 29:24 | VM 45-49 | 49 | M | 49.77 | | 26:44 | | <input type="checkbox"/> | 25 |