

Hay Riverside Run (5k) Results

Weather: Perfect running weather. Cool but almost Date: 05 September 2020 Total Runners: 0

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Ned Collins	00:23:52	JM 11-14	14	M	1	57.40	Hay Hotfooters	19:47			31
2	Steve Goodridge	00:24:25	VM 55-59	58	M	2	64.37	Hay Hotfooters	22:47			54
3	Mark Hird	00:24:52	VM 60-64	60	M	3	64.21	Hay Hotfooters	25:06	Y		16
4	David Rees	00:25:07	VM 65-69	69	M	4	68.81	Hay Hotfooters	00:00	Y		1
5	Nick Wells	00:25:16	VM 50-54	53	M	5	59.76	Hay Hotfooters	25:07			21
6	Sharon Collins	00:25:19	VW 55-59	56	F	1	69.85	Hay Hotfooters	24:26			30
7	Paul Smith	00:26:14	VM 45-49	46	M	6	54.57	Hay Hotfooters	22:22			32
8	Brian Morgan	00:26:30	VM 50-54	52	M	7	56.54	Hay Hotfooters	21:50			43
9	Paul Tree	00:28:35	VM 50-54	53	M	8	52.83	Hay Hotfooters	23:40			19
10	John Warburton	00:28:35	VM 50-54	54	M	9	53.24	Hay Hotfooters	21:54			34
11	Fay Lantos	00:29:34	VW 50-54	52	F	2	57.10	Hay Hotfooters	00:00	Y		1
12	Tina Lavelle	00:30:55	VW 60-64	63	F	3	62.26	Hay Hotfooters	27:24			36
13	Sue Richards	00:31:00	VW 60-64	64	F	4	62.85	Hay Hotfooters	29:13			50
14	Andrew Ritchie	00:32:21	VM 45-49	49	M	10	45.23		26:44			27
15	Jo Silverwood	00:33:41	VW 35-39	36	F	5	44.24		31:58			3
16	Alan Nicholls	00:35:07	VM 65-69	69	M	11	49.22	Hay Hotfooters	28:52			21