

# Hay Riverside Run (5k) Results By % WR

Weather  Date:  Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Sharon Collins	25:19	VW 55-59	56	F	69.85	Hay Hotfooters	24:26		<input type="checkbox"/>	30
2	David Rees	25:07	VM 65-69	69	M	68.81	Hay Hotfooters	00:00	Y	<input type="checkbox"/>	1
3	Steve Goodridge	24:25	VM 55-59	58	M	64.37	Hay Hotfooters	22:47		<input type="checkbox"/>	54
4	Mark Hird	24:52	VM 60-64	60	M	64.21	Hay Hotfooters	25:06	Y	<input type="checkbox"/>	16
5	Sue Richards	31:00	VW 60-64	64	F	62.85	Hay Hotfooters	29:13		<input type="checkbox"/>	50
6	Tina Lavelle	30:55	VW 60-64	63	F	62.26	Hay Hotfooters	27:24		<input type="checkbox"/>	36
7	Nick Wells	25:16	VM 50-54	53	M	59.76	Hay Hotfooters	25:07		<input type="checkbox"/>	21
8	Ned Collins	23:52	JM 11-14	14	M	57.40	Hay Hotfooters	19:47		<input type="checkbox"/>	31
9	Fay Lantos	29:34	VW 50-54	52	F	57.10	Hay Hotfooters	00:00	Y	<input type="checkbox"/>	1
10	Brian Morgan	26:30	VM 50-54	52	M	56.54	Hay Hotfooters	21:50		<input type="checkbox"/>	43
11	Paul Smith	26:14	VM 45-49	46	M	54.57	Hay Hotfooters	22:22		<input type="checkbox"/>	32
12	John Warburton	28:35	VM 50-54	54	M	53.24	Hay Hotfooters	21:54		<input type="checkbox"/>	34
13	Paul Tree	28:35	VM 50-54	53	M	52.83	Hay Hotfooters	23:40		<input type="checkbox"/>	19
14	Alan Nicholls	35:07	VM 65-69	69	M	49.22	Hay Hotfooters	28:52		<input type="checkbox"/>	21
15	Andrew Ritchie	32:21	VM 45-49	49	M	45.23		26:44		<input type="checkbox"/>	27
16	Jo Silverwood	33:41	VW 35-39	36	F	44.24		31:58		<input type="checkbox"/>	3