

Hay Riverside Run (5k) Results By % WR

Weather: Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	David Rees	25:17	VM 65-69	69	M	68.36	Hay Hotfooters	25:07			3
2	Martyn Rosser	26:05	VM 70-74	70	M	66.96	Hay Hotfooters	25:42			27
3	Mark Hird	24:56	VM 60-64	60	M	64.04	Hay Hotfooters	24:52			17
4	Sue Richards	30:34	VW 60-64	64	F	63.74	Hay Hotfooters	29:13			51
5	Neal Smith	24:18	VM 50-54	54	M	62.62	Hay Hotfooters	23:42			9
6	John Price	25:59	VM 60-64	62	M	62.48	Hay Hotfooters	23:24			59
7	Brian Morgan	24:19	VM 50-54	52	M	61.62	Hay Hotfooters	21:50			44
8	Fay Lantos	27:38	VW 50-54	52	F	61.10	Hay Hotfooters	29:34	Y		2
9	Nick Wells	25:05	VM 50-54	53	M	60.20	Hay Hotfooters	25:07	Y		22
10	Paul Tree	25:42	VM 50-54	53	M	58.75	Hay Hotfooters	23:40			21
11	Paul Smith	25:42	VM 45-49	46	M	55.71	Hay Hotfooters	22:22			34