

Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

| Pos. | Name | Time | Age Cat | Age | Gender | % of Age World Record | Club | PB Time | PB? | CR? | Total Runs |
|------|-------------------|-------|----------|-----|--------|--------------------------|------------------------|---------|-----|--------------------------|------------|
| 1 | David Rees | 25:05 | VM 65-69 | 69 | M | 68.90 | Hay Hotfooters | 25:07 | Y | <input type="checkbox"/> | 4 |
| 2 | Martyn Rosser | 25:51 | VM 70-74 | 70 | M | 67.57 | Hay Hotfooters | 25:42 | | <input type="checkbox"/> | 28 |
| 3 | Steve Goodridge | 23:18 | VM 55-59 | 58 | M | 67.45 | Hay Hotfooters | 22:47 | | <input type="checkbox"/> | 55 |
| 4 | Mick Collins | 23:21 | VM 55-59 | 56 | M | 66.17 | Hay Hotfooters | 23:25 | Y | <input type="checkbox"/> | 15 |
| 5 | Mark Hird | 24:44 | VM 60-64 | 60 | M | 64.56 | Hay Hotfooters | 24:52 | Y | <input type="checkbox"/> | 18 |
| 6 | Sue Richards | 30:52 | VW 60-64 | 64 | F | 63.12 | Hay Hotfooters | 29:13 | | <input type="checkbox"/> | 52 |
| 7 | John Price | 26:19 | VM 60-64 | 63 | M | 62.19 | Hay Hotfooters | 23:24 | | <input type="checkbox"/> | 60 |
| 8 | Brian Morgan | 24:31 | VM 50-54 | 52 | M | 61.11 | Hay Hotfooters | 21:50 | | <input type="checkbox"/> | 45 |
| 9 | Liz Harvey | 25:30 | VW 40-44 | 40 | F | 59.48 | Hay Hotfooters | 25:00 | | <input type="checkbox"/> | 23 |
| 10 | Fay Lantos | 28:26 | VW 50-54 | 52 | F | 59.38 | Hay Hotfooters | 27:38 | | <input type="checkbox"/> | 3 |
| 11 | Alan Harray | 32:09 | VM 75-79 | 76 | M | 59.36 | Hay Hotfooters | 30:19 | | <input type="checkbox"/> | 63 |
| 12 | Nick Wells | 25:36 | VM 50-54 | 53 | M | 58.98 | Hay Hotfooters | 25:05 | | <input type="checkbox"/> | 23 |
| 13 | Dilek Usta-Aarons | 28:51 | VW 40-44 | 44 | F | 54.02 | Crystal Palace Fun Run | 25:24 | | <input type="checkbox"/> | 9 |
| 14 | Phillip Morris | 27:11 | VM 45-49 | 45 | M | 52.30 | Hay Hotfooters | 25:49 | | <input type="checkbox"/> | 12 |
| 15 | Taylor Jones | 28:51 | SW 20-24 | 24 | F | 51.18 | Hay Hotfooters | 00:00 | Y | <input type="checkbox"/> | 1 |
| 16 | Andrew Ritchie | 31:45 | VM 45-49 | 49 | M | 46.09 | Hay Hotfooters | 26:44 | | <input type="checkbox"/> | 29 |
| 17 | Nina Sears | 37:17 | VW 45-49 | 47 | F | 42.91 | Hay Hotfooters | 00:00 | Y | <input type="checkbox"/> | 1 |
| 18 | Matt Sears | 37:17 | VM 45-49 | 47 | M | 38.67 | Hay Hotfooters | 00:00 | Y | <input type="checkbox"/> | 1 |