

# Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Sharon Collins	25:09	VW 55-59	56	F	70.31	Hay Hotfooters	24:26		<input type="checkbox"/>	33
2	Martyn Rosser	25:39	VM 70-74	70	M	68.10	Hay Hotfooters	25:42	Y	<input type="checkbox"/>	29
3	Martin Carter	23:07	VM 55-59	55	M	66.33	Hay Hotfooters	21:49		<input type="checkbox"/>	10
4	Mick Collins	23:07	VM 55-59	55	M	66.33	Hay Hotfooters	23:19	Y	<input type="checkbox"/>	17
5	John Warburton	23:54	VM 50-54	54	M	63.67	Hay Hotfooters	21:54		<input type="checkbox"/>	35
6	John Price	26:01	VM 60-64	63	M	62.91	Hay Hotfooters	23:24		<input type="checkbox"/>	62
7	Alan Harray	31:50	VM 75-79	77	M	61.05	Hay Hotfooters	30:19		<input type="checkbox"/>	64
8	Nigel Owen	26:27	VM 60-64	61	M	60.87	Hay Hotfooters	24:52		<input type="checkbox"/>	7
9	Fay Lantos	27:58	VW 50-54	52	F	60.37	Hay Hotfooters	27:38		<input type="checkbox"/>	4
10	Brian Morgan	25:00	VM 50-54	52	M	59.93	Hay Hotfooters	21:50		<input type="checkbox"/>	47
11	Nick Wells	25:25	VM 50-54	53	M	59.41	Hay Hotfooters	25:05		<input type="checkbox"/>	24
12	Dilek Usta-Aarons	28:40	VW 40-44	44	F	54.36	Crystal Palace Fun Run	25:24		<input type="checkbox"/>	10
13	Matt Sears	26:56	VM 45-49	47	M	53.53	Hay Hotfooters	37:17	Y	<input type="checkbox"/>	2
14	Alan Nicholls	32:50	VM 70-74	70	M	53.20	Hay Hotfooters	28:52		<input type="checkbox"/>	22
15	Nina Sears	38:00	VW 45-49	47	F	42.11	Hay Hotfooters	37:17		<input type="checkbox"/>	2