

Hay Riverside Run - ALL TIME By % WR

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|------------------------|-------|----------|-----|--------|-----------|-----------------------|-------------------|-----|------------|
| 1 | A. Davies | 19:33 | VM 50-54 | 54 | M | 1 | 77.83 | Brecon AC | | 1 |
| 2 | Louis Thomas | 20:30 | VM 55-59 | 57 | M | 2 | 76.02 | | | 2 |
| 3 | Sue Davies | 24:16 | VW 55-59 | 57 | F | 1 | 73.70 | Brecon AC | | 25 |
| 4 | Vickie Wilkinson | 21:13 | VW 40-44 | 44 | F | 2 | 73.45 | Cheltenham Harrie | | 3 |
| 5 | Oliver Baulch | 19:01 | | 42 | M | 3 | 73.09 | Hay Hotfooters | | 2 |
| 6 | Sharon Collins | 24:26 | VW 55-59 | 56 | F | 3 | 72.37 | Hay Hotfooters | | 36 |
| 7 | Pat Brister | 28:02 | VW 65-69 | 67 | F | 4 | 72.29 | Hay Hotfooters | | 10 |
| 8 | Brychan Price - Davies | 18:08 | JM 15-17 | 17 | M | 4 | 72.24 | Brecon AC | Y | 1 |
| 9 | Dale Williams | 19:34 | VM 40-44 | 44 | M | 5 | 72.06 | Brecon AC | | 3 |
| 10 | Patrick Morgan | 18:29 | JM 15-17 | 16 | M | 6 | 71.69 | Hay Hotfooters | | 20 |
| 11 | Ben Merriman | 18:48 | JM 15-17 | 15 | M | 7 | 71.54 | Hay Hotfooters | | 7 |
| 12 | Evan Price - Davies | 18:28 | JM 15-17 | 17 | M | 8 | 70.94 | Brecon AC | | 7 |
| 13 | Martin Carter | 21:49 | VM 55-59 | 55 | M | 9 | 70.28 | Hay Hotfooters | | 11 |
| 14 | Tina Lavelle | 27:24 | VW 60-64 | 63 | F | 5 | 70.26 | Hay Hotfooters | | 36 |
| 15 | John Price | 23:24 | VM 60-64 | 63 | M | 10 | 69.94 | Hay Hotfooters | | 62 |
| 16 | Joe Collins | 18:58 | JM 15-17 | 16 | M | 11 | 69.86 | Hay Hotfooters | | 17 |
| 17 | John Warburton | 21:54 | VM 50-54 | 54 | M | 12 | 69.48 | Hay Hotfooters | | 35 |
| 18 | Matias Coombs | 23:38 | VM 60-64 | 63 | M | 13 | 69.25 | Mynydd Du | | 2 |
| 19 | Steve Goodridge | 22:47 | VM 55-59 | 58 | M | 14 | 68.98 | Hay Hotfooters | | 56 |
| 20 | Melody Cook | 26:52 | VW 60-64 | 60 | F | 6 | 68.98 | Newent | | 4 |
| 21 | David Rees | 25:05 | VM 65-69 | 69 | M | 15 | 68.90 | Hay Hotfooters | | 5 |
| 22 | Martyn Rosser | 25:23 | VM 70-74 | 70 | M | 16 | 68.81 | Hay Hotfooters | | 30 |
| 23 | Brian Morgan | 21:50 | VM 50-54 | 52 | M | 17 | 68.63 | Hay Hotfooters | | 47 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-----------------|-------|----------|-----|--------|-----------|-----------------------|----------------------|-----|------------|
| 24 | Haydyn O'Reilly | 20:02 | VM 40-44 | 40 | M | 18 | 68.47 | Builth & District R. | | 2 |
| 25 | Sharon Lindesay | 24:27 | VW 50-54 | 51 | F | 7 | 68.30 | Hay Hotfooters | | 35 |
| 26 | Nye Turner | 25:27 | JW 10 | 10 | F | 8 | 68.30 | Brecon AC | | 5 |
| 27 | Sara Lake | 24:28 | VW 50-54 | 51 | F | 9 | 68.26 | Hay Hotfooters | | 38 |
| 28 | Ned Collins | 19:47 | JM 15-17 | 15 | M | 19 | 67.99 | Hay Hotfooters | | 32 |
| 29 | Daniel King | 19:17 | SM 25-29 | 26 | M | 20 | 67.33 | | | 2 |
| 30 | Emily Williams | 21:59 | SW 30-34 | 32 | F | 10 | 67.25 | | | 3 |
| 31 | Jeff Kay | 23:48 | VM 60-64 | 60 | M | 21 | 67.09 | Hay Hotfooters | | 5 |
| 32 | Greg McElian | 25:45 | JM 10 | 8 | M | 22 | 66.73 | | | 1 |
| 33 | Sue Richards | 29:13 | VW 60-64 | 64 | F | 11 | 66.69 | Hay Hotfooters | | 55 |
| 34 | Ellie Merriman | 22:17 | JW 18-19 | 18 | F | 12 | 66.57 | Hay Hotfooters | | 5 |
| 35 | Edward Boyles | 19:50 | SM 30-34 | 34 | M | 23 | 66.55 | | | 1 |
| 36 | Mick Collins | 23:07 | VM 55-59 | 55 | M | 24 | 66.33 | Hay Hotfooters | | 19 |
| 37 | Matthew Haynes | 21:39 | VM 45-49 | 46 | M | 25 | 66.13 | Builth & District R. | | 3 |
| 38 | Mark Davies | 24:22 | VM 60-64 | 61 | M | 26 | 66.07 | Hay Hotfooters | | 10 |
| 39 | Sue Hackett | 27:31 | VW 55-59 | 58 | F | 13 | 65.78 | Hay Hotfooters | | 11 |
| 40 | Neal Smith | 23:42 | VM 55-59 | 57 | M | 27 | 65.75 | Hay Hotfooters | | 10 |
| 41 | Mark Hird | 24:44 | VM 60-64 | 61 | M | 28 | 65.09 | Hay Hotfooters | | 22 |
| 42 | Bethan Logan | 22:45 | | 31 | F | 14 | 64.91 | Hay Hotfooters | | 1 |
| 43 | Andrew Merriman | 22:05 | VM 45-49 | 46 | M | 29 | 64.83 | Hay Hotfooters | | 8 |
| 44 | Nigel Owen | 24:52 | VM 60-64 | 61 | M | 30 | 64.75 | Hay Hotfooters | | 7 |
| 45 | Alex Coomber | 24:06 | JM 10 | 10 | M | 31 | 64.45 | | | 8 |
| 46 | Peter Price | 20:35 | JM 15-17 | 16 | M | 32 | 64.37 | | | 9 |
| 47 | Andy Dix | 22:58 | VM 50-54 | 50 | M | 33 | 64.22 | | | 1 |
| 48 | Alan Harrhy | 30:19 | VM 75-79 | 77 | M | 34 | 64.10 | Hay Hotfooters | | 65 |
| 49 | Graham Crewe | 25:33 | VM 60-64 | 63 | M | 35 | 64.06 | | | 1 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-------------------|-------|----------|-----|--------|-----------|-----------------------|------------------|-----|------------|
| 50 | Paul Smith | 22:22 | VM 45-49 | 46 | M | 36 | 64.01 | Hay Hotfooters | | 37 |
| 51 | J. Versicoyle? | 20:17 | JM 18-19 | 19 | M | 37 | 64.01 | | | 1 |
| 52 | Paul Tree | 23:40 | VM 50-54 | 53 | M | 38 | 63.80 | Hay Hotfooters | | 22 |
| 53 | Bill Phelps | 24:45 | VM 55-59 | 58 | M | 39 | 63.50 | New Eltham Jogge | | 1 |
| 54 | Ramon Portocarero | 23:48 | VM 50-54 | 53 | M | 40 | 63.45 | | | 8 |
| 55 | Alan Huckle | 24:58 | VM 55-59 | 59 | M | 41 | 63.42 | | | 1 |
| 56 | Jack Dale | 22:10 | JM 11-14 | 13 | M | 42 | 63.31 | | | 8 |
| 57 | Addy Carter | 23:28 | JW 18-19 | 18 | F | 15 | 63.21 | Hay Hotfooters | | 3 |
| 58 | Geoff Brister | 28:03 | VM 70-74 | 71 | M | 43 | 63.04 | Hay Hotfooters | | 7 |
| 59 | Jo Mahi | 28:04 | VW 55-59 | 56 | F | 16 | 63.00 | | | 1 |
| 60 | Joe Emmett | 22:15 | VM 40-44 | 43 | M | 44 | 62.92 | | | 1 |
| 61 | Beth Tindle | 29:19 | VW 55-59 | 59 | F | 17 | 62.48 | | | 1 |
| 62 | Rosie Richards | 23:42 | SW 30-34 | 32 | F | 18 | 62.38 | | | 1 |
| 63 | Rich Coomber | 22:20 | VM 40-44 | 42 | M | 45 | 62.24 | Hay Hotfooters | | 6 |
| 64 | Will Ford | 22:13 | VM 40-44 | 41 | M | 46 | 62.12 | Hay Hotfooters | | 18 |
| 65 | James Pace | 22:33 | VM 40-44 | 43 | M | 47 | 62.08 | | | 4 |
| 66 | Eleanor Walczak | 23:48 | SW 30-34 | 31 | F | 19 | 62.04 | Hay Hotfooters | | 11 |
| 67 | Jill Grundy | 28:34 | VW 55-59 | 56 | F | 20 | 61.90 | Hay Hotfooters | | 50 |
| 68 | James Taylor | 21:00 | SM 25-29 | 27 | M | 48 | 61.83 | Hay Hotfooters | | 1 |
| 69 | Sue Mawby | 29:59 | VW 60-64 | 60 | F | 21 | 61.81 | | | 11 |
| 70 | Mark Norman | 21:46 | VM 35-39 | 37 | M | 49 | 61.64 | Chorlton Runners | | 1 |
| 71 | Matthew Price | 22:15 | JM 11-14 | 14 | M | 50 | 61.57 | | | 13 |
| 72 | Pete Jones | 23:29 | VM 45-49 | 47 | M | 51 | 61.39 | | | 16 |
| 73 | Harrison May | 21:24 | SM 30-34 | 33 | M | 52 | 61.37 | | | 2 |
| 74 | Dilek Usta-Aarons | 25:24 | VW 40-44 | 44 | F | 22 | 61.35 | Hay Hotfooters | | 13 |
| 75 | Sue Williams | 28:33 | VW 55-59 | 55 | F | 23 | 61.18 | | | 5 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-----------------------|-------|----------|-----|--------|-----------|-----------------------|-------------------|-----|------------|
| 76 | Fay Lantos | 27:38 | VW 50-54 | 52 | F | 24 | 61.10 | Hay Hotfooters | | 4 |
| 77 | Imme Davies | 26:48 | VW 45-49 | 49 | F | 25 | 61.01 | Hay Hotfooters | | 2 |
| 78 | Andy Blake | 26:50 | VM 60-64 | 63 | M | 53 | 60.99 | | | 2 |
| 79 | Liz Harvey | 25:00 | VW 40-44 | 40 | F | 26 | 60.67 | Hay Hotfooters | | 25 |
| 80 | Alan Nicholls | 28:52 | VM 70-74 | 70 | M | 54 | 60.51 | Hay Hotfooters | | 24 |
| 81 | Angela Price | 27:03 | VW 45-49 | 49 | F | 27 | 60.44 | Hay Hotfooters | | 9 |
| 82 | Sarah Miles-Griffiths | 30:02 | VW 55-59 | 58 | F | 28 | 60.27 | Hay Hotfooters | | 9 |
| 83 | Emily Sayce | 34:59 | JW 10 | 5 | F | 29 | 60.22 | | | 1 |
| 84 | Martin Smith | 23:37 | VM 45-49 | 45 | M | 55 | 60.20 | Petts Wood Runne | | 1 |
| 85 | Nick Wells | 25:05 | VM 50-54 | 53 | M | 56 | 60.20 | Hay Hotfooters | | 25 |
| 86 | Paul Hodges | 26:19 | VM 55-59 | 59 | M | 57 | 60.16 | | | 1 |
| 87 | Katherine Allen | 31:13 | VW 60-64 | 61 | F | 30 | 60.12 | | | 1 |
| 88 | Harrison Brady | 22:50 | JM 11-14 | 14 | M | 58 | 60.00 | | | 1 |
| 89 | Greg Songs | 22:41 | VM 35-39 | 38 | M | 59 | 59.59 | | | 1 |
| 90 | Tom Thorneycroft | 23:42 | VM 40-44 | 44 | M | 60 | 59.49 | Hay Hotfooters | | 1 |
| 91 | S A Leighton | 35:31 | VW 70-74 | 70 | F | 31 | 59.46 | | | 1 |
| 92 | Jack Biggs | 21:51 | SM 25-29 | 25 | M | 61 | 59.42 | | | 1 |
| 93 | Vicky Walker | 25:00 | SW 30-34 | 34 | F | 32 | 59.33 | | | 1 |
| 94 | Theo Turner | 25:09 | JM 11-14 | 11 | M | 62 | 59.31 | | | 2 |
| 95 | Tam Emmett | 25:09 | JM 11-14 | 11 | M | 63 | 59.31 | | | 2 |
| 96 | Paul McDermott | 26:04 | VM 55-59 | 56 | M | 64 | 59.27 | South Cheshire Ha | | 6 |
| 97 | Marcie Ferros | 28:54 | VW 50-54 | 53 | F | 33 | 59.11 | | | 2 |
| 98 | Mickey Price | 22:42 | VM 35-39 | 37 | M | 65 | 59.10 | Marlow Striders | | 1 |
| 99 | Sophie Norman | 32:40 | JW 10 | 7 | F | 34 | 59.03 | | | 3 |
| 100 | Helena Van Hollen | 26:19 | JW 15-17 | 15 | F | 35 | 58.96 | | | 1 |
| 101 | Susan Clarke | 30:02 | VW 55-59 | 56 | F | 36 | 58.88 | | | 1 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|---------------------------|-------|----------|-----|--------|-----------|-----------------------|-------------------|-----|------------|
| 102 | Carl Styan | 23:10 | VM 35-39 | 39 | M | 66 | 58.78 | | | 2 |
| 103 | Thomas Portocarero | 23:53 | JM 11-14 | 13 | M | 67 | 58.76 | | | 6 |
| 104 | Emma Rawlins | 29:45 | VW 55-59 | 55 | F | 37 | 58.71 | Hay Hotfooters | | 1 |
| 105 | Liz Davies | 26:01 | | 41 | F | 38 | 58.62 | | | 5 |
| 106 | Tom Jones | 22:11 | SM 25-29 | 29 | M | 68 | 58.60 | Hay Hotfooters | | 1 |
| 107 | Neil Stone | 27:15 | VM 60-64 | 60 | M | 69 | 58.59 | Brecon AC | | 4 |
| 108 | Gregg Scarrott | 24:30 | VM 45-49 | 46 | M | 70 | 58.44 | | | 1 |
| 109 | Ruth Huddleston | 28:55 | VW 50-54 | 52 | F | 39 | 58.39 | | | 3 |
| 110 | Lottie Ford | 33:18 | JW 10 | 7 | F | 40 | 57.91 | | | 1 |
| 111 | James Kinsey Jones | 22:30 | SM 30-34 | 30 | M | 71 | 57.85 | | | 4 |
| 112 | Edna Stuart | 34:08 | VW 65-69 | 65 | F | 41 | 57.81 | | | 3 |
| 113 | Ollie Wilkinson | 24:03 | VM 40-44 | 42 | M | 72 | 57.80 | | | 2 |
| 114 | Thomas H ö ner | 24:36 | VM 45-49 | 45 | M | 73 | 57.79 | | | 1 |
| 115 | Rachel Jones | 28:02 | VW 45-49 | 48 | F | 42 | 57.67 | Hay Hotfooters | | 4 |
| 116 | Tim Sheppard | 24:10 | VM 40-44 | 42 | M | 74 | 57.52 | | | 5 |
| 117 | Crispin ELT | 28:06 | VM 60-64 | 61 | M | 75 | 57.30 | | | 2 |
| 118 | Rhys Sayce | 28:29 | JM 10 | 9 | M | 76 | 57.17 | | | 1 |
| 119 | Jo Ricketts | 27:32 | VW 45-49 | 45 | F | 43 | 57.08 | | | 1 |
| 120 | Charles Portocarero | 24:00 | JM 11-14 | 14 | M | 77 | 57.08 | | | 7 |
| 121 | Connie Rodger | 25:59 | SW 25-29 | 26 | F | 44 | 56.83 | | | 1 |
| 122 | Harriet Holliday | 25:59 | SW 25-29 | 29 | F | 45 | 56.83 | | | 1 |
| 123 | Isobel Sanders | 26:04 | JW 18-19 | 19 | F | 46 | 56.65 | | | 1 |
| 124 | Lucy Jardine | 29:49 | VW 50-54 | 52 | F | 47 | 56.62 | Hay Hotfooters | | 13 |
| 125 | Simon Jones | 29:59 | VM 65-69 | 67 | M | 78 | 56.53 | Hook Norton Harri | | 1 |
| 126 | Maik Van Den Berg | 23:56 | VM 35-39 | 38 | M | 79 | 56.48 | | | 4 |
| 127 | David Bartlett | 27:50 | VM 55-59 | 58 | M | 80 | 56.47 | | | 3 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-----------------|-------|----------|-----|--------|-----------|-----------------------|-------------------|-----|------------|
| 128 | Mandy Meredith | 29:16 | VW 45-49 | 50 | F | 48 | 56.44 | Hay Hotfooters | | 5 |
| 129 | Owen Stewart | 23:18 | | 33 | M | 81 | 56.37 | | | 2 |
| 130 | Liz Rynenberg | 33:50 | VW 60-64 | 62 | F | 49 | 56.16 | Brecon AC | | 3 |
| 131 | Mike White | 25:42 | VM 45-49 | 47 | M | 82 | 56.10 | | | 1 |
| 132 | Joe Skyrme | 23:09 | SM 25-29 | 25 | M | 83 | 56.08 | | | 1 |
| 133 | Kevin Brady | 25:32 | VM 45-49 | 45 | M | 84 | 55.68 | White Horse Harri | | 3 |
| 134 | Emma Beagley | 27:15 | | 40 | F | 50 | 55.66 | | | 5 |
| 135 | Amy Newton | 26:40 | SW 30-34 | 34 | F | 51 | 55.62 | | | 1 |
| 136 | Hattie Tree | 29:00 | JW 11-14 | 13 | F | 52 | 55.57 | | | 8 |
| 137 | Nigel Jones | 28:40 | VM 55-59 | 59 | M | 85 | 55.23 | | | 1 |
| 138 | Philip Morris | 25:49 | VM 45-49 | 45 | M | 86 | 55.07 | Hay Hotfooters | | 13 |
| 139 | Jessica Searle | 26:50 | JW 18-19 | 19 | F | 53 | 55.03 | | | 1 |
| 140 | Ashley Ricketts | 31:15 | JM 10 | 8 | M | 87 | 54.99 | | | 1 |
| 141 | Charlie Howarth | 24:55 | JM 11-14 | 14 | M | 88 | 54.98 | | | 1 |
| 142 | Pete Connors | 28:36 | VM 55-59 | 58 | M | 89 | 54.95 | | | 1 |
| 143 | Nick Blayney | 29:19 | VM 60-64 | 61 | M | 90 | 54.92 | Hay Hotfooters | | 4 |
| 144 | Hannah Summers | 27:13 | VW 35-39 | 36 | F | 54 | 54.75 | | | 1 |
| 145 | Andrew Ritchie | 26:44 | VM 45-49 | 49 | M | 91 | 54.74 | Hay Hotfooters | | 32 |
| 146 | Adam Gregory | 24:22 | SM 30-34 | 36 | M | 92 | 54.72 | | | 6 |
| 147 | Andrew Craddock | 25:04 | VM 40-44 | 40 | M | 93 | 54.72 | | | 1 |
| 148 | George Wordley | 24:02 | SM 30-34 | 32 | M | 94 | 54.44 | | | 3 |
| 149 | Izzy Goodridge | 27:35 | | 17 | F | 55 | 54.38 | Hay Hotfooters | | 9 |
| 150 | Tom Todd | 24:05 | SM 30-34 | 32 | M | 95 | 54.33 | | | 2 |
| 151 | Ffion Ledger | 33:01 | JW 10 | 9 | F | 56 | 54.32 | | | 2 |
| 152 | Felicity Gill | 27:39 | VW 35-39 | 38 | F | 57 | 54.31 | | | 12 |
| 153 | Isobel Riley | 27:19 | SW 30-34 | 34 | F | 58 | 54.30 | | | 1 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|------------------------|-------|----------|-----|--------|-----------|-----------------------|-------------------|-----|------------|
| 154 | Johnny Kramer | 28:42 | VM 55-59 | 57 | M | 96 | 54.30 | | | 10 |
| 155 | Jane Milligan | 30:09 | VM 45-49 | 49 | F | 59 | 54.23 | | | 1 |
| 156 | James Davis | 25:33 | VM 40-44 | 41 | M | 97 | 54.01 | | | 1 |
| 157 | Penny Hurt | 36:41 | VW 65-69 | 65 | F | 60 | 53.79 | | | 1 |
| 158 | Matt Sears | 26:56 | VM 45-49 | 47 | M | 98 | 53.53 | Hay Hotfooters | | 3 |
| 159 | Charlotte Barlow | 27:39 | SW 30-34 | 32 | F | 61 | 53.47 | Hay Hotfooters | | 24 |
| 160 | Jill Williams | 29:10 | | 44 | F | 62 | 53.43 | | | 1 |
| 161 | D Rosnett?? | 29:26 | VM 55-59 | 58 | M | 99 | 53.40 | | | 1 |
| 162 | Natalie Connors | 27:41 | SW 20-24 | 24 | F | 63 | 53.34 | Hay Hotfooters | | 10 |
| 163 | Anya Gardner | 29:06 | JW 15-17 | 15 | F | 64 | 53.32 | | | 1 |
| 164 | Ewan Gill | 26:20 | JM 11-14 | 13 | M | 100 | 53.29 | | | 1 |
| 165 | Freya Fiddes? | 28:29 | VW 40-44 | 40 | F | 65 | 53.25 | | | 1 |
| 166 | Freddie Russell-Pavier | 24:27 | SM 25-29 | 25 | M | 101 | 53.10 | | | 1 |
| 167 | Jen Blake | 27:49 | SW 25-29 | 28 | F | 66 | 53.09 | | | 3 |
| 168 | Chris Cairp? | 28:40 | VM 50-54 | 54 | M | 102 | 53.08 | | | 1 |
| 169 | Ruth McDermott | 33:23 | VW 55-59 | 56 | F | 67 | 52.97 | South Cheshire Ha | | 4 |
| 170 | Ellen Farnham | 28:19 | VW 35-39 | 37 | F | 68 | 52.85 | | | 1 |
| 171 | William Stallabrass | 32:32 | JM 10 | 8 | M | 103 | 52.82 | | | 1 |
| 172 | Joe Craxon | 24:35 | SM 25-29 | 28 | M | 104 | 52.81 | | | 2 |
| 173 | Chris Gill | 26:43 | VM 40-44 | 44 | M | 105 | 52.78 | | | 1 |
| 174 | Bea Sampson | 33:00 | JW 10 | 10 | F | 69 | 52.68 | | | 1 |
| 175 | Danny Clenaghan | 29:38 | VM 55-59 | 57 | M | 106 | 52.59 | Hay Hotfooters | | 1 |
| 176 | Lily Milligan | 30:05 | JM 11-14 | 14 | F | 70 | 52.47 | | | 1 |
| 177 | Clare Thompson | 29:47 | | 44 | F | 71 | 52.32 | | | 2 |
| 178 | Clare Davies | 31:35 | VW 45-49 | 50 | F | 72 | 52.30 | | | 8 |
| 179 | Ellie Ford | 33:16 | JW 10 | 10 | F | 73 | 52.25 | | | 3 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|---------------------|-------|----------|-----|--------|-----------|-----------------------|----------------------|-----|------------|
| 180 | Victoria Hall | 28:27 | SW 30-34 | 34 | F | 74 | 52.14 | | | 1 |
| 181 | Cath Kramer | 34:02 | VW 55-59 | 56 | F | 75 | 51.96 | | | 9 |
| 182 | Nicola Bradbury | 29:51 | | 43 | F | 76 | 51.81 | | | 2 |
| 183 | Owen Price-Davies | 27:55 | JM 11-14 | 12 | M | 107 | 51.70 | | | 2 |
| 184 | Paul Dawsey | 28:35 | VM 50-54 | 50 | M | 108 | 51.60 | | | 1 |
| 185 | Taylor Jones | 28:51 | SW 20-24 | 24 | F | 77 | 51.18 | Hay Hotfooters | | 1 |
| 186 | Paul Ward-Willis | 27:15 | VM 40-44 | 42 | M | 109 | 51.01 | | | 2 |
| 187 | David French | 33:04 | VM 65-69 | 66 | M | 110 | 50.81 | | | 1 |
| 188 | Jo Brady | 30:57 | VW 45-49 | 45 | F | 78 | 50.78 | | | 2 |
| 189 | Sheenagh Finnie | 30:47 | VW 40-44 | 44 | F | 79 | 50.62 | | | 5 |
| 190 | Carys Bate | 29:11 | SW 25-29 | 26 | F | 80 | 50.60 | | | 9 |
| 191 | Catherine Hughes | 34:12 | VW 50-54 | 54 | F | 81 | 50.49 | | | 4 |
| 192 | Lara Huddleston | 31:58 | JW 11-14 | 13 | F | 82 | 50.42 | | | 2 |
| 193 | Charlie Williams | 34:06 | JM 10 | 8 | M | 111 | 50.39 | | | 1 |
| 194 | Loo Johnson | 33:09 | VW 50-54 | 51 | F | 83 | 50.38 | Hay Hotfooters | | 1 |
| 195 | Phil Morris | 28:00 | VM 40-44 | 44 | M | 112 | 50.36 | Builth & District R. | | 1 |
| 196 | Daisy Huball | 29:26 | SW 30-34 | 33 | F | 84 | 50.28 | | | 3 |
| 197 | Luke Huddleston | 28:47 | JM 11-14 | 12 | M | 113 | 50.14 | | | 2 |
| 198 | Emma Price | 31:55 | VW 45-49 | 47 | F | 85 | 50.13 | | | 1 |
| 199 | Chris Croft | 26:02 | SM 30-34 | 31 | M | 114 | 50.13 | Hay Hotfooters | | 2 |
| 200 | Matthew Stallabrass | 28:02 | VM 40-44 | 43 | M | 115 | 49.94 | | | 2 |
| 201 | Gayle Brister | 30:23 | VW 40-44 | 40 | F | 86 | 49.92 | | | 1 |
| 202 | Liz Oxley | 34:20 | VW 50-54 | 53 | F | 87 | 49.76 | | | 1 |
| 203 | Jo Maurice | 35:09 | VW 55-59 | 55 | F | 88 | 49.69 | | | 3 |
| 204 | Martha Ackerman | 36:10 | VW 55-59 | 57 | F | 89 | 49.45 | | | 1 |
| 205 | Tanya Warburton | 34:09 | VW 50-54 | 52 | F | 90 | 49.44 | | | 14 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|--------------------|-------|----------|-----|--------|-----------|-----------------------|-----------------|-----|------------|
| 206 | Phoebe Goodridge | 31:07 | JW 15-17 | 16 | F | 91 | 49.01 | | | 1 |
| 207 | Hannah Bryan | 31:04 | | 40 | F | 92 | 48.82 | | | 2 |
| 208 | Faith Bancroft | 32:21 | VW 45-49 | 45 | F | 93 | 48.58 | | | 3 |
| 209 | Andrew Price | 31:20 | VM 50-54 | 54 | M | 116 | 48.56 | Hay Hotfooters | | 1 |
| 210 | Mark Canham? | 31:53 | VM 55-59 | 56 | M | 117 | 48.46 | Canton Chargers | | 1 |
| 211 | Tom Stallabrass | 30:49 | JM 11-14 | 11 | M | 118 | 48.40 | | | 1 |
| 212 | Emily Like | 30:38 | SW 20-24 | 24 | F | 94 | 48.20 | | | 1 |
| 213 | Robyn Collins | 30:40 | SW 20-24 | 23 | F | 95 | 48.15 | | | 2 |
| 214 | Caz Phillips | 31:08 | VW 35-39 | 37 | F | 96 | 48.07 | | | 8 |
| 215 | Johnny Williams | 34:01 | JM 10 | 9 | M | 119 | 47.87 | | | 1 |
| 216 | Emily Hogan-Turner | 32:58 | VW 45-49 | 45 | F | 97 | 47.67 | Hay Hotfooters | | 4 |
| 217 | Kaleb Krause | 28:59 | VM 40-44 | 40 | M | 120 | 47.33 | | | 8 |
| 218 | Sian Cail? | 31:18 | SW 25-29 | 28 | F | 98 | 47.18 | | | 1 |
| 219 | Denise Taylor | 37:12 | VW 55-59 | 55 | F | 99 | 46.95 | | | 2 |
| 220 | Jo Silverwood | 31:58 | VW 35-39 | 36 | F | 100 | 46.61 | | | 3 |
| 221 | Catriona Emmett | 33:03 | VW 40-44 | 42 | F | 101 | 46.44 | | | 2 |
| 222 | Ronny Kuryama | 28:03 | SM 30-34 | 30 | M | 121 | 46.41 | | | 1 |
| 223 | Lorne McElian | 33:06 | VW 40-44 | 42 | F | 102 | 46.37 | | | 1 |
| 224 | Cai Skyrme | 29:38 | JM 11-14 | 14 | M | 122 | 46.23 | | | 1 |
| 225 | Hannah Sampson | 33:00 | | 40 | F | 103 | 45.96 | | | 1 |
| 226 | Gay Funnell | 44:12 | VW 65-69 | 67 | F | 104 | 45.85 | | | 1 |
| 227 | Karen Alston | 38:35 | VW 55-59 | 56 | F | 105 | 45.83 | | | 1 |
| 228 | Robin Gardner | 32:59 | VM 50-54 | 53 | M | 123 | 45.78 | | | 4 |
| 229 | Nick Talbot | 36:20 | VM 60-64 | 64 | M | 124 | 45.46 | | | 1 |
| 230 | Lucy French | 40:48 | VW 60-64 | 60 | F | 106 | 45.42 | | | 1 |
| 231 | Erin Brady | 36:19 | JW 11-14 | 12 | F | 107 | 45.39 | | | 1 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-------------------|-------|----------|-----|--------|-----------|-----------------------|------------------|-----|------------|
| 232 | Sifn Norman | 33:24 | VW 35-39 | 39 | F | 108 | 45.16 | Chorlton Runners | | 3 |
| 233 | Alison Hearn | 37:50 | VW 50-54 | 53 | F | 109 | 45.15 | | | 1 |
| 234 | Mike Sayce | 34:59 | VM 55-59 | 58 | M | 125 | 44.93 | | | 1 |
| 235 | Liz Tucker | 38:56 | VW 55-59 | 55 | F | 110 | 44.86 | | | 1 |
| 236 | Claire Meredith | 33:03 | SW 25-29 | 27 | F | 111 | 44.68 | | | 6 |
| 237 | Zola Bradbury | 38:59 | JW 10 | 10 | F | 112 | 44.59 | | | 1 |
| 238 | Michael Cresswell | 29:07 | SM 25-29 | 27 | M | 126 | 44.59 | | | 1 |
| 239 | Bet? Hana? | 33:15 | SW 20-24 | 24 | F | 113 | 44.41 | | | 1 |
| 240 | Annie Hillyer | 40:49 | VW 55-59 | 58 | F | 114 | 44.34 | Hay Hotfooters | | 1 |
| 241 | Oban Oxley | 33:40 | JM 11-14 | 11 | M | 127 | 44.31 | | | 1 |
| 242 | Kealey Lake | 33:48 | VW 35-39 | 37 | F | 115 | 44.28 | | | 1 |
| 243 | Bronwyn Lally | 33:46 | SW 25-29 | 28 | F | 116 | 43.73 | | | 4 |
| 244 | Felix Strachler | 32:20 | JM 11-14 | 13 | M | 128 | 43.40 | | | 1 |
| 245 | Indie Oxley | 37:12 | JW 11-14 | 13 | F | 117 | 43.32 | | | 1 |
| 246 | C Warburton | 34:06 | SW 25-29 | 26 | F | 118 | 43.30 | | | 1 |
| 247 | Emma Jones | 35:30 | | 42 | F | 119 | 43.24 | | | 1 |
| 248 | Nina Sears | 37:17 | VW 45-49 | 47 | F | 120 | 42.91 | Hay Hotfooters | | 2 |
| 249 | Evie Price | 35:09 | SW 25-29 | 26 | F | 121 | 42.01 | | | 2 |
| 250 | Mary Vee | 39:28 | VW 50-54 | 50 | F | 122 | 41.85 | | | 1 |
| 251 | Daniel Aarons | 34:33 | JM 11-14 | 12 | M | 129 | 41.78 | | | 1 |
| 252 | Olivia Wood | 35:26 | SW 20-24 | 23 | F | 123 | 41.67 | | | 1 |
| 253 | Melly X | 39:40 | VW 50-54 | 50 | F | 124 | 41.64 | | | 1 |
| 254 | Arlo Emmett | 39:07 | JM 10 | 9 | M | 130 | 41.63 | | | 1 |
| 255 | Jo James | 37:13 | VW 40-44 | 42 | F | 125 | 41.24 | | | 3 |
| 256 | Harriet Milne | 36:11 | SW 25-29 | 28 | F | 126 | 40.81 | | | 1 |
| 257 | Emma Gorkisch | 44:22 | JW 10 | 9 | F | 127 | 40.42 | | | 1 |

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | CR? | Total Runs |
|------|-------------------|-------|----------|-----|--------|-----------|-----------------------|----------------|-----|------------|
| 258 | Adrian Brady | 36:20 | VM 45-49 | 49 | M | 131 | 40.28 | | | 1 |
| 259 | Bridie Whittle | 38:42 | VW 45-49 | 44 | F | 128 | 40.27 | | | 1 |
| 260 | Geoff Brighty | 38:37 | VM 55-59 | 56 | M | 132 | 40.01 | | | 1 |
| 261 | Craig Lewis | 36:56 | VM 45-49 | 47 | M | 133 | 39.03 | | | 1 |
| 262 | Julie Britton | 40:48 | VW 45-49 | 46 | F | 129 | 38.85 | Hay Hotfooters | | 1 |
| 263 | Charlie Whittle | 38:42 | JM 11-14 | 11 | M | 134 | 38.54 | | | 1 |
| 264 | Bethan Ledger | 39:17 | VW 35-39 | 38 | F | 130 | 38.23 | | | 2 |
| 265 | Lucy Allinson | 39:15 | SW 20-24 | 24 | F | 131 | 37.62 | | | 1 |
| 266 | Joanna Mitchell | 39:15 | SW 20-24 | 24 | F | 132 | 37.62 | | | 1 |
| 267 | Daniel Ricketts | 38:38 | JM 11-14 | 12 | M | 135 | 37.36 | Brecon AC | | 1 |
| 268 | Nikki Devaney | 39:40 | SW 20-24 | 24 | F | 133 | 37.23 | Brecon AC | | 1 |
| 269 | Adam Moss | 35:27 | SM 20-24 | 23 | M | 136 | 36.62 | | | 1 |
| 270 | Mollie Crawford | 40:48 | SW 25-29 | 27 | F | 134 | 36.19 | | | 1 |
| 271 | Merle Cordsen | 44:22 | VW 45-49 | 45 | F | 135 | 35.42 | | | 1 |
| 272 | James Stallabrass | 39:49 | JM 11-14 | 13 | M | 137 | 35.24 | | | 1 |
| 273 | Lisa Howard | 44:01 | VW 40-44 | 41 | F | 136 | 34.65 | | | 16 |
| 274 | Liz Smith | 52:21 | VW 55-59 | 58 | F | 137 | 34.57 | | | 2 |
| 275 | Sam Rawlinson | 40:48 | SM 30-34 | 31 | M | 138 | 31.99 | | | 1 |
| 276 | Heidi Oakley | 20:33 | JF | 6 | F | 138 | 24.97 | | | 1 |
| 277 | Luke Oakley | 22:07 | JM | 6 | M | 139 | 23.97 | | | 1 |
| 278 | Stephen Bartlett | 23:59 | VM 50-54 | 51 | M | 140 | 1.06 | | | 1 |