

# Hay Riverside Run (5k) Results By % WR

Weather  Date:  Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Sharon Collins	25:46	VW 55-59	56	F	68.63	Hay Hotfooters	24:26	<input type="checkbox"/>	<input type="checkbox"/>	35
2	Mick Collins	23:28	VM 55-59	55	M	65.34	Hay Hotfooters	23:07	<input type="checkbox"/>	<input type="checkbox"/>	18
3	Steve Goodridge	24:18	VM 55-59	58	M	64.68	Hay Hotfooters	22:47	<input type="checkbox"/>	<input type="checkbox"/>	56
4	Mark Hird	25:03	VM 60-64	61	M	64.27	Hay Hotfooters	24:44	<input type="checkbox"/>	<input type="checkbox"/>	21
5	Dilek Usta-Aarons	28:51	VW 40-44	43	F	53.61	Hay Hotfooters	25:24	<input type="checkbox"/>	<input type="checkbox"/>	12
6	Alan Nicholls	33:10	VM 70-74	70	M	52.66	Hay Hotfooters	28:52	<input type="checkbox"/>	<input type="checkbox"/>	24
7	Will Ford	26:13	VM 40-44	41	M	52.64	Hay Hotfooters	22:13	<input type="checkbox"/>	<input type="checkbox"/>	18
8	Andrew Ritchie	29:47	VM 45-49	49	M	49.13	Hay Hotfooters	26:44	<input type="checkbox"/>	<input type="checkbox"/>	31