

Hay Riverside Run (5k) Results By % WR

Weather A calm, bright morning

Date: 21 November 2020

Total Runners: 16

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Joe Collins	18:58	JM 15-17	16	M	69.86	Hay Hotfooters	19:45	Y	<input type="checkbox"/>	17
2	David Rees	25:23	VM 65-69	69	M	68.09	Hay Hotfooters	25:05		<input type="checkbox"/>	5
3	Ned Collins	20:14	JM 15-17	15	M	66.47	Hay Hotfooters	19:47		<input type="checkbox"/>	32
4	Sara Lake	25:12	VW 50-54	51	F	66.27	Hay Hotfooters	24:28		<input type="checkbox"/>	38
5	Mark Hird	24:44	VM 60-64	61	M	65.09	Hay Hotfooters	24:44		<input type="checkbox"/>	22
6	Sue Richards	31:19	VW 60-64	64	F	62.21	Hay Hotfooters	29:13		<input type="checkbox"/>	55
7	Eleanor Walczak	24:38	SW 30-34	31	F	59.95	Hay Hotfooters	23:48		<input type="checkbox"/>	11
8	Sharon Collins	29:37	VW 55-59	56	F	59.71	Hay Hotfooters	24:26		<input type="checkbox"/>	36
9	Mick Collins	25:48	VM 55-59	55	M	59.43	Hay Hotfooters	23:07		<input type="checkbox"/>	19
10	Sharon Lindesay	28:10	VW 50-54	51	F	59.29	Hay Hotfooters	24:27		<input type="checkbox"/>	35
11	Liz Harvey	26:27	VW 40-44	40	F	57.34	Hay Hotfooters	25:00		<input type="checkbox"/>	25
12	Paul Smith	26:28	VM 45-49	46	M	54.09	Hay Hotfooters	22:22		<input type="checkbox"/>	37
13	Dilek Usta-Aarons	29:18	VW 40-44	44	F	53.19	Hay Hotfooters	25:24		<input type="checkbox"/>	13
14	Philip Morris	28:41	VM 45-49	45	M	49.56	Hay Hotfooters	25:49		<input type="checkbox"/>	13
15	Andrew Ritchie	29:37	VM 45-49	49	M	49.41	Hay Hotfooters	26:44		<input type="checkbox"/>	32
16	Matt Sears	31:19	VM 45-49	47	M	46.04	Hay Hotfooters	26:56		<input type="checkbox"/>	3