

Hay Riverside Run (5k) Results By % WR

Weather Date: Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Steve Goodridge	23:41	VM 55-59	58	M	66.36	Hay Hotfooters	22:47	<input type="checkbox"/>	<input type="checkbox"/>	57
2	Mark Hird	25:05	VM 60-64	61	M	64.19	Hay Hotfooters	24:44	<input type="checkbox"/>	<input type="checkbox"/>	23
3	Eleanor Walczak	24:28	SW 30-34	32	F	60.42	Hay Hotfooters	23:48	<input type="checkbox"/>	<input type="checkbox"/>	12
4	Liz Harvey	27:00	VW 40-44	41	F	56.48	Hay Hotfooters	25:00	<input type="checkbox"/>	<input type="checkbox"/>	26
5	John Price	29:48	VM 60-64	63	M	54.92	Hay Hotfooters	23:24	<input type="checkbox"/>	<input type="checkbox"/>	63
6	Nick Wells	28:11	VM 50-54	53	M	53.58	Hay Hotfooters	25:05	<input type="checkbox"/>	<input type="checkbox"/>	26
7	Natalie Connors	30:48	SW 25-29	25	F	47.94	Hay Hotfooters	27:41	<input type="checkbox"/>	<input type="checkbox"/>	11