

# Hay Riverside Run (5k) Results

Weather: A winter's chill and damp

Date: 05 December 2020

Total Runners: 11

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Eleanor Griffiths	00:24:31	SW 30-34	32	F	1	60.30	Hay Hotfooters	23:48			13
2	Sharon Collins	00:25:18	VW 55-59	56	F	2	69.89	Hay Hotfooters	24:26			37
3	Steve Goodridge	00:25:33	VM 55-59	58	M	1	61.51	Hay Hotfooters	22:47			58
4	Mark Hird	00:25:51	VM 60-64	61	M	2	62.28	Hay Hotfooters	24:44			24
5	Liz Harvey	00:26:08	VW 40-44	41	F	3	58.35	Hay Hotfooters	25:00			27
6	John Price	00:26:43	VM 60-64	63	M	3	61.26	Hay Hotfooters	23:24			64
7	Brian Morgan	00:26:45	VM 50-54	52	M	4	56.01	Hay Hotfooters	21:50			48
8	Dilek Usta-Aarons	00:30:12	VW 40-44	44	F	4	51.60	Hay Hotfooters	25:24			14
9	Natalie Connors	00:30:27	SW 25-29	25	F	5	48.49	Hay Hotfooters	27:41			12
10	Sue Richards	00:31:29	VW 60-64	64	F	6	61.88	Hay Hotfooters	29:13			56
11	Alan Nicholls	00:33:51	VM 70-74	70	M	5	51.60	Hay Hotfooters	28:52			25