

Hay Riverside Run (5k) Results

Weather: Cold and wet. This time the rain started as Date: 19 December 2020 Total Runners: 9

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Mark Hird	00:26:49	VM 60-64	61	M	1	60.04	Hay Hotfooters	24:44			25
2	Sharon Collins	00:27:07	VW 55-59	56	F	1	65.21	Hay Hotfooters	24:26			39
3	Paul Smith	00:29:13	VM 45-49	46	M	2	49.00	Hay Hotfooters	22:22			38
4	Philip Morris	00:29:13	VM 45-49	45	M	3	48.66	Hay Hotfooters	25:49			14
5	Brian Morgan	00:29:14	VM 50-54	52	M	4	51.25	Hay Hotfooters	21:50			50
6	Sue Richards	00:30:49	VW 60-64	64	F	2	63.22	Hay Hotfooters	29:13			57
7	Alan Harry	00:33:34	VM 75-79	77	M	5	57.89	Hay Hotfooters	30:19			67
8	Ruth McDermott	00:36:05	VW 55-59	56	F	3	49.01	South Cheshire Ha	33:23			5
9	Paul McDermott	00:36:05	VM 55-59	56	M	6	42.82	South Cheshire Ha	26:04			7