

# Hay Riverside Run (5k) Results

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Liz Harvey	00:25:20	VW 40-44	41	F	1	60.20	Hay Hotfooters	25:00			29
2	Mick Collins	00:25:21	VM 55-59	56	M	1	60.95	Hay Hotfooters	23:07			23
3	Mark Hird	00:26:01	VM 60-64	61	M	2	61.88	Hay Hotfooters	24:29			29
4	Paul Tree	00:26:01	VM 50-54	54	M	3	58.49	Hay Hotfooters	23:40			23
5	Nigel Owen	00:27:10	VM 60-64	62	M	4	59.75	Hay Hotfooters	24:52			9
6	Paul Smith	00:28:03	VM 45-49	47	M	5	51.40	Hay Hotfooters	22:22			40
7	Lois Jones	00:29:07	VW 35-39	35	F	2	51.06		00:00	Y		2
8	Alan Nicholls	00:30:36	VM 70-74	71	M	6	57.79	Hay Hotfooters	28:52			30
9	Lucy Jardine	00:30:51	VW 50-54	53	F	3	55.38	Hay Hotfooters	29:49			15
10	Sue Richards	00:31:17	VW 65-69	65	F	4	63.08	Hay Hotfooters	29:13			61
11	Alan HARRY	00:32:31	VM 75-79	77	M	7	59.76	Hay Hotfooters	30:19			70
12	Kerry Lee	00:35:35	VW 45-49	49	F	5	45.95		00:00	Y		1