

Hay Riverside Run (5k) Results By % WR

Weather Warm, mild and summery

Date: 29 May 2021

Total Runners: 19

| Pos. | Name | Time | Age Cat | Age | Gender | % of Age World Record | Club | PB Time | PB? | CR? | Total Runs |
|------|--------------------|-------|----------|-----|--------|--------------------------|------------------------|---------|-----|--------------------------|------------|
| 1 | Eleanor Griffiths | 23:07 | SW 30-34 | 32 | F | 63.95 | Hay Hotfooters | 23:32 | Y | <input type="checkbox"/> | 18 |
| 2 | Mark Hird | 25:15 | VM 60-64 | 61 | M | 63.76 | Hay Hotfooters | 24:29 | | <input type="checkbox"/> | 29 |
| 3 | Sue Richards | 31:24 | VW 65-69 | 65 | F | 62.85 | Hay Hotfooters | 29:13 | | <input type="checkbox"/> | 61 |
| 4 | John Price | 26:19 | VM 60-64 | 64 | M | 62.76 | Hay Hotfooters | 23:24 | | <input type="checkbox"/> | 68 |
| 5 | Kevin Dunster | 25:28 | VM 55-59 | 59 | M | 62.17 | | 26:17 | Y | <input type="checkbox"/> | 2 |
| 6 | Paul McDermott | 25:28 | VM 55-59 | 57 | M | 61.19 | South Cheshire Harrier | 25:35 | Y | <input type="checkbox"/> | 10 |
| 7 | Nigel Owen | 26:44 | VM 60-64 | 62 | M | 60.72 | Hay Hotfooters | 24:52 | | <input type="checkbox"/> | 9 |
| 8 | Alan Harry | 32:41 | VM 75-79 | 77 | M | 59.46 | Hay Hotfooters | 30:19 | | <input type="checkbox"/> | 70 |
| 9 | Alan Nicholls | 30:12 | VM 70-74 | 71 | M | 58.55 | Hay Hotfooters | 28:52 | | <input type="checkbox"/> | 30 |
| 10 | Michael Gray | 23:11 | VM 35-39 | 37 | M | 57.87 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 11 | Caroline Clayton | 32:22 | VW 55-59 | 59 | F | 56.59 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 12 | Kitty Evans | 26:48 | SW 20-24 | 24 | F | 55.10 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 13 | Stefano Bertazzoli | 24:42 | SM 30-34 | 31 | M | 52.83 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 14 | Ruth McDermott | 34:23 | VW 55-59 | 57 | F | 52.01 | South Cheshire Harrier | 33:10 | | <input type="checkbox"/> | 8 |
| 15 | Taylor Jones | 28:25 | SW 25-29 | 25 | F | 51.96 | Hay Hotfooters | 28:51 | Y | <input type="checkbox"/> | 2 |
| 16 | Eleni Michalovtsou | 30:18 | SW 30-34 | 31 | F | 48.73 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 17 | Florent Dymala | 29:56 | SM 30-34 | 31 | M | 43.60 | | 00:00 | Y | <input type="checkbox"/> | 1 |
| 18 | Zohra Ahmadyar | 29:56 | SM 25-29 | 28 | M | 43.37 | | 00:00 | Y | <input type="checkbox"/> | 1 |