

Hay Riverside Run (5k) Results

Weather: Cooler and overcast

Date: 24 July 2021

Total Runners: 17

| Pos. | Name | Time | Age Cat | Age | Gender | Gend Pos. | % of Age World Record | Club | PB Time | PB? | CR? | Total Runs |
|------|-------------------|----------|----------|-----|--------|-----------|-----------------------|-------------------|---------|-----|-----|------------|
| 1 | Adam Hayes | 00:21:59 | SM 25-29 | 29 | M | 1 | 59.14 | | 00:00 | | | 1 |
| 2 | Peter Summers | 00:22:47 | VM 35-39 | 35 | M | 2 | 58.23 | | 22:47 | | | 3 |
| 3 | Eleanor Griffiths | 00:22:51 | SW 30-34 | 32 | F | 1 | 64.70 | Hay Hotfooters | 22:40 | | | 24 |
| 4 | Mick Collins | 00:23:54 | VM 55-59 | 56 | M | 3 | 64.64 | Hay Hotfooters | 23:07 | | | 27 |
| 5 | David Rees | 00:24:22 | VM 70-74 | 70 | M | 4 | 71.68 | Hay Hotfooters | 24:37 | Y | | 9 |
| 6 | Paul McDermott | 00:24:39 | VM 55-59 | 57 | M | 5 | 63.22 | South Cheshire Ha | 24:22 | | | 13 |
| 7 | Mark Hird | 00:25:45 | VM 60-64 | 61 | M | 6 | 62.52 | Hay Hotfooters | 24:29 | | | 34 |
| 8 | James Hancock | 00:26:14 | VM 35-39 | 36 | M | 7 | 50.83 | | 26:14 | | | 1 |
| 9 | Kate Hird | 00:27:20 | SW 25-29 | 29 | F | 2 | 54.02 | | 27:20 | | | 1 |
| 10 | Angela Price | 00:27:42 | VW 50-54 | 51 | F | 3 | 60.29 | Hay Hotfooters | 27:03 | | | 10 |
| 11 | Sharon Collins | 00:27:46 | VW 55-59 | 57 | F | 4 | 64.41 | Hay Hotfooters | 24:26 | | | 46 |
| 12 | Nigel Owen | 00:28:02 | VM 60-64 | 62 | M | 8 | 57.91 | Hay Hotfooters | 24:52 | | | 11 |
| 13 | Alonso Ponce | 00:30:31 | JM 10 | 9 | M | 9 | 53.36 | | 30:31 | | | 2 |
| 14 | Francisco Pnce | 00:30:31 | VM 35-39 | 37 | M | 10 | 43.97 | | 30:31 | | | 2 |
| 15 | Alan Harrhy | 00:31:29 | VM 75-79 | 78 | M | 11 | 63.00 | Hay Hotfooters | 30:19 | | | 76 |
| 16 | Meriel Ascott | 00:33:25 | VW 50-54 | 53 | F | 5 | 51.12 | | 33:25 | | | 1 |
| 17 | Ruth McDermott | 00:33:57 | VW 55-59 | 57 | F | 6 | 52.68 | South Cheshire Ha | 33:10 | | | 11 |