

# Hay Riverside Run (5k) Results By % WR

Weather Cool, calm summer's morning

Date: 10 July 2021

Total Runners: 19

Pos.	Name	Time	Age Cat	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	David Rees	24:37	VM 70-74	70	M	70.95	Hay Hotfooters	25:05	Y	<input type="checkbox"/>	8
2	Steve Goodridge	22:11	VM 55-59	58	M	70.85	Hay Hotfooters	22:29	Y	<input type="checkbox"/>	66
3	Sharon Collins	26:46	VW 55-59	57	F	66.81	Hay Hotfooters	24:26		<input type="checkbox"/>	44
4	Eleanor Griffiths	22:40	SW 30-34	32	F	65.22	Hay Hotfooters	22:45	Y	<input type="checkbox"/>	23
5	Joe Collins	20:13	JM 15-17	17	M	64.80	Hay Hotfooters	18:26		<input type="checkbox"/>	19
6	Sara Lake	26:22	VW 50-54	51	F	63.34	Hay Hotfooters	24:28		<input type="checkbox"/>	41
7	Kevin Dunster	25:04	VM 55-59	59	M	63.16		24:33		<input type="checkbox"/>	6
8	John Price	26:54	VM 60-64	64	M	61.40	Hay Hotfooters	23:24		<input type="checkbox"/>	73
9	Alan Harry	32:34	VM 75-79	78	M	60.90	Hay Hotfooters	30:19		<input type="checkbox"/>	74
10	Alan Nicholls	29:11	VM 70-74	70	M	59.85	Hay Hotfooters	28:39		<input type="checkbox"/>	34
11	Jessie Harcourt	30:13	VW 55-59	55	F	57.80		00:00		<input type="checkbox"/>	1
12	Alonso Pence	32:02	JM 10	8	M	53.64		00:00		<input type="checkbox"/>	1
13	Jo Silverwood	28:25	VW 35-39	37	F	52.67		29:27	Y	<input type="checkbox"/>	5
14	Isobelle Keith	28:17	SW 30-34	33	F	52.33		27:48		<input type="checkbox"/>	3
15	Elsa Voras	32:02	SW 30-34	33	F	46.20		00:00		<input type="checkbox"/>	1
16	Francisco Pence	32:02	VM 35-39	37	M	41.88		00:00		<input type="checkbox"/>	1