

Hay Riverside Run (5k) Results

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Hugo Richardson	00:20:20	JM 11-14	14	M	1	67.38		00:00			1
2	Dave Prosser-Painting	00:21:16	VM 45-49	47	M	2	67.79		21:22	Y		4
3	Eleanor Griffiths	00:22:30	SW 30-34	32	F	1	65.70	Hay Hotfooters	22:28			26
4	Mick Collins	00:23:02	VM 55-59	56	M	3	67.08	Hay Hotfooters	23:07	Y		29
5	Paul McDermott	00:23:24	VM 55-59	57	M	4	66.60	South Cheshire Ha	24:22	Y		14
6	Kevin Brady	00:23:37	VM 45-49	47	M	5	61.04	White Horse Harri	25:32	Y		4
7	David Rees	00:24:24	VM 70-74	70	M	6	71.58	Hay Hotfooters	24:22			10
8	Francisco Ponce	00:24:51	VM 35-39	37	M	7	53.99		30:31	Y		3
9	Joeski Rogerson	00:25:10	SM 30-34	31	M	8	51.85		00:00			
10	Angus Rose	00:25:28	VM 50-54	53	M	9	59.29		00:00			1
11	Nick Wells	00:25:44	VM 50-54	54	M	10	59.13	Hay Hotfooters	25:05			33
12	Sharon Collins	00:26:11	VW 55-59	57	F	2	68.30	Hay Hotfooters	24:26			48
13	John Price	00:26:32	VM 60-64	64	M	11	62.25	Hay Hotfooters	23:24			75
14	Edith Rose	00:28:44	JW 11-14	12	F	3	57.37		00:00			1
15	Melanie Maltz	00:28:44	VW 50-54	50	F	4	57.48		00:00			1
16	Alonso Ponce	00:30:55	JM 10	9	M	12	52.67		30:31			3
17	Diego Ponce	00:30:56	VM 35-39	36	M	13	43.10		00:00			1
18	Heidi Shutts	00:33:10	VW 40-44	43	F	5	46.63		00:00			1
19	Oakley Shutts	00:33:10	JM	8	M	14	51.81		00:00			1
20	Ruth McDermott	00:33:54	VW 55-59	57	F	6	52.75	South Cheshire Ha	33:10			12