

Hay Riverside Run (5k) Results

Weather Warm and drizzly. Perfect running conditio

Date: 14 August 2021

Total Runners: 23

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Greg Chance	00:20:18	VM 40-44	41	M	1	65.85	Bristol & West	00:00			1
2	Janak Subberwal	00:21:03	JM 15-17	16	M	2	64.53	Heathside London	20:57			2
3	Dave Prosser-Painting	00:21:06	VM 45-49	47	M	3	69.12		21:16	Y		5
4	Peter Summers	00:21:53	VM 35-39	35	M	4	58.87		22:47	Y		4
5	Eleanor Griffiths	00:22:27	SW 30-34	32	F	1	62.88	Hay Hotfooters	22:28	Y		27
6	Steve Goodridge	00:22:44	VM 55-59	59	M	5	69.72	Hay Hotfooters	21:44			68
7	Diego Ponce	00:22:52	VM 35-39	36	M	6	56.56		30:56	Y		2
8	Mick Collins	00:23:02	VM 55-59	56	M	7	67.73	Hay Hotfooters	23:02			30
9	Mark Hird	00:25:28	VM 60-64	61	M	8	63.09	Hay Hotfooters	24:29			35
10	Sharon Collins	00:25:36	VW 55-59	57	F	2	69.08	Hay Hotfooters	24:26			49
11	Taylor Jones	00:26:24	SW 25-29	25	F	3	53.47	Hay Hotfooters	28:13	Y		6
12	Helen Corbishley	00:26:39	VW 45-49	45	F	4	59.79		00:00			1
13	John Price	00:27:05	VM 60-64	64	M	9	60.86	Hay Hotfooters	23:24			76
14	Rajan Subberwal	00:27:50	VW 45-49	48	F	5	59.22	Heathside London	37:37	Y		2
15	Maarten Lossie	00:28:38	VM 40-44	40	M	10	45.81		00:00			1
16	Alan Nicholls	00:29:14	VM 70-74	70	M	11	62.49	Hay Hotfooters	28:31			37
17	Alonso Ponce	00:31:15	JM 10	9	M	12	52.11		30:31			4
18	Francisco Ponce	00:31:16	VM 35-39	37	M	13	41.52		24:51			4
19	Alan Harry	00:32:14	VM 75-79	78	M	14	62.72	Hay Hotfooters	30:19			78
20	Andrew Ritchie	00:35:18	VM 50-54	50	M	15	42.16	Hay Hotfooters	26:44			33
21	Cath Hughes	00:35:24	VW 55-59	57	F	6	49.95		00:00			1

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22	Clare Holden	00:36:57	VW 35-39	49	F	7	45.06		39:07	Y		2
23	Gemma Spencer	00:37:48	SW 20-24	20	F	8	37.35		00:00			1