

# Hay Riverside Run (5k) Results

Weather: Mild and overcast

Date: 28 August 2021

Total Runners: 26

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Ben Merriman	00:18:00	JM 15-17	16	M	1	75.46	Hay Hotfooters	18:48	Y	Y	8
2	Dave Prosser-Painting	00:20:41	VM 45-49	47	M	2	70.51		21:06	Y		6
3	Peter Summers	00:21:03	VM 35-39	35	M	3	61.20	Hay Hotfooters	21:53	Y		6
4	Owen Bowers	00:21:10	VM 40-44	43	M	4	65.51	Brecon AC	00:00			1
5	Eleanor Griffiths	00:22:21	SW 30-34	32	F	1	63.16	Hay Hotfooters	22:27	Y		29
6	Ellie Merriman	00:22:32	JW 18-19	20	F	2	62.65	Hay Hotfooters	22:17			6
7	Mick Collins	00:22:51	VM 55-59	56	M	5	68.27	Hay Hotfooters	23:02	Y		32
8	Nick Tickner	00:23:05	VM 45-49	45	M	6	62.31		00:00			1
9	Alex Tickner	00:23:27	JM 15-17	15	M	7	60.13		00:00			1
10	Joe Cruxon	00:23:45	SM 30-34	30	M	8	52.98		24:35	Y		3
11	Andrew Merriman	00:23:45	VM 45-49	48	M	9	61.82	Hay Hotfooters	22:05			9
12	Paul McDermott	00:23:52	VM 55-59	57	M	10	65.71	South Cheshire Ha	23:24			15
13	Kevin Brady	00:23:53	VM 45-49	47	M	11	61.06	White Horse Harri	23:37			5
14	Mark Hird	00:24:46	VM 60-64	61	M	12	64.87	Hay Hotfooters	24:29			36
15	Malc Gonnella	00:24:49	VM 65-69	67	M	13	69.64	Fairwater Cwmbra	00:00			1
16	George Brady	00:24:50	JM 15-17	15	M	14	56.78		00:00			1
17	Harrison Brady	00:24:50	JM 15-17	17	M	15	51.95		22:50			2
18	Nick Wells	00:25:46	VM 50-54	54	M	16	59.77	Hay Hotfooters	25:05			35
19	Sharon Collins	00:26:06	VW 55-59	57	F	3	67.75	Hay Hotfooters	24:26			51
20	Alan Harry	00:31:41	VM 75-79	78	M	17	63.81	Hay Hotfooters	30:19			80
21	Alan Nicholls	00:31:42	VM 70-74	70	M	18	57.62	Hay Hotfooters	28:31			38

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22	Priscilla Tickner	00:31:46	VW 45-49	46	F	4	50.73		00:00			1
23	Miriam Kempson	00:31:47	VW 55-59	57	F	5	55.64	Chiltern Harriers A	00:00			1
24	Jo Brady	00:32:05	VW 45-49	48	F	6	51.38		30:57			3
25	Robyn Collins	00:32:13	SW 20-24	23	F	7	43.82		30:40			3
26	Ruth McDermott	00:34:04	VW 55-59	57	F	8	51.91	South Cheshire Ha	33:10			13