

Fforest fields Winter XC - MEN Results

Weather: Warm & Sunny

Date: 10 October 2021

Total Runners: 115

| Pos. | Name | Race No. | Time | Age Cat | Age | M/F | Gend Pos. | % of Age WR | Club | PB Time | PB? | CR? | Total Runs |
|------|------------------|----------|----------|----------|-----|-----|-----------|-------------|------------------------|---------|-----|-----|------------|
| 1 | Matthew Yapp | 682 | 00:35:39 | SM | 23 | M | 1 | 73.45 | Croft Ambrey R.C. | | | Y | |
| 2 | Tim Iveson | 114 | 00:35:58 | SM | 39 | M | 2 | 76.78 | Builth & District R.C. | | | | |
| 3 | Sam Butler | 569 | 00:36:02 | SM | 27 | M | 3 | 72.66 | Presteigne Pacers | | | | |
| 4 | Robin Woods | 168 | 00:36:03 | VM 40-44 | 44 | M | 4 | 81.41 | Builth & District R.C. | | | | |
| 5 | Gareth Leek | 633 | 00:36:35 | SM | 31 | M | 5 | 71.57 | Croft Ambrey R.C. | | | | |
| 6 | Chris Grubb | 544 | 00:36:36 | VM 40-44 | 40 | M | 6 | 76.00 | Ledbury & District H | | | | |
| 7 | Matt James | 355 | 00:36:41 | SM | 36 | M | 7 | 78.51 | Hereford Couriers | | | | |
| 8 | Luke Gray | 252 | 00:36:45 | SM | 36 | M | 8 | 78.37 | Monross Trailblazers | | | | |
| 9 | Phil Morris | 129 | 00:37:17 | VM 40-44 | 43 | M | 9 | 77.69 | Builth & District R.C. | | | | |
| 10 | Jamie Shingler | 222 | 00:37:51 | VM 45-49 | 47 | M | 10 | 79.66 | Ludlow Runners | | | | |
| 11 | Eric Apperley | 594 | 00:37:54 | SM | 26 | M | 11 | 69.09 | Croft Ambrey R.C. | | | | |
| 12 | Luke Mason | 378 | 00:37:59 | SM | 34 | M | 12 | 68.93 | Hereford Couriers | | | | |
| 13 | Andy Fisher | 715 | 00:38:12 | VM 50-54 | 50 | M | 13 | 80.67 | Hereford Triathlon C | | | | |
| 14 | Luke Rudd | 416 | 00:38:18 | SM | 24 | M | 14 | 68.36 | Hereford Couriers | | | | |
| 15 | Sam Mayglothling | 696 | 00:38:55 | SM | 36 | M | 15 | 74.00 | Hereford Triathlon C | | | | |
| 16 | Scott Kennedy | 363 | 00:39:13 | VM 40-44 | 44 | M | 16 | 74.84 | Hereford Couriers | | | | |
| 17 | Alex Logan | 237 | 00:39:14 | VM 40-44 | 42 | M | 17 | 72.85 | Ludlow Runners | | | | |
| 18 | Jasper Robinson | 664 | 00:39:18 | SM | 20 | M | 18 | 66.62 | Croft Ambrey R.C. | | | | |
| 19 | Ross Cameron | 292 | 00:39:37 | SM | 22 | M | 19 | 66.09 | Hereford Couriers | | | | |
| 20 | Lee Price | 138 | 00:40:09 | VM 45-49 | 46 | M | 20 | 74.60 | Builth & District R.C. | | | | |
| 21 | Owen Graham | 337 | 00:40:15 | SM | 26 | M | 21 | 65.05 | Hereford Couriers | | | | |

| Pos. | Name | Race No. | Time | Age Cat | Age | M/F | Gen Pos. | % of Age WR | Club | PB Time | PB? | CR? | Total Runs |
|------|---------------------|----------|----------|----------|-----|-----|-------------|----------------|------------------------|---------|-----|-----|---------------|
| 22 | Ryan Lawrence | 369 | 00:40:18 | SM | 30 | M | 22 | 64.97 | Hereford Couriers | | | | |
| 23 | Ryan Knight | 366 | 00:41:02 | SM | 27 | M | 23 | 63.81 | Hereford Couriers | | | | |
| 24 | James Morgan | 694 | 00:41:19 | VM 40-44 | 40 | M | 24 | 67.33 | Hereford Triathlon C | | | | |
| 25 | Gavin Jones | 256 | 00:41:21 | SM | 29 | M | 25 | 63.32 | Monross Trailblazers | | | | |
| 26 | Simon Norwood | 647 | 00:41:50 | VM 50-54 | 51 | M | 26 | 74.14 | Croft Ambrey R.C. | | | | |
| 27 | Grant Womack | 678 | 00:42:04 | VM 40-44 | 40 | M | 27 | 66.13 | Croft Ambrey R.C. | | | | |
| 28 | Ed Bullock | 6 | 00:42:14 | SM | 31 | M | 28 | 62.00 | Wye Valley Runners | 32:49 | | | 2 |
| 29 | Haydn O'Reilly | 134 | 00:42:37 | VM 40-44 | 43 | M | 29 | 67.97 | Builth & District R.C. | | | | |
| 30 | George Bartlett | 346 | 00:42:41 | SM | 29 | M | 30 | 61.34 | Hereford Couriers | | | | |
| 31 | Stafford Rees | 146 | 00:42:43 | VM 50-54 | 51 | M | 31 | 72.61 | Builth & District R.C. | | | | |
| 32 | Stephen Hambridge | 107 | 00:42:47 | VM 40-44 | 42 | M | 32 | 66.81 | Builth & District R.C. | | | | |
| 33 | Adrian Taylor | 564 | 00:42:50 | VM 50-54 | 52 | M | 33 | 72.88 | Presteigne Pacers | | | | |
| 34 | Ben Skinner | 425 | 00:43:02 | SM | 36 | M | 34 | 66.92 | Hereford Couriers | | | | |
| 35 | Lea Wood | 75 | 00:43:10 | SM | 37 | M | 35 | 63.05 | Wye Valley Runners | | | | |
| 36 | Kieran Merrick | 383 | 00:43:16 | SM | 26 | M | 36 | 60.52 | Hereford Couriers | | | | |
| 37 | Richard Bevan | 243 | 00:43:29 | VM 45-49 | 47 | M | 37 | 69.34 | Monross Trailblazers | | | | |
| 38 | Nigel Taylor | 668 | 00:43:41 | VM 55-59 | 55 | M | 38 | 72.95 | Croft Ambrey R.C. | | | | |
| 39 | Christopher Harness | 253 | 00:44:13 | VM 40-44 | 44 | M | 39 | 66.38 | Monross Trailblazers | | | | |
| 40 | Andrew Stephens | 264 | 00:44:25 | VM 45-49 | 47 | M | 40 | 67.88 | Monross Trailblazers | | | | |
| 41 | Douglas Glasgow | 572 | 00:44:33 | SM | 32 | M | 41 | 58.77 | Presteigne Pacers | | | | |
| 42 | Joe Collins | 479 | 00:44:44 | JM U20 | 17 | M | 42 | 60.47 | Hay Hotfooters | | | | |
| 43 | Richard Bullass | 172 | 00:44:59 | SM | 27 | M | 43 | 58.21 | Builth & District R.C. | | | | |
| 44 | Martin Carter | 296 | 00:45:05 | VM 55-59 | 56 | M | 44 | 71.46 | Hereford Couriers | | | | |
| 45 | George Ware | 448 | 00:45:09 | SM | 24 | M | 45 | 57.99 | Hereford Couriers | | | | |

| Pos. | Name | Race No. | Time | Age Cat | Age | M/F | Gend Pos. | % of Age WR | Club | PB Time | PB? | CR? | Total Runs |
|------|------------------|----------|----------|----------|-----|-----|-----------|-------------|------------------------|---------|-----|-----|------------|
| 46 | Harry Woodhouse | 459 | 00:45:13 | SM | 20 | M | 46 | 57.91 | Hereford Couriers | | | | |
| 47 | Dai Harris | 110 | 00:45:23 | SM | 37 | M | 47 | 59.97 | Builth & District R.C. | | | | |
| 48 | Chris Law | 542 | 00:45:36 | VM 55-59 | 56 | M | 48 | 70.65 | Ledbury & District H | | | | |
| 49 | Jonathan Sims | 174 | 00:45:46 | SM | 33 | M | 49 | 57.21 | Builth & District R.C. | | | | |
| 50 | Peter Summers | 532 | 00:45:57 | SM | 35 | M | 50 | 58.43 | Hay Hotfooters | | | | |
| 51 | IAN CHUBB | 188 | 00:46:07 | VM 50-54 | 52 | M | 51 | 67.69 | Ludlow Runners | | | | |
| 52 | Kevin Kerrigan | 364 | 00:46:17 | SM | 24 | M | 52 | 56.57 | Hereford Couriers | | | | |
| 53 | Matthew Sullivan | 175 | 00:46:34 | SM | 29 | M | 53 | 56.23 | Builth & District R.C. | | | | |
| 54 | Paul Mammatt | 704 | 00:46:36 | VM 50-54 | 53 | M | 54 | 67.45 | Hereford Triathlon C | | | | |
| 55 | Craig Bufton | 85 | 00:46:36 | SM | 39 | M | 55 | 59.26 | Builth & District R.C. | | | | |
| 56 | Steve Goodridge | 492 | 00:46:59 | VM 55-59 | 59 | M | 56 | 70.88 | Hay Hotfooters | | | | |
| 57 | Alex Tootell | 723 | 00:47:13 | VM 45-49 | 47 | M | 57 | 63.85 | Hereford Triathlon C | | | | |
| 58 | Mark Dunn | 29 | 00:47:19 | VM 55-59 | 57 | M | 58 | 68.83 | Wye Valley Runners | | | | |
| 59 | Andy Ware | 693 | 00:47:28 | VM 50-54 | 54 | M | 59 | 66.68 | Hereford Triathlon C | | | | |
| 60 | Andy Taylor | 691 | 00:47:28 | VM 45-49 | 49 | M | 60 | 64.47 | Hereford Triathlon C | | | | |
| 61 | David Millichap | 640 | 00:47:36 | VM 50-54 | 52 | M | 61 | 65.58 | Croft Ambrey R.C. | | | | |
| 62 | Chris Smart | 426 | 00:48:14 | VM 55-59 | 56 | M | 62 | 66.79 | Hereford Couriers | | | | |
| 63 | Daniel Pavitt | 215 | 00:48:31 | VM 55-59 | 56 | M | 63 | 66.40 | Ludlow Runners | | | | |
| 64 | Michael Powell | 399 | 00:48:40 | VM 50-54 | 50 | M | 64 | 63.32 | Hereford Couriers | | | | |
| 65 | Peter Bowen | 4 | 00:49:06 | VM 60-64 | 60 | M | 65 | 68.53 | Wye Valley Runners | 31:56 | | | 2 |
| 66 | James Fletcher | 248 | 00:49:09 | VM 55-59 | 55 | M | 66 | 64.84 | Monross Trailblazers | | | | |
| 67 | David Francis | 103 | 00:49:24 | VM 50-54 | 50 | M | 67 | 62.38 | Builth & District R.C. | | | | |
| 68 | Paul Bouston | 716 | 00:49:43 | VM 50-54 | 53 | M | 68 | 63.22 | Hereford Triathlon C | | | | |
| 69 | Dave Barrett | 595 | 00:49:52 | VM 50-54 | 54 | M | 69 | 63.47 | Croft Ambrey R.C. | | | | |

| Pos. | Name | Race No. | Time | Age Cat | Age | M/F | Gend Pos. | % of Age WR | Club | PB Time | PB? | CR? | Total Runs |
|------|----------------------|----------|----------|----------|-----|-----|-----------|-------------|------------------------|---------|-----|-----|------------|
| 70 | Paddy Nugent | 51 | 00:50:00 | VM 60-64 | 60 | M | 70 | 67.30 | Wye Valley Runners | | | | |
| 71 | Roland Preece | 658 | 00:50:04 | VM 55-59 | 55 | M | 71 | 63.65 | Croft Ambrey R.C. | | | | |
| 72 | Aaron Smart | 467 | 00:50:07 | SM | 24 | M | 72 | 52.24 | Hereford Couriers | | | | |
| 73 | Ashley Robinson | 663 | 00:50:13 | VM 70-74 | 71 | M | 73 | 76.37 | Croft Ambrey R.C. | | | | |
| 74 | Lee Nicholson | 133 | 00:50:17 | SM | 32 | M | 74 | 52.07 | Builth & District R.C. | | | | |
| 75 | Rob Connell | 306 | 00:50:33 | VM 60-64 | 61 | M | 75 | 67.00 | Hereford Couriers | | | | |
| 76 | John Jaspers | 356 | 00:50:42 | VM 50-54 | 51 | M | 76 | 61.18 | Hereford Couriers | | | | |
| 77 | Christopher Padfield | 551 | 00:50:53 | VM 45-49 | 47 | M | 77 | 59.25 | Ledbury & District H | | | | |
| 78 | Ed Hogan | 558 | 00:51:09 | VM 40-44 | 43 | M | 78 | 56.63 | Ledbury & District H | | | | |
| 79 | James Papworth | 710 | 00:51:31 | VM 50-54 | 52 | M | 79 | 60.60 | Hereford Triathlon C | | | | |
| 80 | Kevin Dunster | 531 | 00:51:48 | VM 55-59 | 59 | M | 80 | 64.29 | Hay Hotfooters | | | | |
| 81 | Peter Cartwright | 186 | 00:51:57 | VM 65-69 | 65 | M | 81 | 66.79 | Ludlow Runners | | | | |
| 82 | Steve Herington | 344 | 00:52:12 | VM 70-74 | 73 | M | 82 | 74.49 | Hereford Couriers | | | | |
| 83 | Paul Parker | 213 | 00:52:15 | VM 45-49 | 49 | M | 83 | 58.56 | Ludlow Runners | | | | |
| 84 | Mick Collins | 481 | 00:52:52 | VM 55-59 | 56 | M | 84 | 60.94 | Hay Hotfooters | | | | |
| 85 | Michael Hodges | 173 | 00:52:55 | VM 65-69 | 66 | M | 85 | 66.83 | Builth & District R.C. | | | | |
| 86 | Clive Richardson | 221 | 00:53:07 | VM 65-69 | 65 | M | 86 | 65.33 | Ludlow Runners | | | | |
| 87 | David Sutherland | 158 | 00:53:25 | VM 60-64 | 64 | M | 87 | 64.56 | Builth & District R.C. | 53:00 | | | 1 |
| 88 | Robert Price | 142 | 00:53:29 | VM 45-49 | 49 | M | 88 | 57.21 | Builth & District R.C. | | | | |
| 89 | Colin Lancaster | 203 | 00:53:38 | VM 60-64 | 60 | M | 89 | 62.74 | Ludlow Runners | | | | |
| 90 | John Parry | 171 | 00:53:44 | VM 65-69 | 67 | M | 90 | 67.06 | Builth & District R.C. | | | | |
| 91 | Johnny Kramer | 525 | 00:53:49 | VM 55-59 | 58 | M | 91 | 61.20 | Hay Hotfooters | | | | |
| 92 | Iain Hutchinson | 701 | 00:53:54 | SM | 38 | M | 92 | 50.87 | Hereford Triathlon C | | | | |
| 93 | Gary Gunner | 618 | 00:54:14 | VM 75-79 | 75 | M | 93 | 72.68 | Croft Ambrey R.C. | | | | |

| Pos. | Name | Race No. | Time | Age Cat | Age | M/F | Gend Pos. | % of Age WR | Club | PB Time | PB? | CR? | Total Runs |
|------|----------------------|----------|----------|----------|-----|-----|-----------|-------------|------------------------|---------|-----|-----|------------|
| 94 | Ian Price | 660 | 00:54:20 | VM 70-74 | 73 | M | 94 | 71.56 | Croft Ambrey R.C. | | | | |
| 95 | Thomas Powell | 219 | 00:54:32 | SM | 35 | M | 95 | 49.24 | Ludlow Runners | | | | |
| 96 | Mike Shaw | 698 | 00:54:33 | VM 70-74 | 70 | M | 96 | 69.78 | Hereford Triathlon C | | | | |
| 97 | Jamie Cook | 570 | 00:54:44 | VM 60-64 | 60 | M | 97 | 61.48 | Presteigne Pacers | | | | |
| 98 | Kevin Barnes | 282 | 00:55:21 | VM 55-59 | 58 | M | 98 | 59.50 | Hereford Couriers | | | | |
| 99 | Ben Brown | 289 | 00:55:49 | SM | 27 | M | 99 | 46.91 | Hereford Couriers | | | | |
| 100 | Phillip Harris | 111 | 00:55:55 | SM | 39 | M | 100 | 49.39 | Builth & District R.C. | | | | |
| 101 | Owen Cooper | 88 | 00:55:59 | VM 70-74 | 73 | M | 101 | 69.46 | Builth & District R.C. | | | | |
| 102 | Ian Foster | 692 | 00:56:08 | VM 50-54 | 50 | M | 102 | 54.90 | Hereford Triathlon C | | | | |
| 103 | Guy Whitmarsh | 674 | 00:56:19 | VM 75-79 | 77 | M | 103 | 72.30 | Croft Ambrey R.C. | | | | |
| 104 | Martin Potter | 707 | 00:57:34 | VM 50-54 | 51 | M | 104 | 53.88 | Hereford Triathlon C | | | | |
| 105 | Daniel Graham | 170 | 00:57:46 | SM | 27 | M | 105 | 45.33 | Builth & District R.C. | | | | |
| 106 | Don Lovejoy | 206 | 00:57:58 | VM 65-69 | 69 | M | 106 | 64.49 | Ludlow Runners | | | | |
| 107 | Saul Phillips | 218 | 00:58:12 | VM 40-44 | 41 | M | 107 | 48.45 | Ludlow Runners | | | | |
| 108 | Tony Stanley | 224 | 00:58:28 | VM 60-64 | 63 | M | 108 | 58.64 | Ludlow Runners | | | | |
| 109 | Mark Hollis | 236 | 00:58:59 | VM 45-49 | 47 | M | 109 | 51.12 | Ludlow Runners | | | | |
| 110 | Gareth Morris | 130 | 01:01:04 | VM 55-59 | 57 | M | 110 | 53.33 | Builth & District R.C. | | | | |
| 111 | John Price | 508 | 01:05:20 | VM 60-64 | 64 | M | 111 | 52.78 | Hay Hotfooters | | | | |
| 112 | Oliver Cameron-Swann | 685 | 01:06:09 | VM 45-49 | 47 | M | 112 | 45.58 | Croft Ambrey R.C. | | | | |
| 113 | Alan HARRY | 494 | 01:09:59 | VM 75-79 | 78 | M | 113 | 59.11 | Hay Hotfooters | | | | |
| 114 | Tom Davies | 607 | 01:12:31 | VM 70-74 | 73 | M | 114 | 53.62 | Croft Ambrey R.C. | | | | |
| 115 | Bryan Markham | 638 | 01:15:01 | VM 80-84 | 81 | M | 115 | 59.14 | Croft Ambrey R.C. | | | | |
| 116 | John Noonan | 393 | 01:16:16 | VM 60-64 | 63 | M | 116 | 44.95 | Hereford Couriers | | | | |