

Fforest fields Winter XC - MEN Results

Weather: Warm & Sunny

Date: 10 October 2021

Total Runners: 115

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	Gend Pos.	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Matthew Yapp	682	00:35:39	SM	23	M	1	73.45	Croft Ambrey R.C.			Y	
2	Tim Iveson	114	00:35:58	SM	39	M	2	76.78	Builth & District R.C.				
3	Sam Butler	569	00:36:02	SM	27	M	3	72.66	Presteigne Pacers				
4	Robin Woods	168	00:36:03	VM 40-44	44	M	4	81.41	Builth & District R.C.				
5	Gareth Leek	633	00:36:35	SM	31	M	5	71.57	Croft Ambrey R.C.				
6	Chris Grubb	544	00:36:36	VM 40-44	40	M	6	76.00	Ledbury & District H				
7	Matt James	355	00:36:41	SM	36	M	7	78.51	Hereford Couriers				
8	Luke Gray	252	00:36:45	SM	36	M	8	78.37	Monross Trailblazers				
9	Phil Morris	129	00:37:17	VM 40-44	43	M	9	77.69	Builth & District R.C.				
10	Jamie Shingler	222	00:37:51	VM 45-49	47	M	10	79.66	Ludlow Runners				
11	Eric Apperley	594	00:37:54	SM	26	M	11	69.09	Croft Ambrey R.C.				
12	Luke Mason	378	00:37:59	SM	34	M	12	68.93	Hereford Couriers				
13	Andy Fisher	715	00:38:12	VM 50-54	50	M	13	80.67	Hereford Triathlon C				
14	Luke Rudd	416	00:38:18	SM	24	M	14	68.36	Hereford Couriers				
15	Sam Mayglothling	696	00:38:55	SM	36	M	15	74.00	Hereford Triathlon C				
16	Scott Kennedy	363	00:39:13	VM 40-44	44	M	16	74.84	Hereford Couriers				
17	Alex Logan	237	00:39:14	VM 40-44	42	M	17	72.85	Ludlow Runners				
18	Jasper Robinson	664	00:39:18	SM	20	M	18	66.62	Croft Ambrey R.C.				
19	Ross Cameron	292	00:39:37	SM	22	M	19	66.09	Hereford Couriers				
20	Lee Price	138	00:40:09	VM 45-49	46	M	20	74.60	Builth & District R.C.				
21	Owen Graham	337	00:40:15	SM	26	M	21	65.05	Hereford Couriers				

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22	Ryan Lawrence	369	00:40:18	SM	30	M	22	64.97	Hereford Couriers				
23	Ryan Knight	366	00:41:02	SM	27	M	23	63.81	Hereford Couriers				
24	James Morgan	694	00:41:19	VM 40-44	40	M	24	67.33	Hereford Triathlon C				
25	Gavin Jones	256	00:41:21	SM	29	M	25	63.32	Monross Trailblazers				
26	Simon Norwood	647	00:41:50	VM 50-54	51	M	26	74.14	Croft Ambrey R.C.				
27	Grant Womack	678	00:42:04	VM 40-44	40	M	27	66.13	Croft Ambrey R.C.				
28	Ed Bullock	6	00:42:14	SM	31	M	28	62.00	Wye Valley Runners	32:49			2
29	Haydn O'Reilly	134	00:42:37	VM 40-44	43	M	29	67.97	Builth & District R.C.				
30	George Bartlett	346	00:42:41	SM	29	M	30	61.34	Hereford Couriers				
31	Stafford Rees	146	00:42:43	VM 50-54	51	M	31	72.61	Builth & District R.C.				
32	Stephen Hambridge	107	00:42:47	VM 40-44	42	M	32	66.81	Builth & District R.C.				
33	Adrian Taylor	564	00:42:50	VM 50-54	52	M	33	72.88	Presteigne Pacers				
34	Ben Skinner	425	00:43:02	SM	36	M	34	66.92	Hereford Couriers				
35	Lea Wood	75	00:43:10	SM	37	M	35	63.05	Wye Valley Runners				
36	Kieran Merrick	383	00:43:16	SM	26	M	36	60.52	Hereford Couriers				
37	Richard Bevan	243	00:43:29	VM 45-49	47	M	37	69.34	Monross Trailblazers				
38	Nigel Taylor	668	00:43:41	VM 55-59	55	M	38	72.95	Croft Ambrey R.C.				
39	Christopher Harness	253	00:44:13	VM 40-44	44	M	39	66.38	Monross Trailblazers				
40	Andrew Stephens	264	00:44:25	VM 45-49	47	M	40	67.88	Monross Trailblazers				
41	Douglas Glasgow	572	00:44:33	SM	32	M	41	58.77	Presteigne Pacers				
42	Joe Collins	479	00:44:44	JM U20	17	M	42	60.47	Hay Hotfooters				
43	Richard Bullass	172	00:44:59	SM	27	M	43	58.21	Builth & District R.C.				
44	Martin Carter	296	00:45:05	VM 55-59	56	M	44	71.46	Hereford Couriers				
45	George Ware	448	00:45:09	SM	24	M	45	57.99	Hereford Couriers				

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46	Harry Woodhouse	459	00:45:13	SM	20	M	46	57.91	Hereford Couriers				
47	Dai Harris	110	00:45:23	SM	37	M	47	59.97	Builth & District R.C.				
48	Chris Law	542	00:45:36	VM 55-59	56	M	48	70.65	Ledbury & District H				
49	Jonathan Sims	174	00:45:46	SM	33	M	49	57.21	Builth & District R.C.				
50	Peter Summers	532	00:45:57	SM	35	M	50	58.43	Hay Hotfooters				
51	IAN CHUBB	188	00:46:07	VM 50-54	52	M	51	67.69	Ludlow Runners				
52	Kevin Kerrigan	364	00:46:17	SM	24	M	52	56.57	Hereford Couriers				
53	Matthew Sullivan	175	00:46:34	SM	29	M	53	56.23	Builth & District R.C.				
54	Paul Mammatt	704	00:46:36	VM 50-54	53	M	54	67.45	Hereford Triathlon C				
55	Craig Bufton	85	00:46:36	SM	39	M	55	59.26	Builth & District R.C.				
56	Steve Goodridge	492	00:46:59	VM 55-59	59	M	56	70.88	Hay Hotfooters				
57	Alex Tootell	723	00:47:13	VM 45-49	47	M	57	63.85	Hereford Triathlon C				
58	Mark Dunn	29	00:47:19	VM 55-59	57	M	58	68.83	Wye Valley Runners				
59	Andy Ware	693	00:47:28	VM 50-54	54	M	59	66.68	Hereford Triathlon C				
60	Andy Taylor	691	00:47:28	VM 45-49	49	M	60	64.47	Hereford Triathlon C				
61	David Millichap	640	00:47:36	VM 50-54	52	M	61	65.58	Croft Ambrey R.C.				
62	Chris Smart	426	00:48:14	VM 55-59	56	M	62	66.79	Hereford Couriers				
63	Daniel Pavitt	215	00:48:31	VM 55-59	56	M	63	66.40	Ludlow Runners				
64	Michael Powell	399	00:48:40	VM 50-54	50	M	64	63.32	Hereford Couriers				
65	Peter Bowen	4	00:49:06	VM 60-64	60	M	65	68.53	Wye Valley Runners	31:56			2
66	James Fletcher	248	00:49:09	VM 55-59	55	M	66	64.84	Monross Trailblazers				
67	David Francis	103	00:49:24	VM 50-54	50	M	67	62.38	Builth & District R.C.				
68	Paul Bouston	716	00:49:43	VM 50-54	53	M	68	63.22	Hereford Triathlon C				
69	Dave Barrett	595	00:49:52	VM 50-54	54	M	69	63.47	Croft Ambrey R.C.				

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70	Paddy Nugent	51	00:50:00	VM 60-64	60	M	70	67.30	Wye Valley Runners				
71	Roland Preece	658	00:50:04	VM 55-59	55	M	71	63.65	Croft Ambrey R.C.				
72	Aaron Smart	467	00:50:07	SM	24	M	72	52.24	Hereford Couriers				
73	Ashley Robinson	663	00:50:13	VM 70-74	71	M	73	76.37	Croft Ambrey R.C.				
74	Lee Nicholson	133	00:50:17	SM	32	M	74	52.07	Builth & District R.C.				
75	Rob Connell	306	00:50:33	VM 60-64	61	M	75	67.00	Hereford Couriers				
76	John Jaspers	356	00:50:42	VM 50-54	51	M	76	61.18	Hereford Couriers				
77	Christopher Padfield	551	00:50:53	VM 45-49	47	M	77	59.25	Ledbury & District H				
78	Ed Hogan	558	00:51:09	VM 40-44	43	M	78	56.63	Ledbury & District H				
79	James Papworth	710	00:51:31	VM 50-54	52	M	79	60.60	Hereford Triathlon C				
80	Kevin Dunster	531	00:51:48	VM 55-59	59	M	80	64.29	Hay Hotfooters				
81	Peter Cartwright	186	00:51:57	VM 65-69	65	M	81	66.79	Ludlow Runners				
82	Steve Herington	344	00:52:12	VM 70-74	73	M	82	74.49	Hereford Couriers				
83	Paul Parker	213	00:52:15	VM 45-49	49	M	83	58.56	Ludlow Runners				
84	Mick Collins	481	00:52:52	VM 55-59	56	M	84	60.94	Hay Hotfooters				
85	Michael Hodges	173	00:52:55	VM 65-69	66	M	85	66.83	Builth & District R.C.				
86	Clive Richardson	221	00:53:07	VM 65-69	65	M	86	65.33	Ludlow Runners				
87	Robert Price	142	00:53:29	VM 45-49	49	M	87	57.21	Builth & District R.C.				
88	Colin Lancaster	203	00:53:38	VM 60-64	60	M	88	62.74	Ludlow Runners				
89	John Parry	171	00:53:44	VM 65-69	67	M	89	67.06	Builth & District R.C.				
90	Johnny Kramer	525	00:53:49	VM 55-59	58	M	90	61.20	Hay Hotfooters				
91	Iain Hutchinson	701	00:53:54	SM	38	M	91	50.87	Hereford Triathlon C				
92	Gary Gunner	618	00:54:14	VM 75-79	75	M	92	72.68	Croft Ambrey R.C.				
93	Ian Price	660	00:54:20	VM 70-74	73	M	93	71.56	Croft Ambrey R.C.				

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94	Thomas Powell	219	00:54:32	SM	35	M	94	49.24	Ludlow Runners				
95	Mike Shaw	698	00:54:33	VM 70-74	70	M	95	69.78	Hereford Triathlon C				
96	Jamie Cook	570	00:54:44	VM 60-64	60	M	96	61.48	Presteigne Pacers				
97	Kevin Barnes	282	00:55:21	VM 55-59	58	M	97	59.50	Hereford Couriers				
98	Ben Brown	289	00:55:49	SM	27	M	98	46.91	Hereford Couriers				
99	Phillip Harris	111	00:55:55	SM	39	M	99	49.39	Builth & District R.C.				
100	Owen Cooper	88	00:55:59	VM 70-74	73	M	100	69.46	Builth & District R.C.				
101	Ian Foster	692	00:56:08	VM 50-54	50	M	101	54.90	Hereford Triathlon C				
102	Guy Whitmarsh	674	00:56:19	VM 75-79	77	M	102	72.30	Croft Ambrey R.C.				
103	Martin Potter	707	00:57:34	VM 50-54	51	M	103	53.88	Hereford Triathlon C				
104	Daniel Graham	170	00:57:46	SM	27	M	104	45.33	Builth & District R.C.				
105	Don Lovejoy	206	00:57:58	VM 65-69	69	M	105	64.49	Ludlow Runners				
106	Saul Phillips	218	00:58:12	VM 40-44	41	M	106	48.45	Ludlow Runners				
107	Tony Stanley	224	00:58:28	VM 60-64	63	M	107	58.64	Ludlow Runners				
108	Mark Hollis	236	00:58:59	VM 45-49	47	M	108	51.12	Ludlow Runners				
109	Gareth Morris	130	01:01:04	VM 55-59	57	M	109	53.33	Builth & District R.C.				
110	John Price	508	01:05:20	VM 60-64	64	M	110	52.78	Hay Hotfooters				
111	Oliver Cameron-Swann	685	01:06:09	VM 45-49	47	M	111	45.58	Croft Ambrey R.C.				
112	Alan HARRY	494	01:09:59	VM 75-79	78	M	112	59.11	Hay Hotfooters				
113	Tom Davies	607	01:12:31	VM 70-74	73	M	113	53.62	Croft Ambrey R.C.				
114	Bryan Markham	638	01:15:01	VM 80-84	81	M	114	59.14	Croft Ambrey R.C.				
115	John Noonan	393	01:16:16	VM 60-64	63	M	115	44.95	Hereford Couriers				