

Fforest Fields Winter XC - WOMEN Race Results By Age Category - AL

Weather: Warm & Sunny

Date: 10 October 2021

Total Runners: 83

Cat.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?
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Category: JW U20

1	Addy Carter	297	00:46:00	JW U20	19	F	66.16	Hereford Couriers			
2	Charlotte Broadhurst	597	00:48:14	JW U20	17	F	64.65	Croft Ambrey R.C.			

Category: SW

1	Eleanor Walczak	521	00:44:54	SW	32	F	65.22	Hay Hotfooters			
2	Laura Lelievre	260	00:49:39	SW	32	F	58.98	Monross Trailblazers			
3	Ellie Smithers	429	00:50:22	SW	25	F	58.14	Hereford Couriers			
4	Kate Jones	120	00:50:50	SW	28	F	57.61	Builth & District R.C.			
5	Thea Preece	659	00:51:06	SW	24	F	57.31	Croft Ambrey R.C.			
6	Abbie Smithers	430	00:52:17	SW	24	F	56.01	Hereford Couriers			
7	Clare Evans	758	00:54:34	SW	27	F	53.67	Hereford Triathlon Club			
8	Lucy Wilding	675	00:54:48	SW	28	F	53.44	Croft Ambrey R.C.			
9	Kirsty Jenkins	358	00:55:13	SW	33	F	53.03	Hereford Couriers			
10	Bronwen Preece	656	00:56:21	SW	26	F	51.97	Croft Ambrey R.C.			
11	Olivia Moses	644	00:58:57	SW	23	F	49.67	Croft Ambrey R.C.			
12	Hollie Francis	330	00:59:01	SW	31	F	49.62	Hereford Couriers			
13	Pamela Moody	386	00:59:47	SW	31	F	48.98	Hereford Couriers			
14	Vanessa Ward	267	01:02:20	SW	34	F	46.98	Monross Trailblazers			
15	Emily Gould	197	01:04:13	SW	28	F	45.60	Ludlow Runners			
16	Helene Loh	634	01:05:31	SW	28	F	44.70	Croft Ambrey R.C.			
17	Shannon Price	140	01:07:15	SW	27	F	43.54	Builth & District R.C.			
18	Laura Jenkins	359	01:12:21	SW	30	F	40.47	Hereford Couriers			

Category: VW 35-39

1	Donna Morris	128	00:39:49	VW 35-39	38	F	78.36	Builth & District R.C.			Y
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Cat. Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?
2	Emma Matthews	125	00:45:20	VW 35-39	36	F	68.35	Builth & District R.C.			
3	Kelly Bowen	596	00:47:37	VW 35-39	36	F	65.07	Croft Ambrey R.C.			
4	Amy Smith	427	00:50:07	VW 35-39	38	F	62.25	Hereford Couriers			
5	Lisa Boucher	81	00:51:05	VW 35-39	36	F	60.65	Builth & District R.C.			
6	Phoebe Nash	212	00:59:26	VW 35-39	35	F	51.96	Ludlow Runners			
7	Hayley Colebatch	599	01:05:43	VW 35-39	37	F	47.30	Croft Ambrey R.C.			
8	Avril Hardwick	109	01:11:31	VW 35-39	38	F	43.63	Builth & District R.C.			

Category: VW 40-44

1	Clare Mallender	375	00:47:38	VW 40-44	44	F	67.84	Hereford Couriers			
2	Joanne Tilby	670	00:50:43	VW 40-44	40	F	61.98	Croft Ambrey R.C.			
3	Emma Stewardson	225	00:53:10	VW 40-44	43	F	60.38	Ludlow Runners			
4	Susannah Kirk	548	00:53:31	VW 40-44	44	F	60.39	Ledbury & District Harrie			
5	Kate Morris	388	00:53:46	VW 40-44	40	F	58.46	Hereford Couriers			
6	Tanya Bassi	759	00:56:32	VW 40-44	44	F	57.16	Hereford Triathlon Club			
7	Lucia Demkova	246	00:57:12	VW 40-44	40	F	54.95	Monross Trailblazers			
8	Anna Georgiou	104	00:58:04	VW 40-44	42	F	54.88	Builth & District R.C.			
9	Louise Reeves	661	01:01:00	VW 40-44	44	F	52.98	Croft Ambrey R.C.			
10	Sally Yapp	684	01:01:11	VW 40-44	42	F	52.08	Croft Ambrey R.C.			
11	Emma Murphy	741	01:01:56	VW 40-44	43	F	51.83	Hereford Triathlon Club			
12	Izzy Watts	166	01:02:05	VW 40-44	43	F	51.70	Builth & District R.C.			
13	Gemma Davies	604	01:08:23	VW 40-44	40	F	45.97	Croft Ambrey R.C.			
14	Anna Preece-Williams	401	01:26:22	VW 40-44	42	F	36.90	Hereford Couriers			

Category: VW 45-49

1	Joanne Rees	147	00:45:15	VW 45-49	47	F	74.18	Builth & District R.C.			
2	Laura Tootell	65	00:47:10	VW 45-49	45	F	69.05	Wye Valley Runners			
3	Jenny Farrow	102	00:49:31	VW 45-49	45	F	65.77	Builth & District R.C.			
4	Nicola Emerson	739	00:51:04	VW 45-49	45	F	63.77	Hereford Triathlon Club			

Cat. Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?
5	Steph Main	637	00:54:09	VW 45-49	49	F	63.84	Croft Ambrey R.C.			
6	Samantha Harper	623	00:54:29	VW 45-49	47	F	61.61	Croft Ambrey R.C.			
7	Victoria Woodhall	458	00:54:55	VW 45-49	46	F	60.21	Hereford Couriers			
8	Trudy Macklin	736	00:56:39	VW 45-49	48	F	60.14	Hereford Triathlon Club			
9	Deanna Mammatt	735	01:03:45	VW 45-49	47	F	52.65	Hereford Triathlon Club			
10	Sam Fleming	193	01:10:55	VW 45-49	48	F	48.04	Ludlow Runners			
Category:		VW 50-54									
1	Jo Marriott	639	00:53:37	VW 50-54	53	F	67.36	Croft Ambrey R.C.			
2	Sara Lake	500	00:54:00	VW 50-54	51	F	65.62	Hay Hotfooters			
3	Jenny Papworth	740	00:54:06	VW 50-54	52	F	66.14	Hereford Triathlon Club			
4	Ange Price	507	00:56:24	VW 50-54	51	F	62.83	Hay Hotfooters			
5	Sahrah Wilding	576	00:56:29	VW 50-54	54	F	64.53	Presteigne Pacers			
6	Helen Baillie	179	01:05:40	VW 50-54	52	F	54.49	Ludlow Runners			
7	Sarah Broadhurst	598	01:09:02	VW 50-54	50	F	50.82	Croft Ambrey R.C.			
8	Clare Preece	657	01:09:02	VW 50-54	53	F	52.32	Croft Ambrey R.C.			
9	Michele Parker	214	01:09:19	VW 50-54	53	F	52.10	Ludlow Runners			
10	Theresa Jones	628	01:09:54	VW 50-54	53	F	51.67	Croft Ambrey R.C.			
11	Nicola Kelly	121	01:11:27	VW 50-54	51	F	49.59	Builth & District R.C.			
Category:		VW 55-59									
1	Kate Elkington	556	00:48:47	VW 55-59	55	F	75.40	Ledbury & District Harrie			
2	Gunvor Troelsen	161	00:52:39	VW 55-59	57	F	70.75	Builth & District R.C.			
3	Sue Powell	655	00:54:31	VW 55-59	59	F	69.18	Croft Ambrey R.C.			
4	Sharon Collins	482	00:54:37	VW 55-59	57	F	68.20	Hay Hotfooters			
5	Liz Davies-Ward	738	00:58:46	VW 55-59	58	F	63.78	Hereford Triathlon Club			
6	Stephanie King	631	01:00:38	VW 55-59	57	F	61.43	Croft Ambrey R.C.			
7	Alison Benwell	180	01:04:28	VW 55-59	58	F	58.14	Ludlow Runners			
8	Wendy Booker	181	01:10:43	VW 55-59	57	F	52.67	Ludlow Runners			

Cat. Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?
9	Karen Thompson	227	01:13:45	VW 55-59	56	F	50.19	Ludlow Runners			<input type="checkbox"/>
10	Alison Apperley	593	01:25:22	VW 55-59	55	F	43.09	Croft Ambrey R.C.			<input type="checkbox"/>
Category: VW 60-64											
1	Lorna Shaw	60	00:53:40	VW 60-64	61	F	72.14	Wye Valley Runners			<input type="checkbox"/>
2	Sue Bissell	734	00:57:04	VW 60-64	60	F	66.53	Hereford Triathlon Club			<input type="checkbox"/>
3	Tina Cartwright	187	00:58:37	VW 60-64	64	F	69.83	Ludlow Runners			<input type="checkbox"/>
4	Tina Lavelle	502	01:06:43	VW 60-64	64	F	61.35	Hay Hotfooters			<input type="checkbox"/>
5	Joanne Stanley	223	01:08:07	VW 60-64	61	F	56.84	Ludlow Runners			<input type="checkbox"/>
6	Sarah Coggins	547	01:10:45	VW 60-64	62	F	55.78	Ledbury & District Harrie			<input type="checkbox"/>
Category: VW 65-69											
1	Sue Wood	680	01:02:10	VW 65-69	65	F	67.05	Croft Ambrey R.C.			<input type="checkbox"/>
2	Sue Richards	511	01:05:41	VW 65-69	65	F	63.46	Hay Hotfooters	00:00		<input type="checkbox"/>
3	Carrol Stocker	575	01:42:46	VW 65-69	67	F	41.63	Presteigne Pacers			<input type="checkbox"/>
Category: VW 70-74											
1	Sybil Marsh	208	01:18:40	VW 70-74	74	F	62.16	Ludlow Runners			<input type="checkbox"/>