

# Hay Riverside Run (5k) Results

Weather

Date:

Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	Gend Pos.	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Owen Bowers		00:21:04	VM 40-44	43	M	1	65.35	Brecon Triathlon	21:03			3
2	Eleanor Griffiths		00:22:31	SW 30-34	32	F	1	62.69	Hay Hotfooters	22:21			32
3	David Rees		00:24:10	VM 70-74	70	M	2	74.69	Hay Hotfooters	23:54			15
4	Mark Hird		00:25:03	VM 60-64	62	M	3	64.87	Hay Hotfooters	24:29			38
5	Nick Wells		00:25:32	VM 50-54	54	M	4	59.60	Hay Hotfooters	25:05			39
6	Greg Stoves		00:26:14	VM 35-39	38	M	5	49.68		27:05	Y		2
7	John Price		00:26:21	VM 60-64	64	M	6	62.87	Hay Hotfooters	23:24			82
8	Cath Kramer		00:32:19	VW 55-59	57	F	2	54.72		34:02	Y		11
9	Alan Harrhy		00:33:21	VM 75-79	78	M	7	60.62	Hay Hotfooters	30:19			85
10	Helen Holroyd		00:37:38	VW 55-59	57	F	3	46.99	Newport & District R	00:00			1
11	Jacq Hall		00:37:38	VW 55-59	55	F	4	46.46	Bramhall Runners	00:00			1