

# Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Dave Prosser-Painting		00:21:26	VM 45-49	47	M	67.34		20:41			7
2	Steve Goodridge		00:23:46	VM 55-59	59	M	66.48	Hay Hotfooters	21:44			71
3	James Walton		00:22:06	VM 45-49	45	M	64.40		22:07	Y		6
4	Kevin Dunster		00:24:46	VM 55-59	59	M	63.80		24:33			9
5	Eleanor Griffiths		00:22:16	SW 30-34	32	F	63.40	Hay Hotfooters	22:21	Y		33
6	Alan Harry		00:32:41	VM 75-79	78	M	61.86	Hay Hotfooters	30:19			86
7	Mick Collins		00:25:47	VM 55-59	56	M	59.99	Hay Hotfooters	22:51			36
8	Nick Wells		00:25:43	VM 50-54	54	M	59.17	Hay Hotfooters	25:05			40
9	Dilek Usta-Aarons		00:27:36	VW 45-49	46	F	58.33	Hay Hotfooters	25:24			18
10	Matthew Stallabrass		00:30:43	VM 45-49	45	M	46.34		28:02			3
11	Sarjana Makepeace		00:32:40	VW 35-39	38	F	45.56		00:00			1
12	Annie Bedford		00:32:40	VW 35-39	38	F	45.56		00:00			1