

Race Results By Age Category - ALL

Weather: Fine, dry, perfect autumn day

Date: 14 November 2021

Total Runners: 231

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
Category: JW U20										
1	Broadhurst, Charlotte	00:42:06	17	F	74.07%	Croft Ambrey R.C.	00:00			1
Category: SW										
1	Godding, Alice	00:38:11	25	F	76.69%	Croft Ambrey R.C.	00:00			1
2	Griffiths, Eleanor	00:40:21	32	F	72.57%	Hay Hotfooters	00:00			1
3	Lelievre, Laura	00:41:07	32	F	71.22%	Monross Trailblaze	00:00			1
4	Gilbert, Eilish	00:41:27	25	F	70.65%	Ludlow Runners	00:00			1
5	Smithers, Ellie	00:41:47	25	F	70.08%	Hereford Couriers	00:00			1
6	Smithers, Abbie	00:43:45	24	F	66.93%	Hereford Couriers	00:00			1
7	Perratt, Laura	00:45:36	30	F	64.22%	Ludlow Runners	00:00			1
8	Yapp, Anna	00:45:40	21	F	64.12%	Croft Ambrey R.C.	00:00			1
9	Ward, Vanessa	00:46:26	34	F	63.07%	Monross Trailblaze	00:00			1
10	Preece, Thea	00:46:47	24	F	62.59%	Croft Ambrey R.C.	00:00			1
11	Moses, Olivia	00:47:19	23	F	61.89%	Croft Ambrey R.C.	00:00			1
12	Clarke, Emma	00:47:45	24	F	61.33%	Ludlow Runners	00:00			1
13	Jenkins, Kirsty	00:48:07	33	F	60.86%	Hereford Couriers	00:00			1
14	Preece, Bronwen	00:49:19	26	F	59.38%	Croft Ambrey R.C.	00:00			1
15	Langford, Kimberley	00:49:31	29	F	59.14%	Hereford Couriers	00:00			1
16	Wilding, Lucy	00:50:10	28	F	58.37%	Croft Ambrey R.C.	00:00			1
17	Moody, Pamela	00:52:10	31	F	56.13%	Hereford Couriers	00:00			1
18	Gould, Emily	00:54:06	28	F	54.13%	Ludlow Runners	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
19	Loh, Helene	00:54:29	28	F	53.75%	Croft Ambrey R.C.	00:00			1
20	Price, Shannon	00:59:08	27	F	49.52%	Builth & District R.	00:00			1
21	Jenkins, Laura	01:03:44	30	F	45.95%	Hereford Couriers	00:00			1
22	Fishpool, Liz	01:12:17	29	F	40.51%	Hereford Couriers	00:00			1

Category: VW 35-39

1	Morris, Donna	00:35:29	38	F	87.93%	Builth & District R.	00:00			1
2	Matthews, Emma	00:38:54	36	F	79.65%	Builth & District R.	00:00			1
3	Bowen, Kelly	00:40:19	36	F	76.85%	Croft Ambrey R.C.	00:00			1
4	Plant, Christina	00:42:06	37	F	73.83%	Hereford Couriers	00:00			1
5	Pickett, Kimberley	00:45:12	35	F	68.33%	Hereford Couriers	00:00			1
6	Nash, Phoebe	00:48:45	35	F	63.35%	Ludlow Runners	00:00			1
7	Colebatch, Hayley	00:55:47	37	F	55.72%	Croft Ambrey R.C.	00:00			1
8	Siddall, Suzy	01:12:19	38	F	43.14%	Hereford Couriers	00:00			1

Category: VW 40-44

1	Eddy, Joanna	00:41:06	44	F	78.63%	Hereford Couriers	00:00			1
2	Stewardson, Emma	00:44:49	43	F	71.63%	Ludlow Runners	00:00			1
3	Bassi, Tanya	00:45:23	44	F	71.21%	Hereford Triathlon	00:00			1
4	Tilby, Joanne	00:45:59	40	F	68.36%	Croft Ambrey R.C.	00:00			1
5	Morris, Kate	00:46:31	40	F	67.57%	Hereford Couriers	00:00			1
6	Ellis, Jo	00:47:01	43	F	68.27%	Wye Valley Runner	00:00			1
7	Demkova, Lucia	00:48:03	40	F	65.42%	Monross Trailblaze	00:00			1
8	Davies, Emily	00:51:31	41	F	61.44%	Wye Valley Runner	00:00			1
9	Whittall, Sophie	00:51:37	41	F	61.32%	Hereford Triathlon	00:00			1
10	Yapp, Sally	00:52:27	42	F	60.76%	Croft Ambrey R.C.	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
11	Reeves, Louise	00:53:28	44	F	60.44%	Croft Ambrey R.C.	00:00			1
12	Murphy, Emma	00:54:04	43	F	59.37%	Hereford Triathlon	00:00			1
13	Bryan, Christine	00:55:19	41	F	57.22%	Hereford Triathlon	00:00			1
14	Davies, Gemma	00:56:15	40	F	55.88%	Croft Ambrey R.C.	00:00			1
15	Lovatt, Hayley	00:58:08	43	F	55.22%	Hereford Couriers	00:00			1
16	Watts, Izzy	00:59:07	43	F	54.30%	Builth & District R.	00:00			1

Category: VW 45-49

1	Rees, Joanne	00:39:37	47	F	84.73%	Builth & District R.	00:00			1
2	Fulford, Amy Rose	00:39:54	47	F	84.13%	Ludlow Runners	00:00			1
3	Tootell, Laura	00:41:41	45	F	78.13%	Wye Valley Runner	00:00			1
4	Ansfield, Rebecca	00:43:20	46	F	76.31%	Wye Valley Runner	00:00			1
5	Emerson, Nicola	00:43:32	45	F	74.81%	Hereford Triathlon	00:00			1
6	Farrow, Jenny	00:43:38	45	F	74.64%	Builth & District R.	00:00			1
7	Platt, Kate	00:46:44	46	F	70.76%	Hay Hotfooters	00:00			1
8	Main, Steph	00:47:16	49	F	73.13%	Croft Ambrey R.C.	00:00			1
9	Rose, Kelly	00:48:02	45	F	67.80%	Hereford Triathlon	00:00			1
10	Ruck, Lisa	00:48:36	47	F	69.07%	Hereford Couriers	00:00			1
11	Webb, Claire	00:49:35	48	F	68.71%	Ludlow Runners	00:00			1
12	Dean, Bryony	00:50:17	46	F	65.76%	Hereford Couriers	00:00			1
13	Roper, Sara	00:53:34	48	F	63.60%	Wye Valley Runner	00:00			1
14	Bridge, Tracy	01:00:22	49	F	57.26%	Ludlow Runners	00:00			1

Category: VW 50-54

1	Marriott, Jo	00:46:43	53	F	77.31%	Croft Ambrey R.C.	00:00			1
2	Reynolds, Louise	00:47:58	53	F	75.30%	Croft Ambrey R.C.	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
3	Price, Ange	00:50:21	51	F	70.37%	Hay Hotfooters	00:00			1
4	Wilding, Sahrah	00:50:47	54	F	71.78%	Presteigne Pacers	00:00			1
5	Gray, Lisa	00:52:30	50	F	66.83%	Croft Ambrey R.C.	00:00			1
6	Champken, Sian	00:53:58	51	F	65.66%	Wye Valley Runner	00:00			1
7	Parker, Michele	00:58:49	53	F	61.41%	Ludlow Runners	00:00			1
8	Baillie, Helen	00:59:59	52	F	59.66%	Ludlow Runners	00:00			1

Category: VW 55-59

1	Gunner, Flora	00:46:40	58	F	80.32%	Croft Ambrey R.C.	00:00			1
2	Childs, Nikki	00:48:24	59	F	77.93%	Wye Valley Runner	00:00			1
3	Collins, Sharon	00:48:59	57	F	76.05%	Hay Hotfooters	00:00			1
4	Austin, Liza	00:49:43	57	F	74.92%	Croft Ambrey R.C.	00:00			1
5	Davies-Ward, Liz	00:51:27	58	F	72.85%	Hereford Triathlon	00:00			1
6	King, Stephanie	00:51:31	57	F	72.31%	Croft Ambrey R.C.	00:00			1
7	Benwell, Alison	00:55:43	58	F	67.27%	Ludlow Runners	00:00			1
8	Booker, Wendy	00:59:35	57	F	62.52%	Ludlow Runners	00:00			1
9	Thompson, Karen	00:59:40	56	F	62.04%	Ludlow Runners	00:00			1
10	McDermott, Ruth	01:02:24	57	F	59.70%	Hay Hotfooters	00:00			1

Category: VW 60-64

1	Shaw, Lorna	00:45:22	61	F	85.34%	Wye Valley Runner	00:00			1
2	Bissell, Sue	00:49:50	60	F	76.19%	Hereford Triathlon	00:00			1
3	Cartwright, Tina	00:51:10	64	F	80.00%	Ludlow Runners	00:00			1
4	Stanley, Joanne	00:56:44	61	F	68.24%	Ludlow Runners	00:00			1
5	Lavelle, Tina	00:58:12	64	F	70.33%	Hay Hotfooters	00:00			1
6	Coggins, Sarah	01:05:08	62	F	60.59%	Ledbury & District	00:00			1

Category: VW 65-69

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs	
1	Edwards, Jan	00:47:39	65	F	87.48%	Wye Valley Runner	00:00			1	
2	Garland, Susannah	00:54:09	65	F	76.98%	Hay Hotfooters	00:00			1	
3	Richards, Sue	00:57:38	65	F	72.33%	Hay Hotfooters	00:00			1	
4	Stocker, Carrol	01:28:25	67	F	48.39%	Presteigne Pacers	00:00			1	
Category:		VW 70-74									
1	Marsh, Sybil	01:07:16	74	F	72.70%	Ludlow Runners	00:00			1	
Category:		JM U20									
1	Yapp, Aidan	00:32:28	18	M	82.44%	Croft Ambrey R.C.	00:00			1	
Category:		SM									
1	Perratt, Oliver	00:30:40	30	M	85.38%	Ludlow Runners	00:00			1	
2	Yapp, Matthew	00:31:03	23	M	84.33%	Croft Ambrey R.C.	00:00			1	
3	Butler, Sam	00:31:43	27	M	82.55%	Presteigne Pacers	00:00			1	
4	Apperley, Eric	00:31:46	26	M	82.42%	Croft Ambrey R.C.	00:00			1	
5	Lamonby, Mark	00:32:11	32	M	81.36%	Croft Ambrey R.C.	00:00			1	
6	Leek, Gareth	00:32:14	31	M	81.23%	Croft Ambrey R.C.	00:00			1	
7	Rudd, Luke	00:32:57	24	M	79.46%	Hereford Couriers	00:00			1	
8	Mason, Luke	00:33:36	34	M	77.93%	Hereford Couriers	00:00			1	
9	Turner, Wyndham	00:33:47	33	M	77.50%	Builth & District R.	00:00			1	
10	Knight, Ryan	00:33:59	27	M	77.05%	Hereford Couriers	00:00			1	
11	Jones, Gavin	00:34:31	29	M	75.86%	Monross Trailblaze	00:00			1	
12	Cameron, Ross	00:34:52	22	M	75.10%	Hereford Couriers	00:00			1	
13	Jones, Dean	00:35:34	34	M	73.62%	Hereford Triathlon	00:00			1	
14	Lawrence, Ryan	00:35:54	30	M	72.93%	Hereford Couriers	00:00			1	
15	Robinson, Jasper	00:37:22	20	M	70.07%	Croft Ambrey R.C.	00:00			1	
16	Bullass, Richard	00:37:38	27	M	69.57%	Builth & District R.	00:00			1	

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
17	Woodhouse, Harry	00:38:19	20	M	68.33%	Hereford Couriers	00:00			1
18	Ware, George	00:38:24	24	M	68.19%	Hereford Couriers	00:00			1
19	Merrick, Kieran	00:38:34	26	M	67.89%	Hereford Couriers	00:00			1
20	Nugent, Peter	00:38:40	29	M	67.72%	Wye Valley Runner	00:00			1
21	Spear, Daniel	00:39:03	34	M	67.05%	Hereford Couriers	00:00			1
22	Kitching, Olly	00:39:15	23	M	66.71%	Hereford Couriers	00:00			1
23	Gray, Adam	00:40:01	26	M	65.43%	Monross Trailblaze	00:00			1
24	Juson, Sam	00:40:19	23	M	64.94%	Croft Ambrey R.C.	00:00			1
25	Smart, Aaron	00:40:39	24	M	64.41%	Hereford Couriers	00:00			1
26	Cleary, Chris	00:41:28	33	M	63.14%	Hereford Couriers	00:00			1
27	White, Grant	00:44:05	33	M	59.40%	Monross Trailblaze	00:00			1

Category: VM 35-39

1	Iveson, Tim	00:31:59	39	M	86.35%	Builth & District R.	00:00			1
2	Gray, Luke	00:32:41	36	M	88.12%	Monross Trailblaze	00:00			1
3	James, Matt	00:32:55	36	M	87.49%	Hereford Couriers	00:00			1
4	Rogers, James	00:33:01	35	M	81.32%	Hereford Couriers	00:00			1
5	Flowers, Steven	00:35:13	38	M	77.85%	Wye Valley Runner	00:00			1
6	Skinner, Ben	00:35:24	36	M	81.36%	Hereford Couriers	00:00			1
7	Edwards, Richard	00:37:15	39	M	74.14%	Builth & District R.	00:00			1
8	Turner, Thomas	00:38:44	36	M	74.35%	Builth & District R.	00:00			1
9	Williams, Kit	00:38:57	35	M	68.93%	Hereford Couriers	00:00			1
10	Harris, Dai	00:39:01	37	M	69.76%	Builth & District R.	00:00			1
11	Price, Gareth	00:41:05	39	M	67.22%	Builth & District R.	00:00			1
12	Summers, Peter	00:41:22	35	M	64.91%	Hay Hotfooters	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
13	Collier, Craig	00:44:15	37	M	61.51%	Ludlow Runners	00:00			1
14	Hutchinson, Iain	00:44:48	38	M	61.20%	Hereford Triathlon	00:00			1
15	Gibbons, Darren	00:45:01	37	M	60.46%	Hereford Triathlon	00:00			1
16	Mason, Christian	00:45:10	36	M	63.76%	Hereford Triathlon	00:00			1
17	Powell, Thomas	00:46:13	35	M	58.10%	Ludlow Runners	00:00			1
18	Harris, Phillip	00:46:51	39	M	58.95%	Builth & District R.	00:00			1
Category: VM 40-44										
1	Woods, Robin	00:31:34	44	M	92.98%	Builth & District R.	00:00			1
2	Grubb, Chris	00:32:25	40	M	85.81%	Ledbury & District	00:00			1
3	Logan, Alex	00:33:16	42	M	85.92%	Ludlow Runners	00:00			1
4	Morgan, James	00:36:53	40	M	75.42%	Hereford Triathlon	00:00			1
5	Womack, Grant	00:37:08	40	M	74.91%	Croft Ambrey R.C.	00:00			1
6	Phillips, Daniel	00:38:25	40	M	72.41%	Hereford Couriers	00:00			1
7	Radon, Mark	00:39:22	40	M	70.66%	Presteigne Pacers	00:00			1
8	Walton, James	00:40:56	43	M	70.77%	Hay Hotfooters	00:00			1
9	Wathen, Andrew	00:42:26	43	M	68.26%	Hereford Triathlon	00:00			1
10	Partridge, Steve	00:42:42	41	M	66.04%	Croft Ambrey R.C.	00:00			1
11	Farndon, Tim	00:43:18	44	M	67.78%	Hereford Triathlon	00:00			1
12	Jarvis, Lee	00:45:57	43	M	63.04%	Builth & District R.	00:00			1
13	Pascoe, Owain	00:46:36	44	M	62.98%	Wye Valley Runner	00:00			1
Category: VM 45-49										
1	Shingler, Jamie	00:33:20	47	M	90.45%	Ludlow Runners	00:00			1
2	Price, Lee	00:35:23	46	M	84.64%	Builth & District R.	00:00			1
3	Tyler, Andrew	00:35:41	49	M	85.75%	Hereford Couriers	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
4	Bevan, Richard	00:38:10	47	M	79.00%	Monross Trailblaze	00:00			1
5	Thompson, Barry	00:38:45	47	M	77.81%	Ledbury & District	00:00			1
6	Ansfield, Matt	00:38:51	48	M	78.21%	Hereford Triathlon	00:00			1
7	Lawson, Conrad	00:39:30	46	M	75.82%	Hereford Triathlon	00:00			1
8	Stephens, Andrew	00:40:11	47	M	75.03%	Monross Trailblaze	00:00			1
9	Taylor, Andy	00:40:18	49	M	75.93%	Hereford Triathlon	00:00			1
10	Giles, Tim	00:42:13	49	M	72.48%	Ludlow Runners	00:00			1
11	Mehigan, Simon	00:43:30	45	M	68.35%	Hereford Couriers	00:00			1
12	Stokes, Giles	00:46:05	47	M	65.42%	Hereford Triathlon	00:00			1
13	Parker, Paul	00:46:30	49	M	65.81%	Ludlow Runners	00:00			1
14	Hinton, James	00:48:29	46	M	61.77%	Ludlow Runners	00:00			1
15	Hollis, Mark	00:49:01	47	M	61.51%	Ludlow Runners	00:00			1
16	Gilbert, Paul	00:50:04	47	M	60.22%	Hereford Couriers	00:00			1
17	Price, Robert	00:51:53	49	M	58.98%	Builth & District R.	00:00			1
18	Cameron-Swann, Oliver	00:57:25	47	M	52.51%	Croft Ambrey R.C.	00:00			1
Category: VM 50-54										
1	Fisher, Andy	00:33:41	50	M	91.49%	Hereford Triathlon	00:00			1
2	Jones, Christian	00:35:00	50	M	88.05%	Wye Valley Runner	00:00			1
3	Rees, Stafford	00:36:43	51	M	84.48%	Builth & District R.	00:00			1
4	Taylor, Adrian	00:37:04	52	M	84.22%	Presteigne Pacers	00:00			1
5	Ware, Andy	00:40:15	54	M	78.63%	Hereford Triathlon	00:00			1
6	Millichap, David	00:41:21	52	M	75.49%	Croft Ambrey R.C.	00:00			1
7	Mesham, Steve	00:43:08	50	M	71.45%	Presteigne Pacers	00:00			1
8	Morgan, Brian	00:43:16	53	M	72.65%	Hay Hotfooters	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
9	Jaspers, John	00:44:53	51	M	69.11%	Hereford Couriers	00:00			1
10	Prynne, Christian	00:45:00	50	M	68.48%	Builth & District R.	00:00			1
11	Hookins, Mark	00:45:38	54	M	69.36%	Hereford Couriers	00:00			1
12	Bouston, Paul	00:45:39	53	M	68.86%	Hereford Triathlon	00:00			1
13	Barrett, Dave	00:45:52	54	M	69.00%	Croft Ambrey R.C.	00:00			1
14	Brown, Alexander	00:47:48	54	M	66.21%	Builth & District R.	00:00			1
15	Green, David	00:48:00	54	M	65.94%	Hereford Couriers	00:00			1
16	Foster, Ian	00:49:44	50	M	61.96%	Hereford Triathlon	00:00			1

Category: VM 55-59

1	Carter, Martin	00:39:48	56	M	80.95%	Hereford Couriers	00:00			1
2	George, Richard	00:40:45	55	M	78.20%	Hereford Couriers	00:00			1
3	Law, Chris	00:40:51	56	M	78.87%	Ledbury & District	00:00			1
4	Walker, Graeme	00:41:16	58	M	79.81%	Hereford Couriers	00:00			1
5	Richards, Richie	00:41:26	58	M	79.49%	Hereford Couriers	00:00			1
6	Crawshaw, Andy	00:41:37	57	M	78.25%	Ledbury & District	00:00			1
7	Dunn, Mark	00:41:40	57	M	78.16%	Wye Valley Runner	00:00			1
8	Austin, Stuart	00:41:50	56	M	77.01%	Croft Ambrey R.C.	00:00			1
9	Davey, Jonathan	00:42:32	57	M	76.57%	Hereford Couriers	00:00			1
10	Goodridge, Steve	00:42:39	59	M	78.08%	Hay Hotfooters	00:00			1
11	Lawrence, Mark	00:42:49	58	M	76.92%	Hereford Couriers	00:00			1
12	Williams, David	00:43:17	59	M	76.93%	Hereford Couriers	00:00			1
13	Preece, Roland	00:43:52	55	M	72.64%	Croft Ambrey R.C.	00:00			1
14	McDermott, Paul	00:44:30	57	M	73.18%	Hay Hotfooters	00:00			1
15	Smart, Chris	00:44:43	56	M	72.05%	Hereford Couriers	00:00			1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
16	Collins, Mick	00:45:21	56	M	71.04%	Hay Hotfooters	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
17	Dunster, Kevin	00:45:34	59	M	73.08%	Hay Hotfooters	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
18	Allan, Adrian	00:47:15	55	M	67.44%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
19	Barnes, Kevin	00:48:32	58	M	67.86%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
20	Haywood, Mike	00:58:33	59	M	56.87%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
Category: VM 60-64										
1	Nugent, Paddy	00:43:03	60	M	78.16%	Wye Valley Runner	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
2	Connell, Rob	00:43:48	61	M	77.32%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
3	Vidler, James	00:44:47	60	M	75.14%	Wye Valley Runner	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
4	Lancaster, Colin	00:45:06	60	M	74.61%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
5	Taylor, Neil	00:45:35	64	M	75.65%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
6	Lowson, Brent	00:51:15	61	M	66.08%	Wye Valley Runner	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
7	Lloyd, Bryan	00:52:02	61	M	65.09%	Presteigne Pacers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
8	Stanley, Tony	00:53:27	63	M	64.14%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
9	Williams, Huw	00:55:44	61	M	60.77%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
10	Noonan, John	01:05:36	63	M	52.26%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
Category: VM 65-69										
1	Champken, Tony	00:42:58	65	M	80.76%	Wye Valley Runner	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
2	Richardson, Clive	00:45:28	65	M	76.32%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
3	Dempsey, Mark	00:49:15	68	M	74.52%	Wye Valley Runner	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
4	Lovejoy, Don	00:51:49	69	M	72.15%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
5	Bilbao, John	00:52:42	66	M	67.11%	Hereford Triathlon	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
6	Cartwright, Peter	00:53:54	65	M	64.38%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
7	Young, Nicholas	00:59:30	66	M	59.44%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1

Categ. Pos.	Name	Time	Age	Gender	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
8	Wain-hobson, Tim	01:06:06	68	M	55.52%	Croft Ambrey R.C.	00:00			1
Category: VM 70-74										
1	Robinson, Ashley	00:43:42	71	M	87.76%	Croft Ambrey R.C.	00:00			1
2	Herington, Steve	00:45:53	73	M	84.74%	Hereford Couriers	00:00			1
3	Shaw, Mike	00:46:28	70	M	81.92%	Hereford Triathlon	00:00			1
4	Price, Ian	00:46:55	73	M	82.88%	Croft Ambrey R.C.	00:00			1
5	Boog-Scott, Tom	00:52:11	72	M	74.00%	Ludlow Runners	00:00			1
6	Davies, Tom	01:03:15	73	M	61.48%	Croft Ambrey R.C.	00:00			1
Category: VM 75-79										
1	Gunner, Gary	00:48:15	75	M	81.69%	Croft Ambrey R.C.	00:00			1
2	Whitmarsh, Guy	00:49:19	77	M	82.56%	Croft Ambrey R.C.	00:00			1
3	Symonds, Brian	00:54:14	79	M	77.47%	Wye Valley Runner	00:00			1
Category: VM 80-84										
1	Markham, Bryan	01:11:05	81	M	62.42%	Croft Ambrey R.C.	00:00			1