

# Croft Castle Winter XC - WOMEN Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Morris, Donna	00:35:29	VW 35-39	38	F	1	87.93%	Builth & District R.	00:00		Y	1
2	Edwards, Jan	00:47:39	VW 65-69	65	F	35	87.48%	Wye Valley Runner	00:00			1
3	Shaw, Lorna	00:45:22	VW 60-64	61	F	21	85.34%	Wye Valley Runner	00:00			1
4	Rees, Joanne	00:39:37	VW 45-49	47	F	4	84.73%	Builth & District R.	00:00		Y	1
5	Fulford, Amy Rose	00:39:54	VW 45-49	47	F	5	84.13%	Ludlow Runners	00:00		Y	1
6	Gunner, Flora	00:46:40	VW 55-59	58	F	28	80.32%	Croft Ambrey R.C.	00:00			1
7	Cartwright, Tina	00:51:10	VW 60-64	64	F	54	80.00%	Ludlow Runners	00:00			1
8	Matthews, Emma	00:38:54	VW 35-39	36	F	3	79.65%	Builth & District R.	00:00		Y	1
9	Eddy, Joanna	00:41:06	VW 40-44	44	F	8	78.63%	Hereford Couriers	00:00			1
10	Tootell, Laura	00:41:41	VW 45-49	45	F	11	78.13%	Wye Valley Runner	00:00			1
11	Childs, Nikki	00:48:24	VW 55-59	59	F	41	77.93%	Wye Valley Runner	00:00			1
12	Marriott, Jo	00:46:43	VW 50-54	53	F	29	77.31%	Croft Ambrey R.C.	00:00			1
13	Garland, Susannah	00:54:09	VW 65-69	65	F	67	76.98%	Hay Hotfooters	00:00			1
14	Bowen, Kelly	00:40:19	VW 35-39	36	F	6	76.85%	Croft Ambrey R.C.	00:00			1
15	Godding, Alice	00:38:11	SW	25	F	2	76.69%	Croft Ambrey R.C.	00:00		Y	1
16	Ansfield, Rebecca	00:43:20	VW 45-49	46	F	15	76.31%	Wye Valley Runner	00:00			1
17	Bissell, Sue	00:49:50	VW 60-64	60	F	49	76.19%	Hereford Triathlon	00:00			1
18	Collins, Sharon	00:48:59	VW 55-59	57	F	44	76.05%	Hay Hotfooters	00:00			1
19	Reynolds, Louise	00:47:58	VW 50-54	53	F	37	75.30%	Croft Ambrey R.C.	00:00			1
20	Austin, Liza	00:49:43	VW 55-59	57	F	48	74.92%	Croft Ambrey R.C.	00:00			1
21	Emerson, Nicola	00:43:32	VW 45-49	45	F	16	74.81%	Hereford Triathlon	00:00			1

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22	Farrow, Jenny	00:43:38	VW 45-49	45	F	17	74.64%	Builth & District R.	00:00			1
23	Broadhurst, Charlotte	00:42:06	JW U20	17	F	13	74.07%	Croft Ambrey R.C.	00:00			1
24	Plant, Christina	00:42:06	VW 35-39	37	F	14	73.83%	Hereford Couriers	00:00			1
25	Main, Steph	00:47:16	VW 45-49	49	F	33	73.13%	Croft Ambrey R.C.	00:00			1
26	Davies-Ward, Liz	00:51:27	VW 55-59	58	F	55	72.85%	Hereford Triathlon	00:00			1
27	Marsh, Sybil	01:07:16	VW 70-74	74	F	87	72.70%	Ludlow Runners	00:00			1
28	Griffiths, Eleanor	00:40:21	SW	32	F	7	72.57%	Hay Hotfooters	00:00			1
29	Richards, Sue	00:57:38	VW 65-69	65	F	74	72.33%	Hay Hotfooters	00:00			1
30	King, Stephanie	00:51:31	VW 55-59	57	F	56	72.31%	Croft Ambrey R.C.	00:00			1
31	Wilding, Sahrah	00:50:47	VW 50-54	54	F	53	71.78%	Presteigne Pacers	00:00			1
32	Stewardson, Emma	00:44:49	VW 40-44	43	F	19	71.63%	Ludlow Runners	00:00			1
33	Lelievre, Laura	00:41:07	SW	32	F	9	71.22%	Monross Trailblaze	00:00			1
34	Bassi, Tanya	00:45:23	VW 40-44	44	F	22	71.21%	Hereford Triathlon	00:00			1
35	Platt, Kate	00:46:44	VW 45-49	46	F	30	70.76%	Hay Hotfooters	00:00			1
36	Gilbert, Eilish	00:41:27	SW	25	F	10	70.65%	Ludlow Runners	00:00			1
37	Price, Ange	00:50:21	VW 50-54	51	F	52	70.37%	Hay Hotfooters	00:00			1
38	Lavelle, Tina	00:58:12	VW 60-64	64	F	76	70.33%	Hay Hotfooters	00:00			1
39	Smithers, Ellie	00:41:47	SW	25	F	12	70.08%	Hereford Couriers	00:00			1
40	Ruck, Lisa	00:48:36	VW 45-49	47	F	42	69.07%	Hereford Couriers	00:00			1
41	Webb, Claire	00:49:35	VW 45-49	48	F	47	68.71%	Ludlow Runners	00:00			1
42	Tilby, Joanne	00:45:59	VW 40-44	40	F	25	68.36%	Croft Ambrey R.C.	00:00			1
43	Pickett, Kimberley	00:45:12	VW 35-39	35	F	20	68.33%	Hereford Couriers	00:00			1
44	Ellis, Jo	00:47:01	VW 40-44	43	F	32	68.27%	Wye Valley Runner	00:00			1
45	Stanley, Joanne	00:56:44	VW 60-64	61	F	73	68.24%	Ludlow Runners	00:00			1

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46	Rose, Kelly	00:48:02	VW 45-49	45	F	38	67.80%	Hereford Triathlon	00:00			1
47	Morris, Kate	00:46:31	VW 40-44	40	F	27	67.57%	Hereford Couriers	00:00			1
48	Benwell, Alison	00:55:43	VW 55-59	58	F	70	67.27%	Ludlow Runners	00:00			1
49	Smithers, Abbie	00:43:45	SW	24	F	18	66.93%	Hereford Couriers	00:00			1
50	Gray, Lisa	00:52:30	VW 50-54	50	F	61	66.83%	Croft Ambrey R.C.	00:00			1
51	Dean, Bryony	00:50:17	VW 45-49	46	F	51	65.76%	Hereford Couriers	00:00			1
52	Champken, Sian	00:53:58	VW 50-54	51	F	64	65.66%	Wye Valley Runner	00:00			1
53	Demkova, Lucia	00:48:03	VW 40-44	40	F	39	65.42%	Monross Trailblaze	00:00			1
54	Perratt, Laura	00:45:36	SW	30	F	23	64.22%	Ludlow Runners	00:00			1
55	Yapp, Anna	00:45:40	SW	21	F	24	64.12%	Croft Ambrey R.C.	00:00			1
56	Roper, Sara	00:53:34	VW 45-49	48	F	63	63.60%	Wye Valley Runner	00:00			1
57	Nash, Phoebe	00:48:45	VW 35-39	35	F	43	63.35%	Ludlow Runners	00:00			1
58	Ward, Vanessa	00:46:26	SW	34	F	26	63.07%	Monross Trailblaze	00:00			1
59	Preece, Thea	00:46:47	SW	24	F	31	62.59%	Croft Ambrey R.C.	00:00			1
60	Booker, Wendy	00:59:35	VW 55-59	57	F	80	62.52%	Ludlow Runners	00:00			1
61	Thompson, Karen	00:59:40	VW 55-59	56	F	81	62.04%	Ludlow Runners	00:00			1
62	Moses, Olivia	00:47:19	SW	23	F	34	61.89%	Croft Ambrey R.C.	00:00			1
63	Davies, Emily	00:51:31	VW 40-44	41	F	57	61.44%	Wye Valley Runner	00:00			1
64	Parker, Michele	00:58:49	VW 50-54	53	F	77	61.41%	Ludlow Runners	00:00			1
65	Clarke, Emma	00:47:45	SW	24	F	36	61.33%	Ludlow Runners	00:00			1
66	Whittall, Sophie	00:51:37	VW 40-44	41	F	58	61.32%	Hereford Triathlon	00:00			1
67	Jenkins, Kirsty	00:48:07	SW	33	F	40	60.86%	Hereford Couriers	00:00			1
68	Yapp, Sally	00:52:27	VW 40-44	42	F	60	60.76%	Croft Ambrey R.C.	00:00			1
69	Coggins, Sarah	01:05:08	VW 60-64	62	F	86	60.59%	Ledbury & District	00:00			1

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70	Reeves, Louise	00:53:28	VW 40-44	44	F	62	60.44%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
71	McDermott, Ruth	01:02:24	VW 55-59	57	F	84	59.70%	Hay Hotfooters	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
72	Baillie, Helen	00:59:59	VW 50-54	52	F	82	59.66%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
73	Preece, Bronwen	00:49:19	SW	26	F	45	59.38%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
74	Murphy, Emma	00:54:04	VW 40-44	43	F	65	59.37%	Hereford Triathlon	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
75	Langford, Kimberley	00:49:31	SW	29	F	46	59.14%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
76	Wilding, Lucy	00:50:10	SW	28	F	50	58.37%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
77	Bridge, Tracy	01:00:22	VW 45-49	49	F	83	57.26%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
78	Bryan, Christine	00:55:19	VW 40-44	41	F	69	57.22%	Hereford Triathlon	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
79	Moody, Pamela	00:52:10	SW	31	F	59	56.13%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
80	Davies, Gemma	00:56:15	VW 40-44	40	F	72	55.88%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
81	Colebatch, Hayley	00:55:47	VW 35-39	37	F	71	55.72%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
82	Lovatt, Hayley	00:58:08	VW 40-44	43	F	75	55.22%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
83	Watts, Izzy	00:59:07	VW 40-44	43	F	78	54.30%	Builth & District R.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
84	Gould, Emily	00:54:06	SW	28	F	66	54.13%	Ludlow Runners	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
85	Loh, Helene	00:54:29	SW	28	F	68	53.75%	Croft Ambrey R.C.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
86	Price, Shannon	00:59:08	SW	27	F	79	49.52%	Builth & District R.	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
87	Stocker, Carrol	01:28:25	VW 65-69	67	F	90	48.39%	Presteigne Pacers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
88	Jenkins, Laura	01:03:44	SW	30	F	85	45.95%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
89	Siddall, Suzy	01:12:19	VW 35-39	38	F	89	43.14%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1
90	Fishpool, Liz	01:12:17	SW	29	F	88	40.51%	Hereford Couriers	00:00	<input type="checkbox"/>	<input type="checkbox"/>	1