

Hay Riverside Run (5k) Results By % WR

Weather: Cool, dry autumn morning

Date: 20 November 2021

Total Runners: 12

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Dave Prosser-Painting		00:20:51	VM 45-49	47	M	69.22		20:41			8
2	Sharon Collins		00:27:06	VW 55-59	57	F	65.25	Hay Hotfooters	24:26			57
3	Mark Hird		00:25:29	VM 60-64	62	M	63.77	Hay Hotfooters	24:29			41
4	Sue Richards		00:31:12	VW 65-69	65	F	63.68	Hay Hotfooters	29:13			71
5	James Walton		00:22:15	VM 45-49	43	M	61.87		22:06			9
6	John Price		00:27:05	VM 60-64	64	M	61.17	Hay Hotfooters	23:24			84
7	Ollie Wilkinson		00:23:49	VM 45-49	46	M	60.11		24:03	Y		5
8	Mick Collins		00:26:17	VM 55-59	57	M	59.29	Hay Hotfooters	22:51			40
9	Joshua Evans		00:21:58	SM	33	M	57.28		22:23	Y		2
10	Dilek Usta-Aarons		00:31:12	VW 45-49	45	F	51.07	Hay Hotfooters	25:24			20
11	Cath Kramer		00:34:56	VW 55-59	58	F	50.91		31:04			14
12	Saffron Hughes		00:35:06	VW 50-54	50	F	47.77		00:00			2