

Hay Riverside Run (5k) Results By % WR

Weather Cold and wintry

Date: 05 February 2022

Total Runners: 11

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Sue Hackett		00:26:50	VW 55-59	59	F	66.65	Hay Hotfooters	25:37			15
2	Mark Hird		00:25:40	VM 60-64	62	M	63.31	Hay Hotfooters	24:29			46
3	Sue Richards		00:32:21	VW 65-69	65	F	61.41	Hay Hotfooters	29:13			73
4	Paul McDermott		00:25:29	VM 55-59	57	M	61.15	Hay Hotfooters	23:24			23
5	Alan Nicholls		00:30:02	VM 70-74	71	M	60.82	Hay Hotfooters	28:26			46
6	James Walton		00:23:00	VM 45-49	43	M	59.86	Hay Hotfooters	22:06			12
7	Mick Collins		00:26:00	VM 55-59	56	M	59.49	Hay Hotfooters	22:51			47
8	Eleanor Griffiths		00:25:28	SW 30-34	33	F	55.43	Hay Hotfooters	21:32			40
9	Dilek Usta-Aarons		00:29:22	VW 45-49	46	F	54.82	Hay Hotfooters	25:24			26
10	Ruth McDermott		00:32:56	VW 55-59	57	F	53.69	Hay Hotfooters	33:10	Y		19
11	Taylor Jones		00:28:09	SW 25-29	26	F	50.15	Hay Hotfooters	25:35			12