

Presteigne Winter XC - COMBINED Results By % WR

Weather: Date: 06 February 2022 Total Runners: 164

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Robin Woods	168	00:38:11	VM 40-44	44	M	76.87	Builth & District R.C.	38:11		Y	1
2	Andy Fisher	715	00:40:54	VM 50-54	50	M	75.35	Hereford Triathlon Club	40:54			1
3	Jamie Shingler	222	00:40:08	VM 45-49	47	M	75.12	Ludlow Runners	40:08			1
4	Luke Gray	252	00:38:41	VM 35-39	36	M	74.45	Monross Trailblazers	38:41		Y	1
5	Matt James	355	00:38:56	VM 35-39	36	M	73.97	Hereford Couriers	38:56		Y	1
6	Christian Jones	77	00:42:08	VM 50-54	50	M	73.14	Wye Valley Runners	42:08			1
7	Oliver Perratt	217	00:36:46	SM	30	M	71.21	Ludlow Runners	36:46		Y	1
8	Matthew Yapp	682	00:37:00	SM	23	M	70.77	Croft Ambrey R.C.	37:00		Y	1
9	Donna Morris	128	00:44:16	VW 35-39	38	F	70.48	Builth & District R.C.	44:16			1
10	Joanne Rees	147	00:48:11	VW 45-49	47	F	69.66	Builth & District R.C.	48:11			1
11	Steve Herington	344	00:55:53	VM 70-74	73	M	69.58	Hereford Couriers	55:53			1
12	Sam Butler	569	00:37:53	SM	27	M	69.12	Presteigne Pacers	37:53		Y	1
13	Kate Green	556	00:53:35	VW 55-59	55	F	68.65	Ledbury & District Harriers	53:35			1
14	Aidan Yapp	681	00:39:10	JM U20	18	M	68.34	Croft Ambrey R.C.	39:10		Y	1
15	Stuart Austin	591	00:47:11	VM 55-59	56	M	68.28	Croft Ambrey R.C.	47:11			1
16	Ben Skinner	425	00:42:11	VM 35-39	36	M	68.27	Hereford Couriers	42:11			1
17	Nigel Taylor	668	00:46:54	VM 55-59	55	M	67.95	Croft Ambrey R.C.	46:54			1
18	Gareth Leek	633	00:38:37	SM	31	M	67.80	Croft Ambrey R.C.	38:37		Y	1
19	Stafford Rees	146	00:45:50	VM 50-54	51	M	67.67	Builth & District R.C.	45:50			1
20	Richie Richards	463	00:48:46	VM 55-59	58	M	67.53	Hereford Couriers	48:46			1
21	Steve Goodridge	492	00:49:23	VM 55-59	59	M	67.43	Hay Hotfooters	49:23			1

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22	Martin Carter	296	00:47:47	VM 55-59	56	M	67.42	Hereford Couriers	47:47			1
23	Amy Rose Fulford	195	00:49:51	VW 45-49	47	F	67.34	Ludlow Runners	49:51			1
24	Lorna Shaw	60	00:57:53	VW 60-64	61	F	66.89	Wye Valley Runners	57:53			1
25	David Bannister	553	00:44:57	VM 45-49	46	M	66.63	Ledbury & District Harriers	44:57			1
26	Ian Price	660	00:58:23	VM 70-74	73	M	66.60	Croft Ambrey R.C.	58:23			1
27	Simon Norwood	647	00:46:36	VM 50-54	51	M	66.56	Croft Ambrey R.C.	46:36			1
28	Mark Dunn	29	00:48:57	VM 55-59	57	M	66.53	Wye Valley Runners	48:57			1
29	Eric Apperley	594	00:39:33	SM	26	M	66.20	Croft Ambrey R.C.	39:33		Y	1
30	Laura Tootell	65	00:49:21	VW 45-49	45	F	65.99	Wye Valley Runners	49:21			1
31	Mark Lamonby	632	00:39:44	SM	32	M	65.90	Croft Ambrey R.C.	39:44		Y	1
32	Liza Austin	589	00:56:33	VW 55-59	57	F	65.87	Croft Ambrey R.C.	56:33			1
33	Richard George	468	00:48:39	VM 55-59	55	M	65.50	Hereford Couriers	48:39			1
34	Addy Carter	297	00:46:38	JW U20	19	F	65.26	Hereford Couriers	46:38			1
35	Charlotte Broadhurst	597	00:47:59	JW U20	17	F	64.99	Croft Ambrey R.C.	47:59			1
36	Gemma Mallett	636	00:47:39	VW 35-39	35	F	64.81	Croft Ambrey R.C.	47:39			1
37	Gavin Jones	256	00:40:25	SM	29	M	64.78	Monross Trailblazers	40:25			1
38	Paul Mammatt	704	00:48:43	VM 50-54	53	M	64.52	Hereford Triathlon Club	48:43			1
39	Jonathan Davey	317	00:50:51	VM 55-59	57	M	64.04	Hereford Couriers	50:51			1
40	Paddy Nugent	51	00:52:33	VM 60-64	60	M	64.03	Wye Valley Runners	52:33			1
41	Sharon Collins	482	00:58:18	VW 55-59	57	F	63.89	Hay Hotfooters	58:18			1
42	Rob Connell	306	00:53:01	VM 60-64	61	M	63.88	Hereford Couriers	53:01			1
43	Gary Gunner	618	01:01:57	VM 75-79	75	M	63.63	Croft Ambrey R.C.	01:57			1
44	Mike Shaw	698	00:59:50	VM 70-74	70	M	63.62	Hereford Triathlon Club	59:50			1
45	Ryan Knight	366	00:41:15	SM	27	M	63.47	Hereford Couriers	41:15			1

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46	Tina Cartwright	187	01:04:31	VW 60-64	64	F	63.45	Ludlow Runners	04:31			1
47	Gunvor Troelsen	161	00:58:45	VW 55-59	57	F	63.40	Builth & District R.C.	58:45			1
48	Guy Whitmarsh	674	01:04:26	VM 75-79	77	M	63.19	Croft Ambrey R.C.	04:26			1
49	Jenny Farrow	102	00:51:44	VW 45-49	45	F	62.95	Builth & District R.C.	51:44			1
50	Ross Cameron	292	00:41:37	SM	22	M	62.92	Hereford Couriers	41:37			1
51	Jo Marriott	639	00:57:25	VW 50-54	53	F	62.90	Croft Ambrey R.C.	57:25			1
52	Emma Matthews	125	00:49:16	VW 35-39	36	F	62.89	Builth & District R.C.	49:16			1
53	Haydn O'Reilly	134	00:46:05	VM 40-44	43	M	62.86	Builth & District R.C.	46:05			1
54	Neil Taylor	669	00:54:52	VM 60-64	64	M	62.85	Croft Ambrey R.C.	54:52			1
55	Andy Taylor	691	00:48:45	VM 45-49	49	M	62.77	Hereford Triathlon Club	48:45			1
56	Jasper Robinson	664	00:41:44	SM	20	M	62.74	Croft Ambrey R.C.	41:44			1
57	Kelly Bowen	596	00:49:24	VW 35-39	36	F	62.72	Croft Ambrey R.C.	49:24			1
58	Barry Thompson	560	00:48:08	VM 45-49	47	M	62.64	Ledbury & District Harriers	48:08			1
59	Clare Mallender	375	00:51:39	VW 40-44	44	F	62.57	Hereford Couriers	51:39			1
60	Owen Graham	337	00:41:54	SM	26	M	62.49	Hereford Couriers	41:54			1
61	Thomas Turner	90	00:46:26	VM 35-39	36	M	62.02	Builth & District R.C.	46:26			1
62	Peter Koval	728	00:44:14	VM 35-39	38	M	61.98	Hereford Triathlon Club	44:14			1
63	Ryan Lawrence	369	00:42:21	SM	30	M	61.83	Hereford Couriers	42:21			1
64	Steven Flowers	22	00:44:24	VM 35-39	38	M	61.75	Wye Valley Runners	44:24			1
65	Neil Grinnell	541	00:48:10	VM 45-49	45	M	61.73	Ledbury & District Harriers	48:10			1
66	Peter Cartwright	186	00:56:14	VM 65-69	65	M	61.71	Ludlow Runners	56:14			1
67	Tony Champken	9	00:56:17	VM 65-69	65	M	61.65	Wye Valley Runners	56:17			1
68	David Williams	456	00:54:12	VM 55-59	59	M	61.44	Hereford Couriers	54:12			1
69	Grant Womack	678	00:45:31	VM 40-44	40	M	61.11	Croft Ambrey R.C.	45:31			1

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70	Sue Bissell	734	01:02:10	VW 60-64	60	F	61.07	Hereford Triathlon Club	02:10			1
71	Christina Plant	469	00:51:13	VW 35-39	37	F	60.69	Hereford Couriers	51:13			1
72	Mark Radon	571	00:45:54	VM 40-44	40	M	60.60	Presteigne Pacers	45:54			1
73	Richard Bullass	172	00:43:17	SM	27	M	60.49	Builth & District R.C.	43:17			1
74	Laura Lelievre	260	00:48:25	SW	32	F	60.48	Monross Trailblazers	48:25			1
75	Nicola Tyler	439	00:58:47	VW 50-54	51	F	60.28	Hereford Couriers	58:47			1
76	Andrew Stephens	264	00:50:06	VM 45-49	47	M	60.18	Monross Trailblazers	50:06			1
77	Steve Mesham	563	00:51:16	VM 50-54	50	M	60.11	Presteigne Pacers	51:16			1
78	Kevin Dunster	531	00:55:44	VM 55-59	59	M	59.75	Hay Hotfooters	55:44			1
79	Harry Woodhouse	459	00:44:10	SM	20	M	59.28	Hereford Couriers	44:10			1
80	Will Morris	277	00:44:16	SM	26	M	59.15	Hereford Couriers	44:16			1
81	Eleanor Griffiths	521	00:49:39	SW	32	F	58.98	Hay Hotfooters	49:39			1
82	Mick Collins	481	00:54:47	VM 55-59	56	M	58.81	Hay Hotfooters	54:47			1
83	Roland Preece	658	00:54:18	VM 55-59	55	M	58.69	Croft Ambrey R.C.	54:18			1
84	David Millichap	640	00:53:17	VM 50-54	52	M	58.59	Croft Ambrey R.C.	53:17			1
85	Joe Collins	479	00:46:18	JM U20	17	M	58.42	Hay Hotfooters	46:18			1
86	Emma Stewardson	225	00:55:11	VW 40-44	43	F	58.17	Ludlow Runners	55:11			1
87	Tom Boog-Scott	235	01:06:30	VM 70-74	72	M	58.07	Ludlow Runners	06:30			1
88	Sahrah Wilding	576	01:02:52	VW 50-54	54	F	57.98	Presteigne Pacers	02:52			1
89	Sybil Marsh	208	01:25:02	VW 70-74	74	F	57.51	Ludlow Runners	25:02			1
90	Victoria Woodhall	458	00:57:37	VW 45-49	46	F	57.39	Hereford Couriers	57:37			1
91	Kate Jones	120	00:51:16	SW	28	F	57.12	Builth & District R.C.	51:16			1
92	Samantha Harper	623	00:58:48	VW 45-49	47	F	57.09	Croft Ambrey R.C.	58:48			1
93	Christian Prynne	144	00:54:03	VM 50-54	50	M	57.02	Builth & District R.C.	54:03			1

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94	David Sutherland	158	01:00:44	VM 60-64	64	M	56.78	Builth & District R.C.	00:44			1
95	Steve Partridge	648	00:49:48	VM 40-44	41	M	56.63	Croft Ambrey R.C.	49:48			1
96	Clive Richardson	221	01:01:18	VM 65-69	65	M	56.61	Ludlow Runners	01:18			1
97	Alexander Brown	84	00:56:04	VM 50-54	54	M	56.45	Builth & District R.C.	56:04			1
98	Colin Lancaster	203	00:59:44	VM 60-64	60	M	56.33	Ludlow Runners	59:44			1
99	Dai Harris	110	00:48:23	VM 35-39	37	M	56.25	Builth & District R.C.	48:23			1
100	Kevin Barnes	282	00:58:34	VM 55-59	58	M	56.23	Hereford Couriers	58:34			1
101	David Klotz	42	00:49:30	VM 40-44	40	M	56.20	Wye Valley Runners	49:30			1
102	David Green	338	00:56:29	VM 50-54	54	M	56.03	Hereford Couriers	56:29			1
103	Kate Platt	526	00:59:06	VW 45-49	46	F	55.95	Hay Hotfooters	59:06			1
104	Ange Price	507	01:03:29	VW 50-54	51	F	55.82	Hay Hotfooters	03:29			1
105	Ellie Smithers	429	00:52:40	SW	25	F	55.60	Hereford Couriers	52:40			1
106	Alison Benwell	180	01:07:29	VW 55-59	58	F	55.54	Ludlow Runners	07:29			1
107	George Ware	448	00:47:12	SM	24	M	55.47	Hereford Couriers	47:12			1
108	Caroline Prentice	183	01:05:25	VW 50-54	53	F	55.21	Ludlow Runners	05:25			1
109	Anna Yapp	683	00:53:05	SW	21	F	55.16	Croft Ambrey R.C.	53:05			1
110	Sam Juson	630	00:47:51	SM	23	M	54.72	Croft Ambrey R.C.	47:51			1
111	John Jaspers	356	00:56:48	VM 50-54	51	M	54.61	Hereford Couriers	56:48			1
112	Bryony Dean	320	01:00:35	VW 45-49	46	F	54.58	Hereford Couriers	00:35			1
113	Jane Hayde	34	00:57:11	VW 35-39	38	F	54.56	Wye Valley Runners	57:11			1
114	Douglas Glasgow	572	00:48:08	SM	32	M	54.40	Presteigne Pacers	48:08			1
115	Laura Perratt	216	00:53:53	SW	30	F	54.35	Ludlow Runners	53:53			1
116	Nicola Goodwin	737	01:01:47	VW 45-49	47	F	54.33	Hereford Triathlon Club	01:47			1
117	Dave Barrett	595	00:58:16	VM 50-54	54	M	54.32	Croft Ambrey R.C.	58:16			1

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118	Paul Parker	213	00:56:35	VM 45-49	49	M	54.08	Ludlow Runners	56:35			1
119	Sarah Coggins	547	01:13:00	VW 60-64	62	F	54.06	Ledbury & District Harriers	13:00			1
120	Joanne Stanley	223	01:11:55	VW 60-64	61	F	53.84	Ludlow Runners	11:55			1
121	Stephanie King	631	01:09:28	VW 55-59	57	F	53.62	Croft Ambrey R.C.	09:28			1
122	James Hinton	200	00:55:57	VM 45-49	46	M	53.53	Ludlow Runners	55:57			1
123	Vanessa Ward	267	00:54:57	SW	34	F	53.29	Monross Trailblazers	54:57			1
124	Sian Champken	8	01:06:40	VW 50-54	51	F	53.15	Wye Valley Runners	06:40			1
125	Abbie Smithers	430	00:55:44	SW	24	F	52.54	Hereford Couriers	55:44			1
126	Peter Summers	532	00:51:25	VM 35-39	35	M	52.22	Hay Hotfooters	51:25			1
127	Daniel Spear	431	00:50:36	SM	34	M	51.75	Hereford Couriers	50:36			1
128	Robert Price	142	00:59:28	VM 45-49	49	M	51.46	Builth & District R.C.	59:28			1
129	Karen Thompson	227	01:12:48	VW 55-59	56	F	50.85	Ludlow Runners	12:48			1
130	Thomas Powell	219	00:52:52	VM 35-39	35	M	50.79	Ludlow Runners	52:52			1
131	Tony Stanley	224	01:08:23	VM 60-64	63	M	50.13	Ludlow Runners	08:23			1
132	Lisa Gray	616	01:10:29	VW 50-54	50	F	49.78	Croft Ambrey R.C.	10:29			1
133	Olivia Moses	644	00:58:51	SW	23	F	49.76	Croft Ambrey R.C.	58:51			1
134	Rachel Bannister	554	01:05:59	VW 45-49	45	F	49.36	Ledbury & District Harriers	05:59			1
135	Emma Clarke	239	00:59:20	SW	24	F	49.35	Ludlow Runners	59:20			1
136	Louise Reeves	661	01:05:55	VW 40-44	44	F	49.03	Croft Ambrey R.C.	05:55			1
137	Adam Gray	249	00:53:41	SM	26	M	48.77	Monross Trailblazers	53:41			1
138	Wendy Booker	181	01:16:26	VW 55-59	57	F	48.74	Ludlow Runners	16:26			1
139	Mike Haywood	624	01:08:31	VM 55-59	59	M	48.60	Croft Ambrey R.C.	08:31			1
140	Stephen Hobson	347	01:10:26	VM 60-64	61	M	48.08	Hereford Couriers	10:26			1
141	Sally Yapp	684	01:06:20	VW 40-44	42	F	48.04	Croft Ambrey R.C.	06:20			1

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142	Emily Gould	197	01:01:30	SW	28	F	47.62	Ludlow Runners	01:30			1
143	Noreen O'Connor	135	01:24:28	VW 60-64	63	F	47.59	Builth & District R.C.	24:28			1
144	Bronwen Preece	656	01:01:35	SW	26	F	47.55	Croft Ambrey R.C.	01:35			1
145	Ed Hogan	558	01:00:58	VM 40-44	43	M	47.51	Ledbury & District Harriers	00:58			1
146	Oliver Cameron-Swann	685	01:03:33	VM 45-49	47	M	47.44	Croft Ambrey R.C.	03:33			1
147	Ian Foster	692	01:05:23	VM 50-54	50	M	47.13	Hereford Triathlon Club	05:23			1
148	Stuart Gamble	240	01:04:42	VM 45-49	47	M	46.60	Ludlow Runners	04:42			1
149	Nicola Kelly	121	01:16:04	VW 50-54	51	F	46.58	Builth & District R.C.	16:04			1
150	Hayley MilliChap	608	01:16:39	VW 50-54	51	F	46.23	Croft Ambrey R.C.	16:39			1
151	Saul Phillips	218	01:01:41	VM 40-44	41	M	45.72	Ludlow Runners	01:41			1
152	Phillip Harris	111	01:00:43	VM 35-39	39	M	45.48	Builth & District R.C.	00:43			1
153	Hollie Francis	330	01:04:51	SW	31	F	45.16	Hereford Couriers	04:51			1
154	Theresa Jones	628	01:20:03	VW 50-54	53	F	45.12	Croft Ambrey R.C.	20:03			1
155	Gemma Davies	604	01:11:33	VW 40-44	40	F	43.93	Croft Ambrey R.C.	11:33			1
156	Clare Preece	657	01:23:05	VW 50-54	53	F	43.47	Croft Ambrey R.C.	23:05			1
157	Suzanne Field	620	01:23:05	VW 50-54	52	F	43.07	Croft Ambrey R.C.	23:05			1
158	Hayley Colebatch	599	01:15:05	VW 35-39	37	F	41.40	Croft Ambrey R.C.	15:05			1
159	Avril Hardwick	109	01:15:24	VW 35-39	38	F	41.38	Builth & District R.C.	15:24			1
160	Shannon Price	140	01:11:40	SW	27	F	40.86	Builth & District R.C.	11:40			1
161	Jayne Cresswell	549	01:27:39	VW 45-49	49	F	39.44	Ledbury & District Harriers	27:39			1
162	Rachelle Prothero	406	01:14:16	SW	29	F	39.43	Hereford Couriers	14:16			1
163	John Noonan	393	01:27:32	VM 60-64	63	M	39.17	Hereford Couriers	27:32			1