

Presteigne Winter XC - MEN Results By % WR

Weather: Date: 06 February 2022 Total Runners: 95

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	PB Time	PB?	CR?	Total Runs
1	Woods , Robin	00:38:11	VM 40-44	44	M	4	76.87%	Builth & District R.	38:11		Y	1
2	Fisher, Andy	00:40:54	VM 50-54	50	M	13	75.35%	Hereford Triathlon	40:54			1
3	Shingler, Jamie	00:40:08	VM 45-49	47	M	11	75.12%	Ludlow Runners	40:08			1
4	Gray, Luke	00:38:41	VM 35-39	36	M	6	74.45%	Monross Trailblaze	38:41		Y	1
5	James, Matt	00:38:56	VM 35-39	36	M	7	73.97%	Hereford Couriers	38:56		Y	1
6	Jones, Christian	00:42:08	VM 50-54	50	M	18	73.14%	Wye Valley Runner	42:08			1
7	Perratt, Oliver	00:36:46	SM	30	M	1	71.21%	Ludlow Runners	36:46		Y	1
8	Yapp, Matthew	00:37:00	SM	23	M	2	70.77%	Croft Ambrey R.C.	37:00		Y	1
9	Herington, Steve	00:55:53	VM 70-74	73	M	67	69.58%	Hereford Couriers	55:53			1
10	Butler, Sam	00:37:53	SM	27	M	3	69.12%	Presteigne Pacers	37:53		Y	1
11	Yapp, Aidan	00:39:10	JM U20	18	M	8	68.34%	Croft Ambrey R.C.	39:10		Y	1
12	Austin, Stuart	00:47:11	VM 55-59	56	M	35	68.28%	Croft Ambrey R.C.	47:11			1
13	Skinner, Ben	00:42:11	VM 35-39	36	M	19	68.27%	Hereford Couriers	42:11			1
14	Taylor, Nigel	00:46:54	VM 55-59	55	M	34	67.95%	Croft Ambrey R.C.	46:54			1
15	Leek, Gareth	00:38:37	SM	31	M	5	67.80%	Croft Ambrey R.C.	38:37		Y	1
16	Rees, Stafford	00:45:50	VM 50-54	51	M	28	67.67%	Builth & District R.	45:50			1
17	Richards, Richie	00:48:46	VM 55-59	58	M	46	67.53%	Hereford Couriers	48:46			1
18	Goodridge, Steve	00:49:23	VM 55-59	59	M	48	67.43%	Hay Hotfooters	49:23			1
19	Carter, Martin	00:47:47	VM 55-59	56	M	37	67.42%	Hereford Couriers	47:47			1
20	Bannister, David	00:44:57	VM 45-49	46	M	26	66.63%	Ledbury & District	44:57			1
21	Price, Ian	00:58:23	VM 70-74	73	M	76	66.60%	Croft Ambrey R.C.	58:23			1

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22	Norwood, Simon	00:46:36	VM 50-54	51	M	33	66.56%	Croft Ambrey R.C.	46:36			1
23	Dunn, Mark	00:48:57	VM 55-59	57	M	47	66.53%	Wye Valley Runner	48:57			1
24	Apperley, Eric	00:39:33	SM	26	M	9	66.20%	Croft Ambrey R.C.	39:33		Y	1
25	Lamonby, Mark	00:39:44	SM	32	M	10	65.90%	Croft Ambrey R.C.	39:44		Y	1
26	George, Richard	00:48:39	VM 55-59	55	M	43	65.50%	Hereford Couriers	48:39			1
27	Jones, Gavin	00:40:25	SM	29	M	12	64.78%	Monross Trailblaze	40:25			1
28	Mammatt, Paul	00:48:43	VM 50-54	53	M	44	64.52%	Hereford Triathlon	48:43			1
29	Davey, Jonathan	00:50:51	VM 55-59	57	M	53	64.04%	Hereford Couriers	50:51			1
30	Nugent, Paddy	00:52:33	VM 60-64	60	M	56	64.03%	Wye Valley Runner	52:33			1
31	Connell, Rob	00:53:01	VM 60-64	61	M	58	63.88%	Hereford Couriers	53:01			1
32	Gunner, Gary	01:01:57	VM 75-79	75	M	86	63.63%	Croft Ambrey R.C.	01:57			1
33	Shaw, Mike	00:59:50	VM 70-74	70	M	80	63.62%	Hereford Triathlon	59:50			1
34	Knight, Ryan	00:41:15	SM	27	M	14	63.47%	Hereford Couriers	41:15			1
35	Whitmarsh, Guy	01:04:26	VM 75-79	77	M	88	63.19%	Croft Ambrey R.C.	04:26			1
36	Cameron, Ross	00:41:37	SM	22	M	15	62.92%	Hereford Couriers	41:37			1
37	O'Reilly, Haydn	00:46:05	VM 40-44	43	M	30	62.86%	Builth & District R.	46:05			1
38	Taylor, Neil	00:54:52	VM 60-64	64	M	65	62.85%	Croft Ambrey R.C.	54:52			1
39	Taylor, Andy	00:48:45	VM 45-49	49	M	45	62.77%	Hereford Triathlon	48:45			1
40	Robinson, Jasper	00:41:44	SM	20	M	16	62.74%	Croft Ambrey R.C.	41:44			1
41	Thompson, Barry	00:48:08	VM 45-49	47	M	40	62.64%	Ledbury & District	48:08			1
42	Graham, Owen	00:41:54	SM	26	M	17	62.49%	Hereford Couriers	41:54			1
43	Turner, Thomas	00:46:26	VM 35-39	36	M	32	62.02%	Builth & District R.	46:26			1
44	Koval, Peter	00:44:14	VM 35-39	38	M	23	61.98%	Hereford Triathlon	44:14			1
45	Lawrence, Ryan	00:42:21	SM	30	M	20	61.83%	Hereford Couriers	42:21			1

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46	Flowers, Steven	00:44:24	VM 35-39	38	M	25	61.75%	Wye Valley Runner	44:24			1
47	Grinnell, Neil	00:48:10	VM 45-49	45	M	41	61.73%	Ledbury & District	48:10			1
48	Cartwright, Peter	00:56:14	VM 65-69	65	M	70	61.71%	Ludlow Runners	56:14			1
49	Champken, Tony	00:56:17	VM 65-69	65	M	71	61.65%	Wye Valley Runner	56:17			1
50	Williams, David	00:54:12	VM 55-59	59	M	62	61.44%	Hereford Couriers	54:12			1
51	Womack, Grant	00:45:31	VM 40-44	40	M	27	61.11%	Croft Ambrey R.C.	45:31			1
52	Radon, Mark	00:45:54	VM 40-44	40	M	29	60.60%	Presteigne Pacers	45:54			1
53	Bullass, Richard	00:43:17	SM	27	M	21	60.49%	Builth & District R.	43:17			1
54	Stephens, Andrew	00:50:06	VM 45-49	47	M	51	60.18%	Monross Trailblaze	50:06			1
55	Mesham, Steve	00:51:16	VM 50-54	50	M	54	60.11%	Presteigne Pacers	51:16			1
56	Dunster, Kevin	00:55:44	VM 55-59	59	M	66	59.75%	Hay Hotfooters	55:44			1
57	Woodhouse, Harry	00:44:10	SM	20	M	22	59.28%	Hereford Couriers	44:10			1
58	Morris, Will	00:44:16	SM	26	M	24	59.15%	Hereford Couriers	44:16			1
59	Collins, Mick	00:54:47	VM 55-59	56	M	64	58.81%	Hay Hotfooters	54:47			1
60	Preece, Roland	00:54:18	VM 55-59	55	M	63	58.69%	Croft Ambrey R.C.	54:18			1
61	Millichap, David	00:53:17	VM 50-54	52	M	59	58.59%	Croft Ambrey R.C.	53:17			1
62	Collins, Joe	00:46:18	JM U20	17	M	31	58.42%	Hay Hotfooters	46:18			1
63	Boog-Scott, Tom	01:06:30	VM 70-74	72	M	91	58.07%	Ludlow Runners	06:30			1
64	Prynne, Christian	00:54:03	VM 50-54	50	M	61	57.02%	Builth & District R.	54:03			1
65	Sutherland, David	01:00:44	VM 60-64	64	M	82	56.78%	Builth & District R.	00:44			1
66	Partridge, Steve	00:49:48	VM 40-44	41	M	50	56.63%	Croft Ambrey R.C.	49:48			1
67	Richardson, Clive	01:01:18	VM 65-69	65	M	84	56.61%	Ludlow Runners	01:18			1
68	Brown, Alexander	00:56:04	VM 50-54	54	M	69	56.45%	Builth & District R.	56:04			1
69	Lancaster, Colin	00:59:44	VM 60-64	60	M	79	56.33%	Ludlow Runners	59:44			1

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70	Harris, Dai	00:48:23	VM 35-39	37	M	42	56.25%	Builth & District R.	48:23			1
71	Barnes, Kevin	00:58:34	VM 55-59	58	M	77	56.23%	Hereford Couriers	58:34			1
72	Klotz, David	00:49:30	VM 40-44	40	M	49	56.20%	Wye Valley Runner	49:30			1
73	Green, David	00:56:29	VM 50-54	54	M	72	56.03%	Hereford Couriers	56:29			1
74	Ware, George	00:47:12	SM	24	M	36	55.47%	Hereford Couriers	47:12			1
75	Juson, Sam	00:47:51	SM	23	M	38	54.72%	Croft Ambrey R.C.	47:51			1
76	Jaspers, John	00:56:48	VM 50-54	51	M	74	54.61%	Hereford Couriers	56:48			1
77	Glasgow, Douglas	00:48:08	SM	32	M	39	54.40%	Presteigne Pacers	48:08			1
78	Barrett, Dave	00:58:16	VM 50-54	54	M	75	54.32%	Croft Ambrey R.C.	58:16			1
79	Parker, Paul	00:56:35	VM 45-49	49	M	73	54.08%	Ludlow Runners	56:35			1
80	Hinton, James	00:55:57	VM 45-49	46	M	68	53.53%	Ludlow Runners	55:57			1
81	Summers, Peter	00:51:25	VM 35-39	35	M	55	52.22%	Hay Hotfooters	51:25			1
82	Spear, Daniel	00:50:36	SM	34	M	52	51.75%	Hereford Couriers	50:36			1
83	Price, Robert	00:59:28	VM 45-49	49	M	78	51.46%	Builth & District R.	59:28			1
84	Powell, Thomas	00:52:52	VM 35-39	35	M	57	50.79%	Ludlow Runners	52:52			1
85	Stanley, Tony	01:08:23	VM 60-64	63	M	92	50.13%	Ludlow Runners	08:23			1
86	Gray, Adam	00:53:41	SM	26	M	60	48.77%	Monross Trailblaze	53:41			1
87	Haywood, Mike	01:08:31	VM 55-59	59	M	93	48.60%	Croft Ambrey R.C.	08:31			1
88	Hobson, Stephen	01:10:26	VM 60-64	61	M	94	48.08%	Hereford Couriers	10:26			1
89	Hogan, Ed	01:00:58	VM 40-44	43	M	83	47.51%	Ledbury & District	00:58			1
90	Cameron-Swann, Oliver	01:03:33	VM 45-49	47	M	87	47.44%	Croft Ambrey R.C.	03:33			1
91	Foster, Ian	01:05:23	VM 50-54	50	M	90	47.13%	Hereford Triathlon	05:23			1
92	Gamble, Stuart	01:04:42	VM 45-49	47	M	89	46.60%	Ludlow Runners	04:42			1
93	Phillips, Saul	01:01:41	VM 40-44	41	M	85	45.72%	Ludlow Runners	01:41			1

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94	Harris, Phillip	01:00:43	VM 35-39	39	M	81	45.48%	Builth & District R.	00:43			1
95	Noonan, John	01:27:32	VM 60-64	63	M	95	39.17%	Hereford Couriers	27:32			1