

# Hay Riverside Run (5k) Results By % WR

Weather: Cool & Bright

Date: 05 March 2022

Total Runners: 13

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Sue Hackett		00:26:27	VW 55-59	59	F	67.61	Hay Hotfooters	25:37			17
2	Steve Goodridge		00:23:50	VM 55-59	59	M	66.29	Hay Hotfooters	21:44			78
3	John Warburton		00:24:02	VM 55-59	55	M	63.87	Hay Hotfooters	21:54			37
4	Paul McDermott		00:24:52	VM 55-59	57	M	62.67	Hay Hotfooters	23:24			24
5	Sue Richards		00:32:20	VW 65-69	66	F	62.11	Hay Hotfooters	29:13			75
6	Kevin Dunster		00:25:43	VM 60-64	60	M	62.02	Hay Hotfooters	24:33			13
7	John Price		00:27:31	VM 60-64	64	M	60.21	Hay Hotfooters	23:24			92
8	Eleanor Griffiths		00:24:24	SW 30-34	33	F	57.86	Hay Hotfooters	21:32			42
9	Ruth McDermott		00:33:30	VW 55-59	57	F	52.79	Hay Hotfooters	32:56			20
10	Dilek Usta-Aarons		00:32:20	VW 45-49	46	F	49.79	Hay Hotfooters	25:24			27
11	James Luckhurst		00:36:52	VM 55-59	57	M	42.27		00:00			1
12	Carianne Ralph		00:34:36	SW 20-24	23	F	40.80		00:00			1