

# Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Rose Thomas		00:28:44	VW 70-74	70	F	72.85		00:00			2
2	Martin Carter		00:21:35	VM 55-59	56	M	71.66	Hereford Couriers	21:38	Y		18
3	Steve Goodridge		00:22:08	VM 55-59	59	M	71.39	Hay Hotfooters	21:44			81
4	Liam Corner		00:20:55	VM 50-54	51	M	71.00		00:00			2
5	Sue Richards		00:30:02	VW 65-69	66	F	66.87	Hay Hotfooters	29:13			80
6	Sue Hackett		00:28:42	VW 55-59	59	F	62.31	Hay Hotfooters	25:37			21
7	Eleanor Griffiths		00:24:30	SW 30-34	33	F	57.62	Hay Hotfooters	21:32			46
8	Dilek Usta-Aarons		00:29:21	VW 45-49	46	F	54.86	Hay Hotfooters	25:24			32
9	Huw Walton		00:33:52	JM	12	M	46.06		32:25			3
10	James Walton		00:33:53	VM 45-49	43	M	40.63	Hay Hotfooters	22:03			19